

For Services, call or fax:

Phone: (517) 244-0393

Fax: (517) 244-9155

Office Hours:

8:00 a.m.-5:00 p.m., Monday-Friday

All inquiries and services are held in confidence.

Recipients of substance use disorders services have rights protected by state & federal law & promulgated rules. For recipient rights information contact Lynn McLaughlin at (517) 887-5234 of CMHA-CEI; or the Regional Recipient Rights Consultant of Mid-State Health Network at (517) 657-3011.

Staffing

The program provides a multi-disciplinary team of staff who monitor the facility on a 24 hour basis. Treatment staff includes a Program Coordinator, Mental Health Therapists, Client Services Specialists, Registered Nurse, Mental Health Workers and Peer Recovery Coach of Community Mental Health Authority, Clinton, Eaton, Ingham (CMHA-CEI). All staff are trained in Cognitive Behavioral Treatment (CBT), Trauma Informed Care and have experience working with individuals who have a substance use disorder (SUD) and are involved with the criminal justice system.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)



Jim Keel, BA, CADC
Program Coordinator

KC Brown, MA, LPC, CAADC, CCS
ITRS Program Director

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Email:

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Community Mental Health

CEDAR ROOTS RECOVERY

formerly House of Commons
706 Curtis Street
Mason, Michigan 48854

CEDAR ROOTS RECOVERY

formerly House of Commons
*Residential Substance Use Disorder
Treatment Program*



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

“The greatest discovery of my generation is that a human being can alter his life by altering his attitude.” William James.



*Partnering with you
toward recovery.*

Cedar Roots Recovery

Cedar Roots Recovery (CRR) has been a well respected leader in the substance use disorder (SUD) treatment field for more than 48 years. The program helps adult men change their lives by providing the requisite tools for establishing and maintaining a drug free and crime free lifestyle.

Program Philosophy

CRR treats SUD as a disease that affects an individual biologically, psychologically and socially. The thinking associated with this disease interferes with healthy functioning. Using Cognitive Behavioral Treatment (CBT) as the primary intervention, change and self-efficacy is possible and individuals can become productive members of their community. CRR works to create a co-occurring capable system that is welcoming, person-centered, recovery oriented, culturally competent and trauma-informed. CRR encourages, supports & guides individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Treatment (MAT).

Fees

A sliding fee scale is available which allows individuals to obtain services based on ability to pay. Publically funded health coverage is accepted. If you have any questions regarding coverage or payment, please call the program directly. Individuals with ability to pay privately are accepted.

Program Eligibility Criteria

The program uses the American Society of Addiction Medicine (ASAM) Patient Placement Criteria to determine if an individual is appropriate for a residential level of care. Additionally, the program's funding sources have guidelines for admission to treatment. Dependent upon funding source, admission criteria may include that the individual:

- ◆ Meets diagnostic criteria for a defined substance use disorder.
- ◆ Is referred by appropriate authorization source.
- ◆ Is sufficiently motivated.

All referrals are reviewed by the Program Coordinator for eligibility.

Length of stay is variable based upon individual need.

Non-Program Eligibility Criteria

CRR reviews all warrants, holds or detainers from other jurisdictions prior to admission. Individuals involved with the courts must sign a release of information to the court upon admission.

CRR does not accept individuals with untreated medical or psychiatric conditions.

Treatment Modality

The program emphasizes Cognitive Behavioral skill building utilizing the following:

1. Didactics
2. Criminal & Addictive Thinking (CAT)
3. Moral Recognition Therapy (MRT)
4. Cognitive Processing Therapy (CPT)
5. Men's Trauma Recovery & Empowerment Model (MTREM)
6. Relationships in Recovery
7. Helping Men Recover
8. Seeking Safety
9. Anger Management
10. Socialization
11. Relapse Prevention
12. Drug & Alcohol Education