Supported

Independence

Team

The Supported Independence Team (S.I.T.) is a community outreach program providing a vast array of services to adults with developmental disabilities in their independent home environment(s). The program is based on a consumer-driven model with the emphasis on choice, education, empowerment and assistance in maintaining or maximizing natural supports and participation in the community.

Services are often provided in the homes of the consumers. The residences are homes or apartments that the consumer is purchasing, renting or leasing. Residences are located in the Greater Lansing area.

The Supported Independence Team staff include Case Managers, who direct and coordinate the provision of services; and Mental Health Workers, who provide direct community living supports. Our goal is to assist the person in developing a Person-Centered Plan focused on supports and services to meet their needs and choices.

The Supported Independence Team facilitates networking the person to live safely and successfully in the community. Staff assist people in accessing Public Service Resources, educational activities, as well as other community agencies and events which provide opportunities for the social, personal, and spiritual growth. The Supported Independence Team supports each person's active participation in her/her community where Natural Supports systems are encouraged and facilitated.

Services

Services are individualized within the Person-Centered Plan to meet the consumers' needs, and may include (but are not limited to):

‣ Grocery Shopping
‣ Cooking
‣ Cleaning
‣ Transportation Planning
‣ Budgeting
‣ Health Monitoring
‣ Skill Building
‣ Relationship Building
‣ Social Networking
‣ General Education
‣ Problem Solving
‣ Life Planning
‣ Community Living Skills

Direct personal assistance services are coordinated through the Family Independence Agency's, Adult Home Health Program, based on a assessment of need completed by FIA. This program may provide for Personal Care Attendants up to four (4) hours per day.