



CMHA-CEI Policies and Procedure Manual

Title:	3.3.13, Restraint		
Subject:	CONSUMER TREATMENT, TRAINING, AND LIVING		
Section:	Clinical		
Policy: X Procedure: <input type="checkbox"/>	Issued by: Director of Quality, Customer Service, and Recipient Rights	Effective Date: 09/15/83	Applies to: X All CMHA-CEI staff X Contract Providers (including inpatient units and residential homes) <input type="checkbox"/> Other:
Page: 1 of 2	Approved by: Board of Directors	Review Date: 04/03/17	

I. Purpose:

To ensure that restraint is not used in Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) and contract facilities where it is not permitted by statute and agency policy.

II. Policy:

1. Use of restraint is prohibited in all CMHA-CEI and contract settings where it is not prohibited by statute and agency policy.
2. CMHA-CEI Rights Office shall review the restraint policies of contracted inpatient settings and child caring institutions for compliance with applicable state and federal rules and regulations.
3. Use of physical management is prohibited except in situations when a recipient is presenting an imminent risk of serious or non-serious harm to himself, herself or others and lesser restrictive interventions have not reduced or eliminated the risk of harm.
4. In situations where physical management is permitted, only CMHA-CEI approved methods may be used by staff who have been trained and certified in physical intervention strategies through CMHA-CEI directive.
5. Physical management shall not be included as a component in the behavior treatment plan.
6. Prone immobilization is prohibited unless other techniques are medically contraindicated and documented in the record.

III. Responsibilities:

The Medical Director is responsible for ensuring that procedures to implement the intent of this policy are developed, reviewed, and revised as necessary.

IV. Definitions:

N/A

V. Monitoring and Review:

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This policy is reviewed annually by the Director of Quality, Customer Service, and Recipient Rights. It is monitored by accrediting bodies and regulatory agencies as applicable.

VI. References:

N/A

VII. Related Policies and Procedures:

N/A

VIII. Review Log:

Review Date	Reviewed By	Changes (if any)
09/30/98	-	-
03/13/04	-	-
02/01/07	-	-
12/04/07	-	-
06/21/10	-	-
02/01/12	-	-
03/10/13	-	-
05/23/14	-	-
04/03/17	Medical Director	Updated to new format