



Nutrition Services

- Nutrition assessments for special dietary needs
- Nutrition care plans, not diets for a life time of health
- Nutrition education
- Individualized menus
- Food safety and sanitation instruction

Psychological Services



- Psychological consultation and development of behavioral treatment plans
- Specialized individualized therapeutic services
- Crisis evaluation and management
- Guardianship testing for clients with developmentally disabilities, including testifying in probate court
- Behavior techniques and basic therapeutic skills training

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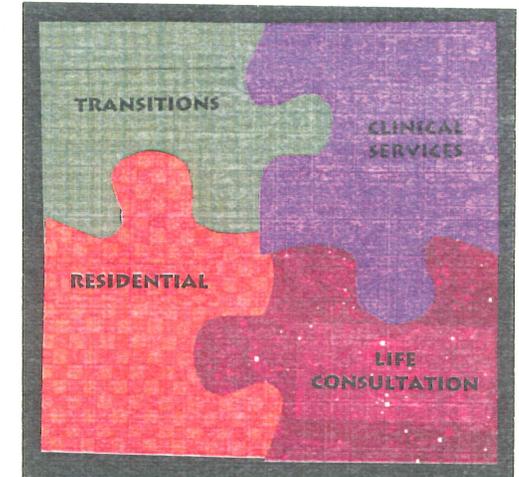
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Clinical Services



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The **Clinical Services Unit (CSU)** offers services to children and adults with cerebral palsy, mental retardation, autism, sensory impairments, psychiatric disorders, and other pervasive developmental disorders. The CSU is represented by the following disciplines:

- **Dietary**
- **Nursing**
- **Psychology**
- **Occupational Therapy**
- **Speech Therapy**
- **Psychiatry**

Staff in each of these disciplines are certified, licensed, and/or registered with their national organizations and the State of Michigan (where applicable). Most of the staff have worked in the CSU an average of 15 years, have extensive experience in their areas of expertise, and have collaborated with multiple community resources in obtaining appropriate services for people. Several of the staff have special certifications.

Referral Process

Please contact your case manager and ask to have a referral submitted for the service you are requesting. If you don't have a case manager, you may contact the CMH Access Dept. @ 517-346-8313 to begin the process to receive services. To receive services, you must live in Clinton, Eaton, or Ingham county and be enrolled as a consumer in a Community Mental Health (CMH) program. In addition, certain eligibility requirements apply to children.

Cost of Services

A sliding fee scale lets individuals and families obtain services based on their ability to pay. Agency staff will bill private insurances and provide assistance in applying for Medicaid, Medicare, and other benefits.

Each discipline provides the following:

- **evaluation**
- **treatment**
- **consultation**
- **training**
- **education**

Services are provided in the client's home and in the community at various sites.



Speech-Language Pathology Services

- Disorders of speech production, language, voice, swallow function, and hearing
- Alternative-Augmentative Communication - includes American Sign Language, Picture Exchange Communication System (PECS), and a variety of voice output communication devices
- Assistive Technology including use of switches to access computers, communication devices, appliances, etc.
- Hearing screens
- Specialized in training in PECS and Beckman Oral Motor Interventions

CSDD Medication Clinic



- Full range of psychiatric services for adults with developmental disabilities and psychiatric concerns
- Clinic is staffed by psychiatrists, a psychiatric nurse practitioner, and registered nurses

Occupational Therapy Services



- Activities of daily living skills
- Sensory integration
- Therapeutic exercise
- Assistive/adaptive equipment
- Mobility devices - wheelchairs/walkers
- Orthotics
- Ergonomics - body mechanics, transfer techniques
- Neuromuscular management
- Development of cognitive skills
- Community/work re-integration training
- Specialized training in sensory processing disorders



CSDD Nursing Services

- Support for the CSDD Psychiatric Medication Clinic
- Medication education and support
- Medication treatment and specialized care plans
- Ongoing medical treatment & psychiatric evaluation & monitoring
- Care coordination and liaisons with community agencies
- Provide ongoing medical consultation to staff, care givers, and family members