

The Recovery Center

All persons asking for assistance need to call The Recovery Center for a brief screening. We are available 24 hours per day, seven days per week for screenings to ensure there are no issues that would prohibit a safe withdrawal and to ensure bed availability. After the short screening, if admission criteria is met, admission to the program can be immediate, if bed space is available.

- Individuals need to have a diagnosed substance use disorder requiring either detoxification services or short term stabilization.
- Some medical conditions may not be approved by TRC physicians due to the combined risk involved with withdrawal.
- Co-Occurring (Substance Use Dependence and Mental Health) Disorders are eligible for treatment after the initial assessment.
- Individuals must be able to care for all personal needs.
- Persons with a Blood Alcohol Level of .3mg/dcl or greater may be required to seek medical attention prior to admission for safety reasons.



All programs are smoke free environments.

12/17/jep

Licensed by the State of Michigan to provide substance use disorder treatment services.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

Publically Funded

Please contact our program for more information on admission for self-pay. Payment plans are individualized based on need. No one will be turned away due to inability to pay.



The Recovery Center is a barrier free facility

All inquiries and services are held in the strictest confidence. Recipients of substance use disorder services have rights protected by state and federal law and promulgated rules. For recipient rights information please contact the Community Mental Health Authority (CMHA-CEI), Substance Abuse Services (SAS) Recipient Rights Advisor, Julie Vermett-Pollock at (517) 676-4905; or the Regional Recipient Rights Consultant of Mid-State Health Network at (517) 657-3011.

House of Commons

706 Curtis Street
Mason, Michigan 48854
(517) 244-0393
Men's Residential Services

Clinton County Counseling Center

201 W. Railroad, Suite A
St. Johns, Michigan 48879
CMHA-CEI Central Access (517) 346-8318 or 888-800-1559
Outpatient Services

Patricia L. Tygre, MSW, LMSW, CAADC, CCS
Program Coordinator

Ericanne Spence, LMSW, CAADC, CCS-M
SAS Program Director

Community Mental Health

The Recovery Center
810 W. Saginaw Street
Lansing, Michigan 48915



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

The Recovery Center

Detoxification Services



810 W. Saginaw Street
Lansing, MI 48915
Phone: (517) 267-7623 Toll Free: 855-TRC-DTOX
Cell: (517) 599-1839 (overnight & weekends)
Fax: (517) 853-2878
Email: substanceabuseservices@ceicmh.org

*A Healing Recovery Environment for
Men & Women*

The Recovery Center

*The **FIRST** step in stabilization and the road to recovery!*

The Recovery Center (TRC) is a 10 bed, medically monitored detoxification program. The Recovery Center provides a safe, caring environment for individuals withdrawing from alcohol and other substances. The program lasts three - five days, with 24 hour coverage by trained staff. After stabilization, and when the individual is no longer at risk for withdrawal, TRC supports continued recovery efforts by connecting each client with other treatment providers. Substance use disorder (SUD) treatment services such as outpatient or residential will be located on an individual basis. TRC works to create a co-occurring capable system that is welcoming, person-centered, recovery oriented, culturally competent and trauma informed. SAS programs encourage, support & guide individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Recovery (MAR).



Meeting Your Needs in Recovery



The program uses over the counter medication, as well as prescription medication when indicated. The prescribed medication is used to decrease blood pressure, decrease risk of seizures due to withdrawal and assist with sleep. It is prescribed by our Physician Team when the client meets the national withdrawal scale criteria.

Community Mental Health Authority Clinton-Eaton-Ingham (CMHA-CEI) offers men's residential SUD treatment at the **House of Commons** in Mason for up to 90 days of treatment.

CMHA-CEI offers outpatient SUD treatment at the **Clinton County Counseling Center** in St. Johns.

Referrals are also made to women's residential programs and other men's residential programs as requested. Some transportation to residential treatment is available.

"Forming a new way of living"

The Recovery Center is open to men and women 18 years and older; and provides an atmosphere of sound medical practice combined with emotional and social support.

Treatment Team Consists of:

Program Coordinator

Registered Nurses

Physician

Mental Health Therapist (Master's Level)

Client Services Specialists (Bachelor's Level)

TRC offers:

- ❖ Individuals must be able to care for all personal needs.
- ❖ A smoke free environment.
- ❖ Referral after detoxification to treatment programs that meet the needs of the individual.
- ❖ SUD knowledgeable staff on site 24/7.
- ❖ Personalized attention in a 10 bed, restful atmosphere with care to meet the needs of each person.
- ❖ Planned (pre-scheduled) admission is available Monday through Friday.
- ❖ Emergent admissions that meet criteria are available 24/7.