

For services, call, fax or email:

Access: (517) 346-8318 or 888-800-1559

CATS: (517)676-8344/fax (517)676-8280

CSC: (517) 237-7355

HOC: 517)244-0393/fax (517)244-9155

ITRS OP: (517)676-4905/fax (517)676-3904

TRC: (517)267-7623/fax (517)853-2878

Email:

integratedtreatmentandrecoveryservices@ceicmh.org

Program Hours: 8:00 a.m. to 5:00 p.m.
Monday through Friday

All inquiries and services are held in the strictest confidence.

All inquiries & services are held in confidence. Recipients of SUD services have rights protected by state and federal law and promulgated rules. For recipient rights information, contact Lynn McLaughlin at (517) 887-5234 of CMHA-CEI; or the Regional Recipient Rights Consultant of Mid-State Health Network at (517) 657-3011.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

Integrated Treatment & Recovery Services (ITRS)

recognizes substance use disorders (SUD) as a systematic problem and is designed to address underlying issues as well as the presenting substance use disorder related problems. The program works to create a co-occurring capable system that is welcoming, person-centered, recovery oriented, culturally competent and trauma-informed. This is accomplished by careful assessment and comprehensive treatment planning. A wide range of services are available including outpatient, residential, withdrawal management & self-help groups. Services are provided at ITRS Outpatient (ITRS OP) Correctional Assessment & Treatment Services (CATS), Cedar Roots Recovery (CRR) formerly House of Commons & The Recovery Center (TRC). ITRS programs encourage, support & guide individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Treatment (MAT).

Fees

A sliding fee scale is available which allows individuals to obtain services based on ability to pay. Individuals with ability to pay privately are accepted. Publically funded health coverage is accepted. If you have any questions regarding coverage or payment, please call our programs directly.

KC Brown, MA, LPC, CAADC, CCS

ITRS Program Director

Phone: (517) 237-7231

Community Mental Health

Integrated Treatment & Recovery Services

Administration

2389 Jarco Drive

Holt, Michigan 48842

Phone (517) 237-7230

Integrated Treatment & Recovery Services Administration

A continuum of substance use disorder treatment services for the community.



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

*Partnering with you
toward recovery.*

Integrated Treatment & Recovery Services

Outpatient (ITRS OP)

**405 W. Greenlawn Avenue, Suite 305,
Lansing, MI (517) 676-4905
201 W. Railroad, Suite A, St. Johns, MI
(989) 224-6729**

ITRS Outpatient provides assessments, individual and group counseling to individuals with substance use disorders (SUD) in the community and to those incarcerated in the Clinton County Jail. All interested individuals can call CMHA-CEI Central Access Department at (517) 346-8318 or toll free 888-800-1559.

Corrections Mental Health

Clinton, Eaton and Ingham County Jails are staffed with CMHA-CEI Mental Health Therapists to do Crisis Intervention via mental health screening, making referrals and housing recommendations specific to individual needs. These staff are also the liaison to the Crisis Services Program of CMHA-CEI Adult Mental Health Services. Staff provide empathetic, supportive care with the goal of preventing self-harm or suicide. The CATS Program provides ongoing support to individuals in the Ingham County Jail with moderate to severe mental health concerns which may include helping them identify and improve their coping skills.

Integrated Treatment & Recovery Services Counseling & Support Services (CSC)

**405 W. Greenlawn Avenue, Suite 305,
Lansing, MI 48910 (517) 237-7355**

The Counseling and Support Clinic has been developed over the last year to address gaps in other areas of programming. The program helps adults change their lives by providing tools and strategies for establishing and maintaining a healthy lifestyle. CSC treats mental health disorders as conditions that affect an individual biologically, psychologically and socially.

Correctional Assessment & Treatment Services (CATS) Program

**630 N. Cedar Street, Suite 2222
Mason, MI 48854
(517) 676-8344**

CATS provides outpatient treatment for individuals who are incarcerated in the Ingham County Jail and present with a diagnosis of substance use disorder. CATS provides group & individual counseling sessions and case management services. The program follows the client through the stages of incarceration and then refers the client to appropriate outpatient services in the community for continuum of care. Referrals can be made by calling the program at (517) 676-8344. Inmates may contact the program via the jail's communication system.

Healthcare Integration Programs (HCI)

The HCI program seeks to promote integrated behavioral and physical healthcare through service delivery at partnering primary care settings. Behavioral health staff address common behavioral health issues such as depression, anxiety, and responding to behavioral health screenings. Behavioral health staff also respond to a variety of health behaviors such as elevated A1C, hypertension, medication adherence, smoking cessation and other concerns. Additionally, HCI has a subspecialty for patients in primary care settings that have a substance use concern/disorder. This group of behavioral health staff offer SUD assessments, treatment and connections to more intensive treatment.

www.ceicmh.org

Cedar Roots Recovery (CRR)

**formerly House of Commons
706 Curtis Street
Mason, MI 48854 517-244-0393**

Cedar Roots Recovery is a 40 bed residential treatment program designed to help men with substance use disorders. The length of stay is up to three months and includes a six month follow-up day-program for probationers. The program is available to men 18 years and older, who are self-referrals or referred by Coordinating Agencies, Michigan Department of Corrections or Office of Community Corrections. Referrals are also accepted from other sources such as self, courts, attorneys and family. Individuals interested in admission or in making a referral may call the program at (517) 244-0393.

The Recovery Center (TRC)

**812 E. Jolly Road, Suite 109
Lansing, MI 48910
(517) 267-7623 or 855-TRC-DTOX**

The Recovery Center is a 3-5 day, Medically Monitored Withdrawal Management (detoxification) program with a 24-hour structure. The program assists individuals through detoxification while promoting health and well being. TRC encourages the continuation of services via long-term residential and outpatient programs. Persons interested in admission must call the program at (517) 267-7623 for a screening by program staff to determine appropriateness.

Jail Diversion

Jail Diversion is part of the Corrections Mental Health services provided in the Clinton, Eaton and Ingham County Jails. When appropriate, individuals with Severe & Persistent Mental Illness (SPMI), and charges of misdemeanor or non-violent felony are screened for possible diversion from incarceration to treatment. If appropriate for diversion, staff work with community partners to connect the individual with the proper placement.