



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

**BOARD OF DIRECTORS
HYBRID MEETING
MINUTES
Thursday, April 20, 2023
6:00 p.m.**

Staff Present (Via Zoom)

**Karla Block, Joanne Holland, Jennifer Stanley, Gwenda Summers, Joyce Tunnard,
Sue Panetta, Jana Baylis**

Excused

Aleshia Echols

Staff Present (In-Person)

Sara Lurie

Matt Wojack

KC Brown

Rachel Jacobs

Public Present (In-person)

Norma Bower, Power of We Consortium (PWC)

Daniel Arnold, Community Member

Sarah Lallemand, ACT Cedar Intern

Public Present (via Zoom)

None

Union Representation

None

Call to Order:

The meeting was called to order by Board Vice Chair, Dwight Washington at 6:02 p.m.

Roll Call:

Dwight Washington, Ryan Sebolt, Joe Brehler, Adam Matson, Dale Copedge, Kay Randolph-Back, Raul Gonzales, Dianne Holman, Maxine Thome, Timothy Hanna

Board Member(s) Attending via Zoom

Paul Palmer, at his residence in Ingham County, City of Lansing, MI

Excused:

Al Platt

Meeting Minutes

ACTION:

MOVED by Dwight Washington and SUPPORTED by Raul Gonzales that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the March 16, 2023, meeting minutes.

MOTION CARRIED unanimously.

Adoption of Meeting Agenda:

ACTION:

MOVED by Joe Brehler and SUPPORTED by Dale Copedge that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the April 20, 2023 Meeting Agenda with the following amendment:

- Addition of Agenda Item #9, entitled: Iron Mountain Contract Termination, under Finance Committee.

MOTION CARRIED unanimously.

Public Comment:

Norma Bower, Power of We Consortium (PWC) shared the Power of We Consortium is in the public providing prevention information to the community, and would appreciate support. Additionally, Ms. Bower requested consideration for CMHA-CEI to reinstate financial support for the Power of We Consortium.

Mid-State Health Network (MSHN) Update:

Board Member, Joe Brehler reported that the MSHN Board of Directors have not met again since last Board Meeting, however, notes that 5.4M will be divided by the State and distributed to CMH's this year. Board Chair, Dwight Washington asked is these funds are tied to expectations. Mr. Brehler states that there will be parameters that CEI will be required to meet, but these are not Medicaid funds, but used more as local funds.

CEO REPORT

CEO, Sara Lurie introduced KC Brown, ITRS Director, who introduced Matt Wojack, Health Integration Supervisor.

Mr. Wojack shared a presentation with the Board regarding Improving the Delivery of Behavioral Health Services through integrated care between Ingham Community Health Centers and CEI. Mr. Wojack began with how this program came about, stating that the Affordable Care Act began in March 2010, which opened up the pathways for more affordable health insurance, expanding programs and supporting innovative methods for lowering the cost of health care.

In early 2016, Ingham Community Health Centers requested to collaborate with CEI to develop and implement a Behavioral Health Program and provide ongoing clinical supervision. With our collaboration, we have promoted an integrated approach to care, increasing patient access, resources and early identification and interventions. At this time, we have several staff working within clinics, including, New Hope, Forest, Cedar Peds, BIRCH, etc.

Mr. Wojack is excited about this continued initiative for CEI and states that he is looking forward to some new EHR upgrades, staff development with Evidence Based Practices, like motivational interviewing and cognitive behavioral therapy. In addition, Mr. Wojack states that they plan to expand services, by adding groups and enhancing their screening tools (SBIRT Screening tool was shared and explained).

Members of the Board thanked Matt Wojack for presenting at this evening's board meeting, commending his great work.

Board Member, Kay Randolph-Back inquired about the screening tool, stating it has similarities to the National Health with CDC Survey and wondered if they were connected. Mr. Wojack stated that CEI created this tool based on different reports, surveys, etc. Board Chair, Dwight Washington inquired about the tool, wondering why it references only illegal drugs and doesn't mention marijuana. Board Member, Raul Gonzales followed up with the concerns with psychosis and marijuana. Mr. Wojack mentioned the concern is there, especially with adolescents and it is something we do review, but that the use of marijuana is legal.

Board Member, Paul Palmer left zoom at 6:44pm

Board Member, Paul Palmer returned via zoom at 6:46pm

Board Member, Adam Matson asked Mr. Wojack about staff training availability for staff burnout and secondary PTSD. Mr. Wojack states that CEI offers annual refreshers for all staff and allowing more trainings, as we become more aware of it.

Board Member, Kay Randolph-Back left at 6:49pm

CEO, Sara Lurie thanked Matt Wojack for his presentation today and shared the following CEO Updates:

- Honoring of Al Platt will be tabled for next Board of Directors Meeting
- News Flash Newsletter for April highlighting the Community Breakfast Event on April 3rd. Thank you to the Board for attending. Board Chair, Dwight Washington awarded Senator Stabenow with the 2023 Distinguished Service Award. The event will be aired on May 7th
- Release of CSDD Video (shared at Community Breakfast)
- Recognitions for Aleshia Echols, Joel Hoepfner and Rachel McCoy for their work on the Annual Report. Chris Ward for her work on supporting the Community Breakfast, along with the 30 volunteers.
- Strategic Planning on March 24th, Thank you to the Board for attending. Once minutes are completed, they will be sent out.
- Handout of Our Services booklet; Board Members to look through

Board Chair, Dwight Washington states he was honored to present to Senator Stabenow. Board Member, Raul Gonzales commented that the CSDD video was very touching and that Karla Block, CSDD Director, was elegant with her description of our services and states they did a remarkable job. Mr. Gonzales also noted that everyone who had a role there, was happy and that Aleshia Echols does so much and did an amazing job.

COMMITTEE REPORTS

Program & Planning Committee

New Expense Contract: Recreation Therapy Consultants, Madison Berridge

ACTION:

MOVED by Raul Gonzales and **SUPPORTED** by Dianne Holman that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract to purchase Recreational Therapy services from Madison Berridge, owner of Elevate Assisted Equine Therapy, of Haslett, Michigan for the rate identified below. This contract is for the period of May 1, 2023 through September 30, 2023.

Service Name	Service Code	Rate	Unit
Recreation Therapy	G1076 HN	\$66.54	Session, 45 minutes or more

MOTION CARRIED unanimously.

Expense Contract Amendment: McLaren Health Care Corporation

ACTION:

MOVED by Raul Gonzales and **SUPPORTED** by Maxine Thome that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to contract amendment with McLaren Health Care Corporation to add the McLaren Macomb Senior Behavioral Health Center location to purchase hospital services at the rates and dates indicated below for the period of April 1, 2023 – September 30, 2023.

CPT Code	Service	Rate
0100	Inpatient Care: Adult (All Inclusive)	\$978.50

MOTION CARRIED unanimously.

New Expense Contract: Holland Community Hospital

ACTION:

MOVED by Raul Gonzales and **SUPPORTED** by Timothy Hanna that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract with Holland Community Hospital to purchase hospital services at the rates indicated below for the period of May 1, 2023 through September 30, 2023.

CPT Code	Service		Rate
0100	Inpatient Care: Adult (All Inclusive)	Per Diem	\$878
0912 & 0913	Partial Hospitalization –Adults	Per Diem	\$420
0901	ECT Inpatient	Encounter	\$1012

MOTION CARRIED unanimously.

New Expense Contract: Cognitive & Behavioral Consultants

ACTION:

MOVED by Raul Gonzales and **SUPPORTED** by Ryan Sebolt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with Cognitive & Behavioral Consultants to provide DBT for Adolescents to CMHSPs and pay \$38,500 for those services for the period of May 1, 2023 through September 30, 2023.

MOTION CARRIED unanimously.

New Expense Contract: Hope Network Behavioral Health Services – Crisis

Residential

ACTION:

MOVED by Raul Gonzales and **SUPPORTED** by Maxine Thome that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with Hope Network Behavioral Health Services to purchase Crisis Residential Services and pay the rates listed below for the period of April 1, 2023 through September 30, 2023.

Service Description	Billing Code	Unit	Rate
Crisis Residential Services	H0018	Per Diem	\$701.50

MOTION CARRIED unanimously.

Finance Committee

Expense Contract Amendments

Expense Contract Amendment: Beacon Specialized Living Services

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Ryan Sebolt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize:

- **CMHA-CEI to enter into a contract amendment with Beacon Specialized Living Services to purchase specialized residential services at the rates below for the retroactive period of March 1, 2023 through September 30, 2023.**

Facility(ies)					
Name	Address		License Number		
Beacon Home at The Oaks	403 N. Main Plainwell, MI 49080		AG030000010		
Fee Schedule					
Service Description	Billing Code	Modifier	Unit	Base Rate	Rate Including DCW Premium Pay
Specialty Home Rate (Medical Sensitive Home) Community Living Supports and Personal Care in Licensed Specialized Residential Setting	H2016/T1020	C2	Per Diem	\$388.08	\$412.42

Expense Contract Amendment: Jennifer Wilgocki

- **CMHA-CEI to enter into a renewal contract with Jennifer Wilgocki to provide Trauma-Focused Cognitive Behavioral Therapy to CMHSPs and pay \$60,200 for those services for the period October 1, 2022 through September 30, 2023.**

Expense Contract Amendment: Kelly Wilson

- CMHA-CEI to enter into a renewal contract with Kelly Wilson to provide Trauma-Focused Cognitive Behavioral Therapy to CMHSP's and pay \$47,300 for those services for the retroactive period of October 1, 2022 through September 30, 2023.

MOTION CARRIED unanimously.

Revenue Contract Renewals:

Revenue Contract Renewal-Rate Correction: The Right Door for Hope, Recovery and Wellness

ACTION:

MOVED by Joe Brehler and SUPPORTED by Timothy Hanna that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract renewal with The Right Door of Hope, Recovery and Wellness to provide Crisis Stabilization Services to the consumers of The Right Door of Hope, Recovery and Wellness for the retroactive period of October 1, 2022 through September 30, 2023 and receive a per diem rate for the codes and rates below, not to exceed \$20,000.00/year for those services/goods.

*Rate is inclusive of DCW Premium Pay \$2.35 per hour and \$0.29 for administrative cost.

Service Description	Code	Rate (per diem)
Residential Room and Board	S9976	\$25.00
Crisis Residential Services	H0018	\$602.32* (Total of \$627.32/day)

Revenue Contract Renewal: Mid-State Health Network Spenddown Payment for Clubhouse Activities

- CMHA-CEI to renew the contract with Mid-State Health Network (MSHN), which establishes payment by MSHN which will be applied to CMHA-CEI consumers' spenddown obligations related to clubhouse activities/participation, not to exceed the amount of \$60,000.00, for the retroactive period of October 1, 2022 through September 30, 2023.

MOTION CARRIED unanimously

New Expense Contracts:

New Expense Contract: Grand Traverse Resort and Spa, LLC

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Timothy Hanna that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract renewal with Ingham County for the provision of a range of behavioral health and developmental disability services and receive up to \$1,528,023 for the period of October 1, 2022 through September 30, 2023.

New Expense Contract: Kellogg Hotel & Conference Center

- CMHA-CEI to enter into a contract with Kellogg Center and pay \$92,000 for those services for the period September 17, 2023 through September 21, 2023.

Board Member, Paul Palmer asked if the Grand Traverse Report expense contract is through Families Forward and if it applies to everyone. Gwenda Summers, Families Forward Director, stated that it will apply to everyone in the state for trauma.

MOTION CARRIED unanimously

Board Per Diem Recommendation

ACTION:

MOVED by Dale Copedge and **SUPPORTED** by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to increase the Board per diem rate from \$40 to \$75.

Discussion:

Board Member, Timothy Hanna asked for clarification that this would apply to all other Committees as well. It was confirmed it would. QCSRR Director, Joyce Tunnard raised concerns due to the potential effect it will have on consumers with SSI and if it will exceed their limit. Mrs. Tunnard asked if it had gone through the CAC? Board Member, Joe Brehler stated that he is under the impression it went through CAC. Board Chair, Dwight Washington wanted clarification as to whether consumers can still request the \$40 per diem if \$75 would cause issues with social security? Board Member, Joe Brehler stated that once approved by the board, the per diem rate of pay would be \$75. However, committee and/or board members could choose to decline the payment.

At that point, Board Member, Paul Palmer made a motion to table the per diem Agenda item until the May board meeting to allow for CAC review. Board Member, Ryan Sebolt supported this motion. However, due to the fact that there was an open motion on the floor, Paul Palmer withdrew this motion and commented that if consumers make too much money, they have to pay it back. Mr. Palmer stated that, this will not affect him. However, could affect others.

it won't affect him, but could affect someone else. Board Member, Raul Gonzales asks whether it does affect everyone or not? Board Member, Ryan Sebolt stated that he is concerned about the consumers it may affect.

Board Member, Raul Gonzales stated that it could affect the consumers in a positive way and that it will affect Board Members who are not Commissioners, who actually may need the funds. Mr. Gonzales stated that if nothing changes, it is very possible that individuals currently on either board committees or actually on the board may not be able to continue serving.

POINT OF ORDER called by Board Member, Ryan Sebolt in reference to Board Member, Raul Gonzales statement regarding Commissioners.

WITHDRAWAL of Point of Order from Board Member, Ryan Sebolt.

MOTION CARRIED with 8 yes votes, and 2 no votes by Joe Brehler and Dale Copedge.

Executive Committee

Slate of Officers effective April 1, 2023 – March 30, 2024

MOVED by Dwight Washington and SUPPORTED by Dale Copedge that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors accept the slate of officer recommendations effective April 1, 2023 – March 30, 2024 as follows: Dwight Washington, Board Chair; Maxine Thome, Board Vice Chair; Adam Matson, Secretary.

MOTION CARRIED unanimously.

CMHA-CEI Committee Appointments Effective May 1, 2023 – April 30, 2024
MOVED by Dwight Washington and SUPPORTED by Ryan Sebolt that the
Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board
accept the Committee Appointments and Committee Chairs effective May 1, 2023 –
April 30, 2024 as follows:

HUMAN RESOURCES COMMITTEE

Meeting Time: 1st Weds Quarterly
5:30 p.m.
(March/June/September/December)
(Secretary: Jessica Tyrer, 517-237-7075)
Maxine Thome, Chair
Timothy Hanna
Dale Copedge
Al Platt
Ryan Sebolt

FINANCE COMMITTEE

Meeting Time: 2nd Weds Monthly
5:30 p.m.
(Secretary: Darby Vermeulen, 517-346-8285)
Joe Brehler, Chair
Tim Hanna
Ryan Sebolt
Kay Randolph-Back
Dianne Holman

PROGRAM AND PLANNING COMMITTEE

Meeting Time: 2nd Monday Monthly
5:30 p.m.
(Secretary: Darby Vermeulen, 517-346-8285)
Raul Gonzales, Chair
Al Platt
Joe Brehler
Dianne Holman
Tim Hanna
Paul Palmer
Adam Matson

RECIPIENT RIGHTS COMMITTEE

Meeting Time: 1st Thursday Quarterly

5:30 p.m.

(Secretary: Lynn McLaughlin, 517-887-5234)

Paul Palmer, Chair

Dale Copedge

Adam Matson

Maxine Thome

*Francisco Vaca

*Evan Goodman

*Janel Bosom

**denotes Consumer Appointments.*

COMMUNITY ACCESS COMMITTEE

Originated June 20, 2016, as of May 20, 2021 bylaw revision became a board committee

Meeting Time: 4th Monday Bimonthly

5:30 p.m.

Dianne Holman, Chair

Adam Matson

Kay Randolph-Back

Al Platt

Paul Palmer

Discussion ensued. Board Member, Raul Gonzales stated that he needs to be on two committees and is only listed on one. Mr. Gonzales states he requested to be on the Finance Committee and he has never seen a Board Member request be denied. Board Chair, Dwight Washington reviewed the Committees and states that he will follow up at a later date, but would like to pass, as is, at this time.

ACTION: Board Chair, Dwight Washington advised that the Executive Committee will review the 23-24 Committee Appointments at their special meeting scheduled for Wednesday, May 10th, and consider adding Board Member, Raul Gonzales to another Committee.

MOTION CARRIED unanimously.

Board Member, Dale Copedge left at 7:32pm

Consumer Advisory Council

CAC Board Liaison, Raul Gonzales provided the following overview from the April 6, 2023 meeting. Highlights included:

- Certified Community Behavioral Health Clinics (CCBHC)
- Review of Goal Development Activity for CAC 2023
- Review Program & Planning (P&P Draft Agenda – April 10, 2023)

The next regularly scheduled meeting is Thursday, May 4, 2023 at 3:30 pm, and will be held via Zoom.

Community Access Committee

Tabled Monday, March 20, 2023 Meeting Minutes for next Board Meeting. Board Member, Dianne Holman stated that there were some good talking points.

Unfinished Business

None.

Public Comment

Norma Bower, Power of We Contortion, spoke about the services being provided in the community, including all tri-counties, to help with prevention and education. Members help with pet rescue, teaching/learning about pregnancy, safety in the workplace and home, etc. Some members are bilingual and provide translation, in addition to transportation needs to other counties. Norma notes this would be a good collaboration for grants and other funding.

Board Member, Raul Gonzales wanted to thank Norma for coming and sharing and believes this would be a good collaboration.

Daniel Arnold, Consumer, wanted to state that he has had great experiences here at CEI and that his Case Manager is his cheerleader. Mr. Arnold notes that Dr. Jamie Arnold has taken care of him for years. Mr. Arnold wanted to voice his concerns that he had back in 2018 with Dr. Jennifer Stanley, which resulted in a RR Complaint and a change in Psychiatrist.

CEO, Sara Lurie thanked him for coming and sharing.

New Business

Revenue Contract: Termination Contract: Iron Mountain Contract Termination

ACTION:

MOVED by Joe Brehler and SUPPORTED by Timothy Hanna that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to terminate its contract with Iron Mountain in an effort to be fully compliant with clinical record retention and destruction requirements, the Records unit is moving toward taking possession of the 543 boxes of clinical charts currently stored by Iron Mountain. The cost to terminate the contract, including retrieval, permanent withdrawal, and delivery of charts, is \$25,808.79.

MOTION CARRIED unanimously

Adjournment

The meeting adjourned at 7:49 p.m. The next meeting is scheduled for Thursday, May 18, 2023, beginning at 6:00 p.m., and will take place at 812 E. Jolly Road, Atrium.

Minutes Submitted by:

**Rachel Jacobs on behalf of Aleshia Echols, Executive Administrative Assistant
Clinical Administrative Assistant**