

*It's an* **IN** *thing.*

*INform. INclude. INspire.*



**COMMUNITY MENTAL HEALTH AUTHORITY**  
CLINTON • EATON • INGHAM

## fostering inclusion

*For over 40 years, the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) has been providing community-based services to adults, children, and adolescents with mental illness, emotional disturbance, developmental disabilities and substance abuse disorders.*

*With this report, we review our work over the past year and reflect on how our efforts, those of our partners, and those of whom we serve have sought to inform, include, and inspire.*

**INform.** We, as a community, can only come together to address our mental health needs when we have accurate information on those needs and the community-based services and supports required to meet them. Combating false images of mental illness, developmental disabilities, and substance abuse with an accurate picture of humanity, strength, recovery, and hope is one of the keys to such collective action. The other key is holding an accurate picture of what we, as a community, must do to meet the needs of those of us with mental health needs. CMHA-CEI and its partners have been committed to ensuring that we, as a community, have these accurate pictures and that we act on them, individually and collectively.

**INclude.** We are committed to the inclusion of persons with mental health related disabilities, in all facets of community life, with all of its rewards and responsibilities. Full participation in our community – *full citizenship* – should not be limited by our disabilities. Inclusion in the life of our community is one of the hallmarks of the community mental health movement and guides nearly every action taken and every decision made by this CMHA-CEI, its partners, and those whom we serve.

**INspire.** Every day in this community, thousands of stories of inspiration and triumph are told, through word and action. They are told by those served by this CMHA-CEI and its partners, by their families, and by those who provide mental health services. Through the courage, resilience, compassion, creativity, and passion of all of us, barriers that once seemed insurmountable are crossed. What this CMHA-CEI, its partners, and those whom we serve have shown is that when we have accurate pictures of our mental needs and services and of our own potential, and when we are willing to dedicate our individual and collective strengths to ensuring full inclusion for all, the results are truly inspiring.



#### **I N f o r m . . .**

***A computerized Data Warehouse was implemented in 2005 to compile and track service information from an eight county region.***



#### **I N c l u d e . . .**

***A Diversity Advisory Council (DAC) was created in 2005 to identify improvements, research strategies, and present recommendations on ways to incorporate a diversity process into the CMHA-CEI culture.***

## **partnerships**

### **CMHA-CEI Partnership Council**

The Mental Health Partnership Council of Clinton, Eaton, and Ingham Counties was formed in 2005 to promote mental health in the tri-county community through accessible, high quality prevention and treatment services. The Council is made up of community members and organizations concerned about mental health, including CMHA-CEI consumers, families, and other partners. Membership is open to all who want to work to broaden and deepen understanding of mental health issues.

The Council has its roots in a number of other community dialogue processes:

- *the Advisory Councils which have provided guidance to CMHA-CEI since the 1970s;*
- *the Community Voice Initiative funded by the W.K. Kellogg and Robert Wood Johnson Foundations that occurred throughout the tri-county community in 2004 and 2005; and*
- *the Citizen Action efforts (including community education and direct action by citizens to impact mental health policy and funding) which began in 2000, and are coordinated by CMHA-CEI, mental health advocates and stakeholders.*

### **Community Dialogue Events**

One of the key efforts of the new Partnership Council is the sponsorship of a series of Community Dialogue Events, designed to educate the community on mental health related issues, to combat the stigma often associated with mental health conditions, and to provide a venue for the frank and supportive discussion of mental health issues. The first of these dialogues, held in November 2005, was the showing of "Out of the Shadow", a film by Susan Smiley, an independent film maker and daughter of a woman with schizophrenia. The documentary captures both mother's and family's struggle in dealing with the condition and the public mental health system. The film, followed by a panel discussion among mental health consumers, providers, and family members, drew large crowds during its two-evening run. More Community Dialogue Events are planned for 2006, addressing issues such as: the portrayal of mental health issues in the movies, suicide and depression, and inclusion.

## program highlights

### Community Services for the Developmentally Disabled

The mission of Community Services for the Developmentally Disabled (CSDD) is to promote and support ongoing choices for people and their families to be full and equal citizens in the community. In the spirit of our mission, we strive to enable people to live and work in their own communities. In the past year, CSDD had 235 people working in the community and nine micro-enterprises were developed. One of these employment enclaves is the "Jolly Java" coffee shop located in our Jolly Road building, which is operated by consumers with developmental disabilities. More than ever, CMHA-CEI consumers are living in their own homes. In 2005, 173 consumers had a place to call their own due to the supports provided by CSDD.

### Children's Services

Children's Services was awarded a six year, 6.4 million dollar grant from the Substance Abuse-Mental Health Services Administration through its Center for Mental Health Services to create a System of Care for children with Serious Emotional Disturbances (SED) and their families. The initiative, named Integrating Multiple Paths Achieves Comprehensive Children's Treatment (IMPACCT), will establish a community partnership where children with SED and their families receive the level of comprehensive and integrated services necessary to live successfully in our community.

*Children's Services was awarded a six year, 6.4 million dollar grant to create a System of Care for children with serious emotional disturbances and their families.*



**The "Jolly Java" coffee shop is operated by consumers with developmental disabilities.**

### Adult Mental Health Services

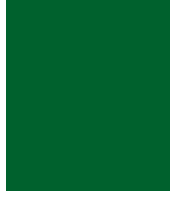
To increase the continuity of its assessment services, Adult Mental Health Services (AMHS) developed an Assessment Team in 2005. The team received commendation for its high standard of service delivery and for developing an internal strategy for transferring consumers to lower levels of care, as appropriate. Other AMHS highlights last year included the issuing of 50 "Shelter Plus Care" vouchers to assist homeless consumers, and the full integration of a Family Education/Family Support position into the adult program.

### Substance Abuse Services

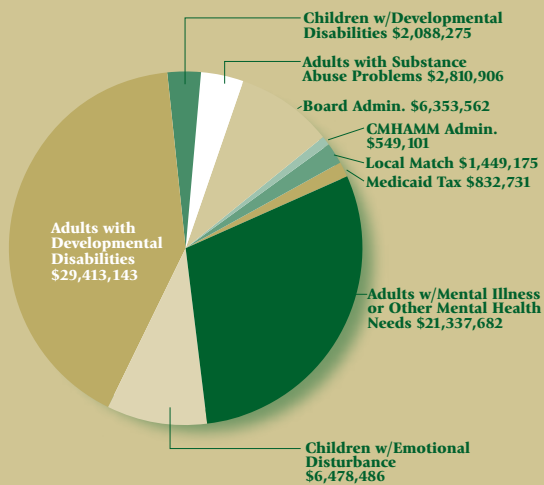
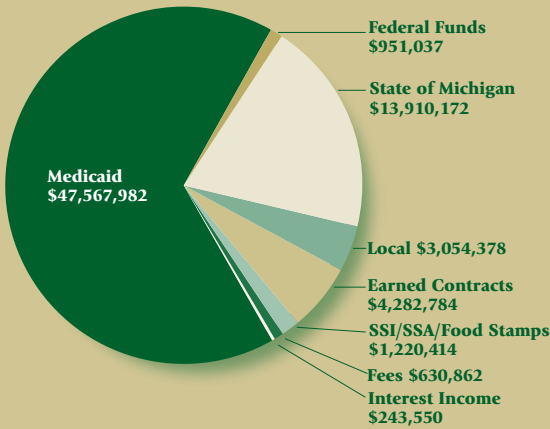
In response to the needs of the tri-county community, Substance Abuse Services/Corrections Mental Health opened a Sub-Acute Clinical Detoxification Program in 2005. "Pinewood Cottage" is a six-bed unit that provides up to five days of detoxification for both men and women. This program is supported with a Psychiatrist, a Registered Nurse and Residential Technicians. Individuals with co-occurring mental health and substance abuse disorders are seen and referred for continued services to appropriate programs in CMHA-CEI and in the wider community.

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community INvestment



*CMHA-CEI aggressively seeks funding from a wide range of revenue sources then reinvests those funds in the local community—serving local citizens, creating local jobs.*



**FY 2005 Revenues**

**Clinton-Eaton-Ingham Operations Only**

Federal Funds .....	\$951,037
State of Michigan .....	\$13,910,172
Local.....	\$3,054,378
Earned Contracts.....	\$4,282,784
SSI/SSA/Food Stamps.....	\$1,220,414
Fees.....	\$630,862
Interest Income .....	\$243,550
Medicaid.....	\$47,567,982

**Affiliation Revenue**

Clinton-Eaton-Ingham Counties Medicaid Substance Abuse to Coordinating Agencies .....	\$855,103
Affiliates Medicaid Substance Abuse to Coordinating Agencies.....	\$453,487
Affiliates Medicaid Mentally Ill and Developmentally Disabled .....	\$31,006,764

**TOTAL REVENUES..... \$104,176,533**

**FY 2005 Expenditures**

**Clinton-Eaton-Ingham Operations Only**

**Services to...**

Adults w/Mental Illness or other Mental Health needs .....	\$21,337,682
Children w/Emotional Disturbance .....	\$6,478,486
Adults with Developmental Disabilities .....	\$29,413,143
Children w/Developmental Disabilities .....	\$2,088,275
Adults with Substance Abuse Problems .....	\$2,810,906
Board Administration .....	\$6,353,562
CMHAMM Administration.....	\$549,101
Local Match .....	\$1,449,175
Medicaid Tax.....	\$832,731

**Affiliation Expenditures**

Clinton-Eaton-Ingham Medicaid Substance Abuse Coordinating Agencies .....	\$776,981
Affiliation Medicaid Substance Abuse Coordinating Agencies.....	\$453,487
Affiliation Medicaid Mentally Ill and Developmentally Disabled.....	\$31,006,764

**TOTAL EXPENDITURES..... \$103,550,293**

### Providing community-based services

CMHA-CEI's staff and provider network, working in over 100 locations and hundreds of homes, workplaces, schools, and neighborhoods across the community, provides over 5 million hours of care to tri-county residents every year. In 2005, CMHA-CEI served:

- 3,289** Adults with serious mental illness
- 1,548** Adults experiencing difficulty coping with life's stresses
- 2,119** Adults with substance abuse problems
- 1,217** Adults with developmental disabilities
- 1.337** Children and adolescents with serious mental illness or emotional disturbance
- 265** Children and adolescents with developmental disabilities

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