



**Community**  
MENTAL HEALTH  
CLINTON • EATON • INGHAM

# HELP IS HERE

## **ABUSE AND ASSAULT**

Child Abuse Hotline/Helpline  
(800)-4-A-CHILD or (800)-422-4453

End Violent Encounters (EVE)  
(517)-372-5572  
[www.eveinc.org](http://www.eveinc.org)

Firecracker Foundation  
(517)-242-5467  
[www.thefirecrackerfoundation.org](http://www.thefirecrackerfoundation.org)

Rape Abuse & Incest National Network (RAINN)  
(800)-656-4673  
[www.rainn.org](http://www.rainn.org)

Sparrow Sexual Assault Nurse Examiner (SANE)  
(517)-364-3931  
[www.sparrow.org/sane](http://www.sparrow.org/sane)

## **DRUGS AND ALCOHOL**

Alanon  
(517)-484-1977  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Al-Anon Family Groups  
(888)-425-2666  
[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Alcoholics Anonymous  
(517)-377-1444  
[www.aalansingmi.org](http://www.aalansingmi.org)

Community Mental Health Authority of  
Clinton, Eaton, and Ingham Counties  
Central Access  
(517)-346-8318

Gateway (Teen Crisis)  
(877)-833-3689 or (517)-351-4000  
[www.childandfamily.org](http://www.childandfamily.org)

## **EATING DISORDERS**

National Eating Disorder Association (NEDA)  
(800)-931-2237  
[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

## **GENERAL ASSISTANCE**

**CALL #211**  
**[WWW.CALL-211.ORG](http://WWW.CALL-211.ORG)**

Clinton County Sheriff's Office  
9-1-1 or (989)-224-5200  
[www.clinton-county.org/241/Sheriffs-Office](http://www.clinton-county.org/241/Sheriffs-Office)

Eaton County Sheriff's Office  
9-1-1- or (517)-543-3512  
[www.eatoncounty.org/departments/office-of-the-sheriff](http://www.eatoncounty.org/departments/office-of-the-sheriff)

Ingham County Sheriff's Department  
9-1-1 or (517)-244-8098  
[sh.ingham.org](http://sh.ingham.org)

The Listening Ear:  
(517)-337-1717  
[www.theear.org](http://www.theear.org)

## **GRIEVING**

Ele's Place  
(517)-482-1315  
[www.elesplace.org](http://www.elesplace.org)

## **HEALTH SERVICES & INFORMATION**

Planned Parenthood  
(800)-230-PLAN  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

## **LGBTQ SERVICES**

MSU LGBTQ Resource  
(517)-353-9520  
[www.lbgtrc.msu.edu](http://www.lbgtrc.msu.edu)

## **RUNAWAY SHELTER**

Gateway  
(877) 833-3689 Teen Crisis Hotline (517)-351-4000  
[www.gatewayservices.org](http://www.gatewayservices.org)

## **SUICIDE PREVENTION**

Community Mental Health Authority of  
Clinton, Eaton, and Ingham Counties  
Emergency Services  
(517)-346-8460  
[www.ceicmh.org](http://www.ceicmh.org)

The Trevor Project  
(866)-488-7386  
[www.thetrevorproject.org](http://www.thetrevorproject.org)