



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

**BOARD OF DIRECTORS
MEETING MINUTES**

Thursday, May 19, 2016, 6:00 p.m., Conf. Room G11-C
812 E. Jolly Road, Lansing, MI 48910

Staff Present: .

John Berres, Sharon Blizzard, Stacia Chick, Mary Clissold, Cliff Dodson, Chuck Dougherty, Aleshia Echols, Sara Lurie, John Peiffer, Ericanne Spence, Gwenda Summers, Stephanie Tighe, Stefanie Zin, Pat Miller

Public Present

Stephanie Tighe
Carla A. Galligan, MedMiro Solutions
Lynne S. Page, CPA, MedMiro Solutions

EXCUSED:

Chris Swope (advance notification)

CALL TO ORDER:

The meeting was called to order at 6:08 p.m. by Chairperson, Carol Koenig.

ROLL CALL:

Joe Brehler, Raul Gonzales, Dianne Holman, Carol Koenig, Stephen Manchester, Paul Palmer, Kay Pray, Kay Randolph-Back, Jim Rundborg, Maxine Thome, Kam Washburn

PREVIOUS MEETING MINUTES

MOVED by Carol Koenig and **SUPPORTED** by Paul Palmer to approve the meeting minutes of March 17, 2016 removing the Committee recommendation language, only including the Board of Director action language.

MOTION CARRIED unanimously.

ADOPTION OF AGENDA

MOVED by Paul Palmer and **SUPPORTED** by Raul Gonzales to adopt the meeting agenda adding item 1, entitled: Conference Report, under New Business, allowing Board members who

attended the MACMHB Spring Conference in Dearborn, MI on behalf of CMHA-CEI an opportunity to share information (either orally or in written form.)

MOTION CARRIED unanimously.

PUBLIC COMMENT ON AGENDA ITEMS:

Stephanie Tighe distributed copies of the Charter House brochure as a follow-up to last months' Board of Director's meeting.

MID-STATE HEALTH NETWORK (MSHN) UPDATE:

Kay Pray announced that strategic planning is going forward. To add to what Kay Pray has already stated, Joe Brehler elaborated that the strategic planning retreat included presentations in the morning and breakout sessions in the afternoon. There was no additional information to report at this time.

CHIEF EXECUTIVE OFFICERS (CEO) REPORT:

Pat Miller who has been an employee of CMHA-CEI for over 41 years and has a rich and long history assumed new responsibilities as of April 20, 2013 as the Wardcliffe Autism Clinical Supervisor provided an update of the Wardcliffe Abilities Center. Ms. Miller's presentation highlighted the following:

- Michigan Students with School ASD Eligibility – 2014
- General Statistics
- 2014 Special Ed. Counts – Students with Autism Spectrum Disorder
- CEI CMH BHT/ABA Data – currently 126 enrollees
- CEI Evaluation Results
- As of January 1, 2016, Applied Behavior Analysis services are now covered for individuals diagnosed with ASD up to age 21 who meet eligibility and medical necessity criteria and other Medicaid ABA Key Changes
- What Services are Reimbursed
- CEI Collaborations
- Wardcliff Autism Evaluation Center
- SLP & OTR
- New Projects on the Horizon
- Project Search

In addition, Ms. Miller indicated that due to the fact that the travel has been reduced, the center now has two speech and two occupational therapist covering services.

Ms. Miller fielded the following questions:

- Where is care provided if individuals are unable to attend appointments during school hours? Ms. Miller indicated that there are other off-site locations where services are provided which include, but are not limited to residential options, MSU Early Learning Center.
- What happens to the individuals who do not qualify for autism spectrum disorder? Ms. Miller indicated that the psychiatrist meets with them and recommend resources and refer them for other testing.

In closing, Ms. Miller announced that Barb Groom, Autism Coordinator/Wardcliff Abilities Center/CSDD was scheduled to present with her this evening, however, with the announcement this morning during the CEC that Ms. Groom was the winner of the 2016 Myrtle Yoshinaga Clinical Excellence Award she decided to give her the night off. The Board of Director's unanimously agreed that this was in order.

With a heavy heart, Sara Lurie, Chief Executive Officer addressed the article published in the Lansing State Journal regarding a recent suicide by a Charlotte area youth. Discussion ensued. There was a request made to the Chair of the Board of Directors to spearhead a Suicide Prevention/Emergency Services Access workgroup soliciting members of the Board of Directors to explore challenges and ideas surrounding this topic.

In addition, Sara Lurie referenced page 19, entitled: Denials Reported by CMHSP of the board packet which documented that between March 1, 2016 and April 4, 2016, CMHSP's reported 1110 instances of psychiatric inpatient admission denials for 144 consumers. This is an average of 7.7 denials per consumer, however some consumers were denied as many as 20 times, or more. Of the total number of consumers denied admission, 29% are children/minors and 71% are adults. The most common reason for denial reported is At Capacity (73%), with the second most common reason reported being Patient Does Not Fit Milieu and No Call Back/No Response at 9% each. All other reasons documented make up just 8% of the denials.

Sara commented that in our pursuit of the CCBHC model, we are hopeful that this will help us expand and allow us to more fully serve the community.

COMMITTEE REPORTS:

Program and Planning

New Expense Contract: Jennifer Wilgocki

MOVED by Raul Gonzales and SUPPORTED by Jim Rundborg that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) enter into a contract with Jennifer Wilgocki to provide Trauma-Focused Cognitive Behavioral

Therapy and pay \$35,600 for those services for the period December 1, 2015 through September 30, 2016.

MOTION CARRIED unanimously.

New Expense Contract: Cenpatico, Roy VanTassel, MS, LPC

MOVED by Raul Gonzales and SUPPORTED by Jim Rundborg that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into a contract with Cenpatico, Roy VanTassell, MS, LPC to provide Trauma-Focused Cognitive Behavioral Therapy and pay \$33,700 for those services for the period December 1, 2015 through September 30, 2016.

MOTION CARRIED unanimously.

New Expense Contract: Shekinah Home Health Care

MOVED by Raul Gonzales and SUPPORTED by Paul Palmer that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into a new contract with Shekinah Home Health Care to purchase Community Living Supports and Respite Services for the period of June 1, 2016 through September 30, 2016 and pay according to the rate schedule below for those services / goods.

Rate Schedule		
Service	Standard Rate	Holiday Rate
Children's Waiver, CLS, and Respite	\$16.68/hr.	\$25.04/hr.
CLS-Hab. Waiver /B3*	\$14.64 or \$16.68/hr.*	\$21.92 or \$25.04/hr*

*Rate varies depending on the support needs of the individual served. A per diem rate may be utilized that is calculated by the board approved hourly rate multiplied by the number of authorized hours per the individual's level of care and need.

MOTION CARRIED unanimously.

New Expense Contract: ABA Pathways

MOVED by Raul Gonzales and SUPPORTED by Stephen Manchester that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) enter into a new contract with ABA Pathways to purchase Applied Behavioral Analysis services at the MDHHS approved rates for H2019 Adaptive Behavior Treatment, S5108

Adaptive Behavior Treatment with Supervision and S5111 Family Behavior Treatment Guidance for the period of June, 2016 through September 30, 2016.

MOTION CARRIED unanimously.

Finance Committee

Respite Services Provider/Camps

ACTION:

MOVED by Joseph Brehler and SUPPORTED by Paul Palmer that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into new contracts/contract renewals with the camps listed below to purchase respite care services for the period of June 1, 2016 through December 31, 2016 and pay out of individuals respite allotment of \$1,200 annually for those services / goods.

Name of Camp	Address of Camp	Cost
Albright United Methodist Church (Special People Camp)	3156 190 th Ave., Reed City, MI 49677-9731 Office 888-217-1905 Camp 231-832-3856 Box 84, Oshtemo, MI 49077	Developmentally Disabled rates: Adults - \$380
Bay Cliff Health Camp	P.O. Box 310, 4175 Bay Cliff Dr., Big Bay, MI 49808 906-345-9314	Less than \$700/week; \$2,900 for 7 weeks
Beekman Therapeutic Horseback Riding Camp	2901 Wabash Rd., Lansing, MI 48910 517-755-2175	\$35 private therapy 30 minutes; YMCA Camp \$10/child for 5 days
Camp Blodgett (Camp Sunshine)	430 E. 8 th St., Holland, MI 49423 616-994-9897	\$300 for 5 days
Camp Concordia	13400 Pinewood Street, Gowen, MI 49326 616-754-3785 office@campcondordia.org	\$288 for 4 days
Camp Fish Tales	2177 E. Erickson Rd., Pinconning, MI 38650 989-879-5199	Level 1-\$625 Level 2-\$850 Level 3- \$1,150
Camp Greenwood	13564 McClain Rd., Gowana, MI 49326 231-224-3059	\$175-\$350 depending on session
Camp Henry	5575 Gordon Ave., Newaygo, MI 49337 616-459-2267	\$300
Camp Living Waters	536 E. 6 Mile Road, Luther, MI 49656 231-797-5107 www.camplivingwaters.org	\$419 for 5 days
Camp Midicha	10407 N. Fenton Rd., Fenton, MI 48430 810-629-9622	\$401-\$500/week
Parkwood YMCA (Camp Pa-Wa-Pi)	3232 E. Grand River, Williamston, MI 48895 517-827-9680 Lansing Office	Fee per type of session \$130 - 160
Conductive Learning Center at Aquinas College	2428 Burton St., SE, Grand Rapids, MI 49546 616-575-0575	\$2,800 for the 3 week summer program
Cran-Hill Ranch (Friendship Camp)	14444 17 Mile Rd., Rodney, MI 49342 231-796-7669	Week 1-\$480 Week 2-\$480
Delta Mills Nazarene Camp	6816 Delta River Dr., Lansing, MI 48906 517-321-8643	\$125 activity fee for summer in addition to \$116/per week

Fowler Center	2315 Harmon Lake Rd., Mayville, MI 48744 989-673-2050	Fees per type of session \$195-1,272
HisAbility (Camp Barakel)	P.O. Box 159, Fairview, MI 48621 989-848-2279	\$185
St. Matthew Lutheran Church (Camp SonShine, Hawks Program)	2418 Aurelius Rd., Holt, MI 48842 517-694-3182	\$140 per week, \$30 registration fee
Impressions-5 Museum	200 Museum Dr., Lansing, MI 48833 (517) 485-8116 ext. 132 Attn: Katie Rosenberg	Non-members \$250/week; members \$190/week; 8 Jun- 4 Sep; different subject each week
Indian Trails Camp	0-1859 Lake Michigan Dr., NW, Grand Rapids, MI 49534 616-677-5251	Level 1 - \$762/6 days Level 2 - \$1,116/6 days Level 3 - \$1,536/6 days
Information Technology Empowerment Center (Summer Courses)	200 North Foster, Lansing, MI 48912 admin@iteclansing.org 517- 708-4390	\$100-\$140 Income scholarships available \$25-\$50
Lansing Parks/Recreation (Alfreda Schmidt Southside Community Center)	200 N. Foster, Lansing, MI 48912 517-483- 6686	\$30 - \$95 per week, depending on type of program & county/city residence
Mystic Lake	9465 Ludington Dr., Box 100, Lake, MI 48632 517-827-9650	1 week-\$490 2 weeks-\$930
Oak Park YMCA	900 Long Blvd., Lansing, MI 48911 517-827-9700	Fees per type of session \$118-158; \$35 deposit
Okemos Community Education (Special Needs Camp)	1826 Osage Dr., Okemos, MI 48864 517-706-5020	4 weeks - \$778; 5 weeks - \$919; 6 weeks - \$1094; 7 weeks - \$1266
Pine Ridge Bible Camp	8415 17 Mile Rd., Cedar Springs, MI 49319 616-696-8675	\$305-Freddie Friends; \$75 deposit
MSU Community Music School (Ric Star)	4930 S. Hagadorn, East Lansing, MI 48823 517-884-4828	Per camper-\$195, all day, 6 and over; Per ½ day - \$100, 0- 6 yrs
Spring Hills Camp	Box 100, Everat, MI 49631 231-734-2616	\$277-\$707-depending on session
St. Francis on the Lake	10120 Murray Rd., Jerome, MI 49249 517-688-9212	\$495/week; \$250 deposit: 1- 1 is an extra \$100
Young Life of Greater Lansing (Timberwolf Lake)	1518 River Terrace Dr., East Lansing, MI 48823 Registration 517-324-3294 4898 N. Morey Rd., Lake City, MI 49651 Camp 231-839-7552	\$650 \$125-150 for November
PEAC-Programs to Educate All Cyclists	32 N. Washington, Suite 1, Ypsilanti MI 48197 734-484-2758 info@bikeprogram.org	\$35 per student
Potter Park Zoo (Zookambi Summer Camp)	1301 S. Pennsylvania Ave. Lansing, MI 48912 517-342-2713	Grades 1-7, 1 week sessions \$95 ½ day, \$190 full Members \$80/\$160

MOTION CARRIED unanimously.

New Expense Contract: Red Level Networks

ACTION:

MOVED by Joseph Brehler and SUPPORTED by Kay Randolph-Back that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into a contract renewal with Red Level Networks for Zix email encryption for the period of June 1, 2016 through May 31, 2019 and pay \$70,959 for that maintenance.

MOTION CARRIED unanimously.

Charitable Remainder Trust – Noall Trustee Resolution

ACTION:

MOVED by Joe Brehler and SUPPORTED by Maxine Thome that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) approve the Certified Copy of Resolution regarding the Community Mental Health Board of Clinton Eaton & Ingham Counties, Charitable Remainder Trust and Trustee Certification.

Discussion ensued regarding the history of this family established trust and the request to add an additional signatory requirement, which Mr. Brehler informed address during the Finance Committee meeting on May 11, 2016.

MOTION CARRIED unanimously.

Building and Sites Committee

John Peiffer, Properties and Facilities Manager reported that we are now anticipating a July 1 or August 1 start date. There are two items that could delay the July 1 date:

- 1) City of Lansing approval on the sanitary sewer relocation and associated change to the existing easement. Mr. Peiffer reported that we anticipate City of Lansing Counsel will take a formal vote on the item on June 13th. We are also waiting on the City Public Works Department to review the plans and file the paperwork with the State of Michigan DEQ.
- 2) Ingham County Bond Approval Process Update
This past week two meetings took place with approvals from both the Ingham County Finance Department and Board of Commissioners. The item will go to the full Ingham County Board next week on May 24th. Once approved, the matter is then turned over to the Ingham County Building Authority to hire a Bond Attorney and begin the process to sell the bond.

In addition, it was noted that Ingham County rolled into the bond another project for \$2.3 million to renovate space for the Health Department and it is possible that the interest rate on the bond will be as low as 2.5%.

Stacia Chick commented that this reflects a \$65,000 savings which will help the budget going forward.

In addition, John Peiffer reported that the Communications team is working on a full communication plan with Sara Lurie and have prepared a communication matrix and schedule for a number of target audiences and vehicles to be utilized for future communications.

OLD BUSINESS:

None.

NEW BUSINESS:

MAMCHB Spring Conference Updates

Ethical Tension: Recipient Rights vs. Clinical Treatment

Kay Pray attended the Ethical Tensions: Recipient Rights vs. Clinical Treatment and described the complex relationship that exists between recipient rights issues and being able to provide clinical treatment that best meets the consumers need. Ms. Pray explained that one of the major tensions that are encountered between recipient rights issues and clinical treatment is when a treatment plan calls for placing restrictions on a consumer's freedom of movement or limiting access to their personal property. This workshop focused on the complex relationship of recipient rights issues vs. clinical issues, as well as provided direction on how to resolve these issues and still provide effective treatment as well as provided an understanding of how recipient rights issues impacts clinical treatment decision by brainstorming and using actual case scenarios.

Ms. Pray reported that she found this workshop to be very interesting and many of the attendees were quite informed.

Police and Community Commonality

The group that Chairperson, Carol Koenig participated in focused on what Michigan police officer families and community families have in common. At the end of the day, the findings were both just want their love one to come home at night.

Behavioral Health

Mr. Manchester reported that 80% of the discussion was regarding policy and legislation and that he is pleased at what he heard regarding behavioral health and integration. There was an

overarching theme to pull together in serving our clients. The understanding of wellness as a framework for, and outcome of, integration; and promoting wellness and recovery works. Mr. Manchester stated that although Michigan is still an outlier, wellness as a framework for integrating, mental health and substance abuse, and behavioral health with primary care, as a way to decrease early mortality, improve health, homelessness and well-being.

PUBLIC COMMENT:

None.

ADJOURNMENT:

The meeting was adjourned at 7:38 p.m. The next regularly scheduled Board meeting will be Thursday, June 16 , 2016, 6:00 p.m., Eaton Regional Education Service Agency, 1790 E. Packard Highway, Charlotte, MI 48813.

Minutes submitted by:

Aleshia Y. Echols
Executive Administrative Assistant