



COMMUNITY MENTAL HEALTH AUTHORITY
CLINTON • EATON • INGHAM

Volunteer Opportunities List

Identification Number

Activity Title

VA-0001	Arts & Crafts (ie, knitting, fleece wear, beading, painting, etc.)
VA-0002	Barber/Cosmetologist (ie, haircuts, beard trims, make-up, nail care, etc.)
VA-0003	Board Games/Card Games (ie, bingo, uno, etc.)
VA-0004	Reading Club (ie, reading, discussion related to story/topic, current events)
VA-0005	Cooking Class (ie, pudding, jello, trail mix, etc.)
VA-0006	Gardening (ie, outdoor and/or indoor)
VA-0007	Music Activities (ie, sing-a-longs, listening to music, movement/dance, etc.)
VA-0008	Pet Therapy (bring a Registered Therapy Dog to visit interested consumers.)
VA-0009	Recycling (create and maintain a recycling program)

Skills Required:

Volunteer must be interested in working with adults with developmental disabilities. Must have the ability to self initiate organizing a project from beginning to end, with staff assistance as needed; ability to adjust projects for the abilities of the consumers participating and engage with them.

Other Requirements:

- Must be at least 18 years of age.
- Police clearance check.
- Two TB test within the first two weeks of Orientation
- Ability to sit, stand and occasionally lift boxes up to 25 pounds. (Lifting boxes will be an infrequent activity.)
- As applicable to the work performed, will be knowledgeable about and actively support culturally competent recovery based practices, person centered planning as a shared decision making process with the individual, who defines his/her life goals and is assisted in developing a unique path toward those goals, and a trauma informed culture of safety to aid consumers in the recovery process.

To view a full description of our volunteer opportunities activities, visit our Human Resources Career Center at 812 E. Jolly Road, Lansing, Michigan 48910.

*We are an Equal Opportunity Employer and Drug Free Workplace.
Diversity ... Learning From Each Other.*