

Learning Together...

# CMH COMMUNITY MENTAL HEALTH AUTHORITY CLINTON • EATON • INGHAM

# "Mental Health Compass" Navigating Through the Mental Health System

-public invited-

#### Time:

6:00 p.m.
Refreshments &
Check In

6:30 p.m. Program 7:45 p.m. Closing

#### **Location:**

Sparrow Auditorium 1215 E. Michigan Ave. Lansing, MI 48912

## Wednesday, Feb. 27, 2013

## Keynote Speaker: Robert Sheehan Executive Director Community Mental Health Authority of Clinton, Eaton, Ingham counties





# A panel dialogue following the keynote will include:

Mike Bowden, Manager; Sparrow Behavioral Health Services Access Connie Bain, Recipient Rights Representative; Sparrow Behavioral Health Services Larry Ackerman, Office and Consumer Programs; NAMI Michigan Renae Benard, Coordinator; Crisis Services of Community Mental Health

Resources will be available to participants before and after the program. This program is free to the community, including parking in the Sparrow Main Hospital ramp. No pass required.

The behavioral health system of care is often described as cumbersome and confusing. Individuals and families voice concerns about who to call or where to turn for assistance. Come hear from those who have navigated the system and professionals working within it. Join us to learn more about the system that is available to help you, those you work for, or those you would like to help.

RSVP to hazle@ceicmh.org or call 517.346.8238

