



Community

MENTAL HEALTH
CLINTON • EATON • INGHAM

812 E. Jolly Road
Lansing, MI 48910

BOARD OF
DIRECTORS HYBRID
MEETING MINUTES
Thursday, April 18th, 2024
6:00 pm

Staff Present (via Zoom)

Jana Baylis, Dr. Jennifer Stanley, Karla Block, Joanne Holland, Elise Magen

Excused

None

Staff Present (In-Person)

Sara Lurie, Darby Vermeulen, Ted Sinnaeve, Sue Panetta, John Peiffer, Jim Marsh, KC Brown

Public Present (In-person)

Public Present (via Zoom)

Elizabeth Pratt - NAMI Lansing, Luna Brown

Union Representation

None

Call to Order:

The meeting was called to order by Board Chair, Maxine Thome at 6:01 pm.

Roll Call:

Timothy Hanna, Ryan Sebolt, Dwight Washington, Maxine Thome, Paul Palmer, Jason White, Al Platt, Paula Yensen, Dale Copedge, Raul Gonzales

Board Member(s) Attending via Zoom:

Paul Palmer from his home in South Lansing, MI

Excused:

Joe Brehler, Dianne Holman

Meeting Minutes

ACTION:

MOVED by Dwight Washington and SUPPORTED by A that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the March 21st, 2024, meeting minutes as written.

MOTION CARRIED unanimously.

Adoption of Meeting Agenda:

ACTION:

MOVED by Paula Yensen and SUPPORTED by Dwight Washington that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the April 18, 2024 meeting agenda.

MOTION CARRIED unanimously.

Public Comment:

None

Mid-State Health Network (MSHN) Update:

Paul Palmer stated that the group didn't meet this month.

CEO REPORT

CEO, Sara Lurie provided verbal updates on the following item from her written report:

Conflict Free Assessment and Planning & Next Steps

Sara said MDHHS recently presented their latest proposed plan to meet federal Medicaid requirements called Conflict Free Assessment and Planning. We have adequately met

these requirements and have approved waivers through 2017 – the State is now saying that we are not in compliance. The State is proposing this be done regionally. They are saying we can provide both assessment and planning but not treatment at the same time. There is a lot of concern that this plan is against the Mental Health Code, state statutes, etc. Sara said we are hoping what's happening at the State level will result in a change of course. If not, we will be doing advocacy at the end of the month. Sara said this plan would destroy both the MichiCANS and CCBHC initiatives. She is hoping some rationality will emerge sometime soon. In the meantime, MSHN is not moving forward with Conflict Free Assessment and Planning.

Sara wanted to let Board members know to notify her and Darby if they want to attend the CMHA Summer Conference by tomorrow.

ITRS Outpatient Services Presentation

KC Brown introduced Ted Sinnaeve to the Board.

Dale Copedge entered the meeting at 6:08 pm.

Ted said that four years ago, ITRS was asked by MSHN to add SUD outpatient services to Lansing. Four years later, the team is completing assessments, individualized treatment planning, cognitive behavioral therapy, and other forms of therapy. A couple of years ago, the Medication Assisted Therapy Clinic opened.

OP programs include psychiatry services, nursing supports, group services, and community collaboration, which is working with multiple referral sources such as MDOC, county probation, and self-referrals to get services to those in need.

Ted noted the locations of the ITRS Outpatient programs. He said the Outpatient program started with one employee and has built to 14 employees with one vacant position.

Ted said the program looks forward to being over at the old McLaren site on Greenlawn where all staff can be housed in one place. They will be on the third floor in the old professional building. Sara said the professional building is not to be confused with where the CSU will be located. We are leasing office space from Child and Family Charities, adjacent to the CSU in a different part of the property.

Al Platt said he was delighted to hear the descriptions of the new programs! He went on to ask about the old funding mechanism, which was fee for service. Al asked if the current funding is adequate? Sara said one of the nice thing about CCBHC is that it includes

outpatient SUD. KC said, unfortunately, the program is under a lot more restrictions now in regards to funding, especially in the jail with block grants. But she is very thankful for CCBHC for allowing the opportunity to grow new programs.

Dwight asked if there are environmental factors at play in the bio psychosocial assessment? Ted said yes, factors are looked at and treated. Dwight asked specifically about the Clinton County locations – Ted said there is a portion of the staff population that find it a bit lonely, and the staff there want more coworkers and supervision. KC said the staff in Clinton County jail don't have a lot of space, as well. There is no designated office space there for ITRS staff.

Paula asked if ITRS Outpatient sees differences in mental health needs between the counties? KC said the barriers are more related to transportation and the accessibility to services in the rural counties. CEI is trying to catch them up on resources where possible.

Tim asked about the ability to bill private insurers for SUD? Ted said he is learning more about this – we now have some ability to charge private insurance. KC said her team is working with CFO Sue Panetta's staff to get the information needed and hopefully get this moving soon.

Maxine thanked Ted and KC for their presentation!

COMMITTEE REPORTS

Program & Planning Committee

New Expense Contract: Big Five, LLC

MOVED by Ryan Sebolt and SUPPORTED by Dale Copedge that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract with Keyonie James of Big Five, LLC, including the provider's licensed Adult Foster Care facilities as requested and approved by management to meet consumer need, to purchase residential services at the rates below independent of any amount paid to the home for room and board as calculated in the consumer's ability to pay for the period of April 1, 2024 through September 30, 2024.

Facility(ies)		
Name	Address	License Number
Elmwood Acres	1718 Elmwood Rd. Lansing, MI 48917	AS230416057

Fee Schedule				
Service Level	Service Description	Billing Code	Unit	Rate
Level II A	Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	Per Diem	\$132.08
Level II AA	Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	Per Diem	\$155.39
Level II AAA	Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	Per Diem	\$178.70

MOTION CARRIED unanimously.

New Expense Contract: Finni Health – SenseSational Learning Group

MOVED by Ryan Sebolt and SUPPORTED by Paul Palmer that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with Finni Health to provide the services at the rates listed below, for the period of June 1, 2023 through September 30, 2024.

ABA Service Rates									
Code	Modifier	Service Description	Reporting Units	Provider Type	BCBA	BCaBA	QBHP	LP/LLP	BT
97151	AH, HN, HO, HP, U5	ABA Behavior Identification Assessment	Per 15 minutes	BCBA, BCaBA, QBHP, or LP/LLP	\$30.00	\$21.25	\$30.00	\$30.00	
0362T	AF, AG, AH, HN, HO, HP, SA	ABA Behavioral Follow-up Assessment	Per 15 minutes	BCBA, BCaBA, QBHP, or LP/LLP	\$30.00	\$21.25	\$30.00	\$30.00	

97153	AF, AG, AH, HM, HN, HO, HP, SA, TD, U7	ABA Adaptive Behavior Treatment, individual	Per 15 minutes	BCBA, BCaBA, QBHP, LP/LLP, or BT	\$15.90	\$15.90	\$15.90	\$15.90	\$14.03
97154	AF, AG, AH, HM, HN, HO, HP, TD, SA, UN, UP, UQ, UR, US, U7	ABA Group Adaptive Behavior Treatment	Per 15 minutes	BCBA, BCaBA, QBHP, LP/LLP, or BT	\$5.19	\$5.19	\$5.19	\$5.19	\$4.83
97155	AH, HN, HO, HP, AF, AG, SA	ABA Clinical Observation and Direction of Adaptive Behavior Treatment	Per 15 minutes	BCBA, BCaBA, QBHP, or LP/LLP	\$30.00	\$21.25	\$30.00	\$30.00	
97156	AH, HN, HO, HP, AF,AG, SA	ABA Family Behavior Treatment Guidance	Per 15 minutes	BCBA, BCaBA, QBHP, or LP/LLP	\$30.00	\$21.25	\$30.00	\$30.00	
97157	AH, HN, HO, HP, AF, AG, SA, UN, UP, UQ, UR, US	ABA Multiple Family Behavior Treatment Guidance	Per 15 minutes	BCBA, BCaBA, QBHP, or LP/LLP	\$12.00	\$8.50	\$12.00	\$12.00	
97158	AH, HN, HO, HP, AF, AG, SA, UN, UP, UQ, UR, US	ABA Adaptive Behavior Treatment Social Skills Group	Per 15 minutes	BCBA, BCaBA, QBHP, or LP/LLP	\$8.57	\$6.07	\$8.57	\$8.57	
0373T	AF, AG, AH, HM, HN, HO, HP, SA	ABA Exposure Adaptive Behavior Treatment	Per 15 minutes	BCBA, BCaBA, QBHP, LP/LLP, or BT	\$30.90	\$22.15	\$30.90	\$30.90	\$28.40

MOTION CARRIED unanimously.

New Expense Contract: Golden Hearts LLC (Formerly Jennifer Burgess)

MOVED by Ryan Sebolt and SUPPORTED by Al Platt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract with Golden Hearts LLC (formerly operated under Jennifer Burgess), in addition to the provider’s other licensed Adult Foster Care facilities as requested and approved by management to meet consumer need, to purchase specialized residential services at the rates below independent of any amount paid to the home for room and board as calculated in the consumer’s ability to pay, for the retroactive period of March 1, 2024 through September 30, 2024. The contract start date will be contingent on the effective date of the new AFC license.

Facility(ies)		
Name	Address	License Number
Golden Hearts	3329 Westwood Ave. Lansing, MI 48906	AS330418221

Fee Schedule				
Service Level	Service Description	Billing Code	Unit	Rate
Level II A	Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	Per Diem	\$132.08
Level II AA	Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	Per Diem	\$155.39
Level II AAA	Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	Per Diem	\$178.70

MOTION CARRIED unanimously.

2024 Mid-State Health Network Quality Assessment and Performance Improvement Program and the 2023 Annual Effectiveness and Evaluation Report

**2024 CMHA-CEI Quality Improvement Program Plan and the
2023 Quality Improvement Program Plan Effectiveness Report**

MOVED by Maxine Thome and SUPPORTED by Ryan Sebolt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the adoption of the 2024 Quality Improvement Program Plan and the 2024 Quality Assessment and Performance Improvement Program as CMHA-CEI's Quality Plans.

Additionally, the Program and Planning Committee recommends that the Board of Directors of the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties approve the adoption 2023 Annual Effectiveness and Evaluation Report, and the 2023 Quality Improvement Program Plan Effectiveness Report as CMHA-CEI's annual effectiveness review of the Quality Plans.

MOTION CARRIED unanimously.

CMHA-CEI Consumer Advisory Council Recommended Appointees

MOVED by Maxine Thome and SUPPORTED by Ryan Sebolt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors appoint the following individuals named to serve as members of the Consumer Advisory Council.

- **Lori Gorbis, for a 2-year term, to expire on 5/31/2026**
- **Faith Halick, for a 2-year term, to expire on 5/31/2026**

I MOVE APPPROVAL

Finance Committee

New Expense Contract: Trace 3

MOVED by Tim Hanna and SUPPORTED by Al Platt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to engage in network design services with Trace 3 and pay a total of \$55,940, to be expensed over five years as part of the Data Center Upgrade project.

MOTION CARRIED unanimously.

Revenue Contract Renewal: Ingham County Justice Complex Millage for Jail Mental Health Service Expansion

MOVED by Tim Hanna and SUPPORTED by Paula Yensen that the Finance Committee of the CMHA-CEI Board of Directors authorize CMHA-CEI to approve the contract renewal with Ingham County Justice Complex Millage contract totaling \$815,130 for the term of January 1, 2024 through December 31, 2024.

MOTION CARRIED unanimously.

Expense Contract Amendment: Cognitive & Behavioral Consultants

MOVED by Tim Hanna and SUPPORTED by Al Platt that the Finance Committee of the CMHA-CEI Board of Directors authorize CMHA-CEI to enter into a contract renewal with Cognitive & Behavioral Consultants to provide DBT for Adolescents expert training and consultation to CMHA-CEI and pay no more than \$115,750 for those services for the retroactive period October 1, 2023 through September 30, 2024.

MOTION CARRIED unanimously.

Expense Contract Amendment: McBride Quality Care Services, Inc. -Youth Overnight Respite

MOVED by Tim Hanna and SUPPORTED by Paula Yensen that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract renewal with Cognitive & Behavioral Consultants to provide DBT for Adolescents expert training and consultation to CMHA-CEI and pay no more than \$115,750 for those services for the retroactive period October 1, 2023 through September 30, 2024.

MOTION CARRIED unanimously.

Executive Committee

CMHA-CEI Committee Appointments Effective May 1, 2024 – April 30, 2025

MOVED by Maxine Thome and SUPPORTED by Al Platt to approve the committee appointments and committee chairs effective May 1, 2024 – April 30, 2025 as stated below:

HUMAN RESOURCES COMMITTEE

Meeting Time: 1st Weds Quarterly

5:30 pm

(March, June, September, December)

(Secretary: Latisha Toussaint, 517-346-8208)

Maxine Thome, Chair

Raul Gonzales

Dale Copedge

Dwight Washington

Tim Hanna

Al Platt

FINANCE COMMITTEE

Meeting Time: 2nd Weds Monthly

5:30 pm

(Secretary: Darby Vermeulen, 517-346-8285)

Tim Hanna, Chair

Joe Brehler

Paula Yensen

Raul Gonzales

Dwight Washington

Ryan Sebolt

PROGRAM AND PLANNING COMMITTEE

Meeting Time: 2nd Monday Monthly

5:30 pm

(Secretary: Darby Vermeulen, 517-346-8285)

Raul Gonzales, Chair

Jason White

Joe Brehler

Tim Hanna

Dianne Holman

Al Platt

Paul Palmer

RECIPIENT RIGHTS COMMITTEE

Meeting Time: 1st Thursday Quarterly

5:30 pm

(Secretary: Lynn McLaughlin, 517-887-5234)

Paul Palmer, Chair

Maxine Thome

Dale Copedge

Al Platt

*Francisco Vaca

*Evan Goodman

*Lori Gorbis

*Tina Bertram

**denotes Consumer Appointments.*

COMMUNITY ACCESS COMMITTEE

Meeting Time: 4th Monday Bi-monthly

5:30 pm

Dianne Holman, Chair

Jason White

Dwight Washington

Paula Yensen

Paul Palmer

MOTION CARRIED unanimously.

Consumer Advisory Council

Board Chair, Maxine Thome, provided the following overview from the April 4, 2024 meeting.

- CAC Interview Follow-Up
- Follow Up on CAC/Board of Directors Recommendations
- Follow Up Discussion CAC Member Personal Bios
- Acknowledgment of Joyce Tunnard

Unfinished Business

None

New Business

a. Crisis Stabilization Center Facility Financing

John Peiffer introduced himself and James Marsh, CEI's new Project Manager. John wanted to provide an update on the CSU Facility and what has been completed over the last year.

Meetings began over a year ago regarding creating a Crisis Stabilization Unit and bringing it to the McLaren Greenlawn campus. From there, discussions into planning

and funding started. John shared the map of the Greenlawn campus and pointed out the buildings that CEI will be purchasing. He said he visited the site with architects and facility planning firms to determine what would need to happen to renovate the spaces. John then brought the staff in that would be utilizing the space to create a plan for the space and what staff and consumers will need.

John said recently, furniture is being discussed to ensure consumers are safely served. This includes anti ligature furnishings.

John said moving the Bridges Unit and the Recovery Center to Greenlawn will help to accommodate several more consumers than the Jolly Road building.

Sue, John and Sara have met to discuss cost models over time, which has gotten them to the numbers being presented to the Board today. John said there are a few workgroups meeting to discuss long-term funding, implementation, public relations, vision, staffing, and safety and security for the CSU.

Raul Gonzales entered the meeting at 7:19 pm.

John reviewed the floor plan of the CSU and which CEI programs would be located in each space. He then discussed the project cost summary.

Dale asked if the team discussed the lifecycle cost analysis of the roofing, electrical, and HVAC. John said yes, they have been working with Granger Construction on these. The roof will last 20 years, the boilers will last 20 years, LED lighting should last 10-15 years, etc. John discussed the specifics of the fact sheet with the Board to delve a bit further into the funding and the bond agreement with Ingham County. Sara said the next step will be to go to the Ingham County Commission' Human Services and County Services meeting in May.

Dale asked for specifics regarding the energy costs over the course of the project and how we might offset some of those costs. John will provide this information to Dale. Dwight wondered how the team will work to make the Greenlawn space less hospital-like? John said they are working with a design team to make sure spaces are inviting and comforting through colors, finishes, artwork, etc. Sara said the Consumer Advisory Council provided some excellent feedback regarding these items. The group specifically was hoping for murals to create a more welcoming space.

MOVED by Al Platt and SUPPORTED by Ryan Sebolt to begin the process to obtain Bond Financing in the amount of \$24,000,000.00 Twenty Four Million Dollars and 00/100 as part of the overall funding needed to complete the purchase and renovations to the existing Women's Health Center Building in order to create the Crisis Stabilization Unit and program spaces that will meet operational needs, update colors and finishes to create a warm and welcoming environment and update the buildings infrastructure. CMHA CEI staff will work directly with Ingham County, the Ingham County Building Authority and Bond Council to develop the needed documents to complete the transaction.

MOTION CARRIED unanimously.

Public Comment

Luna Brown wanted to share her excitement for the CSU! She believes it will be an improvement on the services currently being offered. Luna's past trauma with CEI had to do with capacity issues. There are folks falling through the cracks because there was nowhere for them to stay. Luna said she appreciates the addition of the playrooms and the sensory rooms at the CSU. She noted that the size of them are pretty comparable to those she has visited in other hospitals. When it comes to the press releases, Luna would recommend being honest about current failings at CEI's current Crisis Services Unit and how the CSU will address these issues.

Adjournment

The meeting adjourned at 7:40 p.m. The next meeting is scheduled for Thursday, May 23rd, 2024 beginning at 6:00 p.m., and will take place at Community Mental Health Authority-Clinton Eaton and Ingham Counties, 812 E. Jolly Road, Lansing, MI 48910.

**Minutes Submitted by: Darby Vermeulen
Finance Administrative Assistant**