



COMMUNITY MENTAL HEALTH AUTHORITY
CLINTON • EASTON • INGHAM

PROGRAM AND PLANNING COMMITTEE

Meeting Minutes

Wednesday, March 11, 2013

5:30 p.m.

812 E. Jolly Rd., Conference Rm. G11-C

Lansing, MI 48910

Committee Members Present:

Joseph Brehler, Paul Palmer, Kay Pray, Pat St. George, Maxine Thome, Kam Washburn, Raul Gonzales

Committee Members Absent:

Kay Randolph-Back (notified staff)

Other Board Members Present:

Deb DeLeon

Staff Present:

Cathy Adams, Judi Cates, Mary Clissold, Liz Holcomb, Jackie Mitchell, Al Platt, Robert Sheehan, Al Way

Public Present:

None.

Call to Order:

The meeting was called to order by Chairperson Pat St. George at 5:30 p.m.

Previous Meeting Minutes:

ACTION:

MOVED by Paul Palmer and **SUPPORTED** by Kam Washburn to approve the meeting minutes of February 11, 2013. **MOTION CARRIED** unanimously.

Adoption of Agenda:

ACTION:

MOVED by Kay Pray and **SUPPORTED** by Raul Gonzales to adopt the revised agenda as presented. **MOTION CARRIED** unanimously.

No comment on agenda items.

BUSINESS ITEMS:

Michigan State University, RAISE (CMHA-CEI)

Cathy Adams presented information regarding the collaboration with Michigan State University through the Recovery After Initial Schizophrenia Episode (RAISE) project – a national study through the National Institute of Mental Health. Ms. Adams presented a brochure and flier of information about the program. Eighteen individuals are enrolled through CMHA-CEI and enrolment is closed nationally. Generally, there is a 1-2 year period of untreated psychosis after the initial onset. The RAISE study hopes to show that early intervention and treatment can reduce further physical and mental damage

resulting in fewer hospitalizations and disabilities. At the end of the study, CMHA-CEI will make decisions clinically about further treatment for study participants.

Maxine Thome thanked staff for their involvement in the program. Pat St. George suggested this methodology for treatment of individuals with schizophrenia, without the research aspect, be continued after the study ends.

New Expense Contract: Christine O'Connor, Therapeutic Foster Home (CMHA-CEI)

Al Way presented two contracts for therapeutic foster home care service. Therapeutic foster homes are licensed and trained through the Department of Human Services for children with a Serious Emotional Disturbance Waiver (SED Waiver).

As of March 1, The Manor, a large residential youth home, was closed by the State of Michigan. CMHA-CEI had no placements at The Manor, but a few private pay along with Department of Human Services placements from Ingham, Eaton, and Clinton counties which are now being served by CMHA-CEI.

ACTION:

MOVED by Joseph Brehler and **SUPPORTED** by Kam Washburn that the Program and Planning Committee recommends that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, Ingham Counties authorize CMHA-CEI to enter into a new contract with Christine O'Connor to purchase foster care services for the period February 1, 2013 through 12/31/2014 and pay \$75.00 per day for any youth placed there.

MOTION CARRIED unanimously.

New Expense Contract: Treila and Lowell Friar, Therapeutic Foster Home (CMHA-CEI)

ACTION:

MOVED by Joseph Brehler and **SUPPORTED** by Kam Washburn that the Program and Planning Committee recommends that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, Ingham Counties authorize CMHA-CEI to enter into a new contract with Treila and Lowell Friar to purchase foster care services for the period of February 1, 2013 through December 31, 2014 and pay \$75.00 per day for any placed youth.

MOTION CARRIED unanimously.

Al Way would like to bring information to the Program and Planning Committee meeting about the youth respite and residential contract provider, CBI Rehabilitation Services, for CMHA-CEI's Appletree home.

New Expense Contract: Lighthouse Neurological Rehabilitation Center (CMHA-CEI)

Mary Clissold presented a request for a contract with Lighthouse Neurological Rehabilitation Center. This contract will allow CMHA-CEI to serve one of the children formerly served at The Manor. Staff reviewed 14 different placement possibilities before identifying the Lighthouse.

Ms. Clissold commented that with any foster care or residential placement, staff partner with the youth, family, and center to provide needed training and supports to successfully transition the youth back to the family home, where in-home services can be provided.

ACTION:

MOVED by Paul Palmer and **SUPPORTED** by Kay Pray that the Program and Planning Committee recommends that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, Ingham Counties authorize CMHA-CEI to enter into a new contract with Lighthouse Neurological Rehabilitation Center from February 26, 2013 - December 31, 2014, to provide Specialized Residential Services, and pay a per diem rate of \$386.00, minus the Consumer's SSI payment according to chart below for other needed services.

Professional Treatment Service Rates

Therapeutic Services		
Psychological & Social Work Therapy	200.00	Per Hour
Physical, Occupational, Speech therapy	200.00	Per Hour
Recreational & Music Therapy	160.00	Per Hour
Pool Therapy	216.00	Per Hour
Hippo Therapy	216.00	Per Hour
Group Therapy	106.00	Per Hour
Medical Services		
Respiratory Therapy	200.00	Per Hour
Psychiatric Consults	228.50	Per Hour
Psychiatric Eval & Med Review	57.13	#99212
	114.25	#99213
	171.38	#99214
Nursing	150.00	Per Hour
Nursing – Outside Agency	Based on agency rate	
Testing & Evaluation Services		
Initial Diagnostic Interview Exam	200.00	Per Hour
Neurological Psychological Testing	237.00	Per Hour
Physical, Occupational, Speech Evaluations	258.00	Per Hour

Additional Service Rates

Charge for one-on-one staffing – aide	20.60	Per Hour
Hospital Sitter	31.00	Per Hour
Academic/Remediation Therapy/Tutoring	96.00	Per Hour
Job Coach Specialist	66.00	Per Hour
Transportation	15.50	Per 15 Minutes

MOTION CARRIED unanimously.

New Expense Contract: Lindsey Braverman, LMT, CNMT, AOBT (CMHA-CEI)

Mary Clissold presented a request for this contract to enhance the range of services that can be offered to consumers. Lindsey Braverman can provide Neuromuscular Re-education (occupational therapy) that targets needs in the areas of movement, balance, coordination, kinaesthetic sense, posture, and/or proprioception for sitting or standing activities.

ACTION:

MOVED by Maxine Thome and **SUPPORTED** by Raul Gonzales that the Program and Planning Committee recommends that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, Ingham Counties authorize CMHA-CEI to enter into a

new contract with Lindsey Braverman LMT, CNMT, and AOBT, 1770 E. Grand River #300, East Lansing, MI 48823 and pay \$66.32 per session for Neuromuscular Re-education from February 1, 2013 – September 30, 2015.

MOTION CARRIED unanimously.

New Expense Contract: Quality Nursing Services (CMHA-CEI)

Mary Clissold presented a contract request for an additional Community Living Supports (CLS) provider. CLS is provided by aids in the home to increase independence and facilitate community integration. Individuals and families can choose their provider from agencies contracted through CEI.

ACTION:

MOVED by Kay Pray and SUPPORTED by Maxine Thome that the Program and Planning Committee recommends that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, Ingham Counties authorize CMHA-CEI to enter into a new contract with Quality Nursing Services to purchase Community Living Support and Respite Services during the period of 3/1/2013- 09/20/2014 and pay according to the following rate schedule:

Rate Schedule		
Service	Standard Rate	Holiday Rate
Children’s Waiver CLS	\$15.88/hr.	\$23.72/hr.
Children’s Waiver Respite	\$15.56/hr.	\$23.36/hr.
Children’s Waiver RN respite	\$30.92/hr.	\$46.40/hr.
CLS-Hab. Waiver /B3	14,12,or 16.12*	\$21.18 or \$24.18

*Rate varies depending on the support needs of the individual served.

MOTION CARRIED unanimously.

New Expense Contract: Residential Options Inc, Applied Behavioral Analysis (CMHA-CEI)

Mary Clissold presented a contract request to provide a new Medicaid benefit required by April 1, 2013. The benefit provides Applied Behavioral Analysis (ABA) for eligible children aged 18 months through 5 years for the treatment of Autism Spectrum Disorder (ASD). ABA is an intensive one-on-one therapy designed to address key symptoms of ASD.

The Medicaid policy has very specific standards for performing the diagnosis of an ASD and for determining eligibility for the service. A CMHA-CEI psychologist will designate the level of service for which a child is eligible, and Department of Community Health will verify the eligibility for each child.

The Medicaid policy also requires the supervision of therapy by a Board Certified Behavior Analyst, of which there are only 38 in the state at this time.

ACTION:

MOVED by Kay Pray and SUPPORTED by Maxine Thome that the Program and Planning Committee recommends that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize CMHA-CEI to enter into a new contract with Residential Options Inc. to purchase Applied Behavioral Analysis at the rate of \$65/hour for direct therapy and \$125/hour for assessments for the period of

April 1, 2013 through September 30, 2013.

MOTION CARRIED unanimously.

Old Business:

Robert Sheehan shared a brochure for the annual CMHA-CEI Community Breakfast Event on Friday, March 22, 2013 at 9:30 a.m. at the Lansing Center.

Mr. Sheehan also shared a draft of the bylaws for the new PIHP -Midstate Region5. The bylaws outline the rights and responsibilities reserved for each CMHSP, and the limited powers of the designated board of the PIHP.

Each CMHSP will appoint 2 board members, one of which must be a primary or secondary consumer according to the MI Mental Health Code.

The obligations of the PIHP board (Entity) will be the same as any established PIHP board. Joseph Brehler suggested that the bylaws contain a statement that all federal and/or state responsibilities will be met.

The entity will employ 2-3 people. It is required that there be a Chief Executive Officer, Chief Financial Officer, and a Chief Information Officer. It has not yet been determined if additional staff positions will be filled. Mr. Sheehan shared that it is his hope that committees be made of current CMHSP staff. For instance, current CFOs will form a finance committee to advise the board and work with Entity officers.

New Business:

None.

Public Comment:

None.

Adjournment:

The meeting was adjourned at 6:45 p.m. The next regularly scheduled Program and Planning Committee meeting will be April 8, 2013, 5:30 p.m., located at the Community Mental Health Building, 812 E. Jolly Rd, Lansing, MI.

Minutes submitted by:

Jacqueline Mitchell
Finance Secretary