

An introduction to your community mental health support networks
Support Group Forum 2013

Featuring short presentations from representatives of the following tri-county area mental and behavioral health support groups:

NAMI Connection, NAMI Family Support Group, Schizophrenics Anonymous
Larry Ackerman

Depression/Bipolar Support Alliance
Richard Schneider

Family Support and Education Group
Joanne Caskey

Obsessive Compulsive Support Group
Jon Vogler

Seeking Safety
Amy Moore

Friends and Family Support Group
Patricia Wheeler

Recovery, Int.
Nancy Barnhart

Bereavement Support Group, Suicide Support Group
Gwen Kapcia

Alzheimer's Association Support Groups
Theresa Cooper

Public support groups are some of the best resources available for persons suffering from various causes of trauma. There are active local groups for virtually every need, ranging from substance use disorder to depression to caring for family members who are struggling with mental illness or addiction. This year's presenters represent only a sample of the groups that are active in our area. Literature on these and other community groups will be made available to event guests.

Community Mental Health Authority of Clinton, Eaton, Ingham Counties

This event is open to the public and free to attend. Free dinner is provided!

When
Thursday, March 14

Time
6:00pm—8:00pm

Where
CEI-CMH Main Office
812 E. Jolly Road,
Lansing
Meeting held in basement atrium.

Itinerary
6:00: Registration
6:15: Support group presentations/light dinner
7:30: Meet and greet/Q&A with group leaders
8:00: Program close



RSVP for this event by e-mailing Judy Hazle at hazle@ceicmh.org or call Judy at 517-346-8238



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HealthAlliance

Mental Health
Partnership
Council



COMMUNITY MENTAL HEALTH AUTHORITY
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