



# Community

MENTAL HEALTH

CLINTON • EATON • INGHAM

BOARD OF DIRECTORS

VIRTUAL MEETING

MINUTES

Thursday, February 18, 2021

6:00 p.m.

**Staff Present:**

Sharon Blizzard, Sara Lurie, Joanne Holland, Jennifer Stanley, MD., Gwenda Summers, Allison Vinton, Monica Cuthbert, Quenton Lerma, Aleshia Echols, Julie Vermett-Pollok, John Peiffer, Joyce Tunnard

**Excused:**

Shana Badgley, Karla Block, Stacia Chick, Ericanne Spence

**Public Present:**

Elizabeth Pratt

**Union Representation:**

None

**Call to Order:**

The meeting was called to order by Board Chair, Paul Palmer at 6:00 p.m.

**Roll Call:**

Paul Palmer, (Lansing, Ingham County, Michigan); Joe Brehler, (Eaton County, Michigan); Al Platt, (Meridian Township, Ingham County, Michigan); Dwight Washington, (East Lansing, Ingham County, Michigan); Emily Stivers, (Meridian Township, Ingham County, Michigan); Dianne Holman, (Meridian Township, Ingham County, Michigan); Dale Copedge, (Lansing, Ingham County, Michigan); Adam Matson, (Delta Township, Eaton County, Michigan); Kay Randolph-Back, (Eaton Township, Eaton County, Michigan); Maxine Thome, (Ingham County, Lansing, Michigan); Timothy Hanna, (Watertown Township, Clinton County,

Michigan)

Excused:

Raul Gonzales

Previous Meeting Minutes:

ACTION:

MOVED by Kay Randolph-Back and SUPPORTED by Dianne Holman that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the January 21, 2021 meeting minutes with following revisions: Page four "Ran" should be "Rand"; page six first motion with Ingham County Health Department should read as "... Referral Agreement with Ingham County Health Department", instead of "..... Referral Agreement with CMHA-CEI"; page six second motion with Ingham County needs to have "for" inserted between "Department" and "services"; page 11 "assay" needs to be "essay"; and page 13 "Article IV" needs to be added to the list of items revised.

MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

Excused:

Raul Gonzales

Adoption of Agenda:

ACTION:

MOVED by Joe Brehler and SUPPORTED by Maxine Thome that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the February 18, 2021 Agenda.

MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

Excused:

Raul Gonzales

Public Comment on Agenda Items:

Aleshia Echols announced that two Public Comment statements were submitted to the

members of the board of director's prior to this evening's meeting. Based on prior approval from board Chair, Paul Palmer, Monica Cuthbert has opted to forego her 3 minutes and requested consideration to combine Allison Vinton's 3 minutes for a total of no more than 6-minutes to provide comment on their behalf.

Monica Cuthbert introduced herself as an Assessment and Referral Team, AMHS CMHA-CEI staff member, prior to Allison Vinton reading her statement regarding working as an essential employees, who must work on site since March, 2020, and requested additional Paid Time Off (PTO) for such staff.

An inquiry was made regarding whether there was anything to report about the staff requests for additional PTO? Sara Lurie stated that the written statements were just received this afternoon and the topic needs to be reviewed further in upcoming Board committee meetings. Additionally, she advised that this is a very complex issue which could have significant financial consequence. Staff in attendance were hereby notified that their concerns and requests were respectfully heard and will be discussed in the Human Resources and Finance Committee regularly scheduled March meetings.

**ACTION:** This item was referred to Finance Committee, Joe Brehler, Chairperson, Human Resources (HR) Committee, Maxine Thome Chairperson, Sara Lurie, CEO and Sharon Blizzard, CHRO to review, provide guidance and determine next steps.

#### Mid-State Health Network (MSHN) Update:

Joe Brehler and Dianne Holman reported that MSHN did not meet this month. The next meeting is scheduled for March, 2021.

#### CEO Report

Sara Lurie provided the written report and the following updates:

- The Fiscal Year (FY) 2021 Supplemental Budget has Direct Care Wage (DCW) Increase continuation through June 2021. The FY22 Executive Budget has the DCW increase beginning in October 2021. There is a three-month gap between the two budgets. The FY22 Executive Budget includes funding to support all 14 Certified Clinical Behavioral Health Clinic (CCBHC) sites that were in the original State grant. This will be the fourth time CMHA-CEI will go through the CCBHC certification process.
- Staff are working to resolve issues with the Connect system from the Phase One roll-out. Phase Two will begin in the next month or so; it includes accounting and purchasing processes.

- Sara thanked the board members for their video statements, attendance and participation in break-out sessions of the Annual Staff Appreciation event.

The National Strategy on Suicide Prevention was discussed. The emotional burden on people due to COVID is very severe. It was asked if the strategy is something different or additional funding. Sara stated it is building on previous efforts with a more coordinated national effort. A national number, 988, will be developed for people to get help concerning suicide. Sara will keep the Board posted as she learns more. It was asked if numbers of death by suicide have increased during the pandemic. Sara stated she does not know the numbers, although the sense is that it has increased.

#### **BUSINESS ITEMS:**

##### **Program & Planning Committee**

##### **Mid-State Health Network Letter of Agreement: State Opioid Response (SOR) Grant Project**

##### **ACTION:**

**MOVED** by Emily Stivers and **SUPPORTED** by Dianne Holman that the Community Mental Health Authority, Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to enter into a Letter of Agreement with Mid-State Health Network that provides \$117,873 in order to employ a full time Case Manager position for the Ingham County Jail MAT and Outpatient Services, which are all under the CATS program. The letter of agreement is retroactively effective from October 1, 2020 through September 30, 2021.

**MOTION PASSED** with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

##### **Excused:**

Raul Gonzales

##### **New Expense Contract: Joan Lenhard and Tayler Heath**

##### **ACTION:**

**MOVED** by Emily Stivers and **SUPPORTED** by Joe Brehler that the Community Mental Health Authority, Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to enter into a new contract to purchase Recreational Therapy services from Joan Lenhard and Tayler Heath for the rates identified below. This contract is for

the period of March 1, 2021 through September 30, 2021.

Service Name	Service Code	Rate	Unit
Activity Therapy (Recreation Therapy)	G0176	\$66.54	Session

**MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.**

**Excused:**

Raul Gonzales

**ACTION:** Sara Lurie will provide Dwight Washington with a response to the following question: Who is the targeted population, how many people are expected to use the services and to what extent? Sara did advise Mr. Washington that these services are for the Developmentally Disabled and that unfortunately the Clinical Director was not in attendance this evening due to a family emergency. However, she would email him the follow-up information including the number of individuals who will use the services.

Dwight Washington stated that he encourages this type of intervention, looking at how the mind and body goes in the whole of well-being.

**Finance Committee**

**FY21 Revenue Contract Amendment: Mid-State Health Network**

**ACTION:**

**MOVED** by Joe Brehler **SUPPORTED** by Alan Platt that the Community Mental Health Authority, Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to approve the Contract amendment with Mid-State Health Network to provide Substance Use Disorder treatment for the period of October 1, 2020 through September 30, 2021. The amount of the contract is with the \$105,330 reduction is \$1,328,818 for Cost Reimbursed programs. Fee for Service programs are not capitated.

**MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.**

Excused:

Raul Gonzales

Expense Contract: Lease Renewal - 1520 West Wieland, DeWitt Township, Michigan  
ACTION:

MOVED by Joe Brehler and SUPPORTED by Kay Randolph-Back that the Community Mental Health Authority Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to renew the lease of property at 1520 West Wieland in DeWitt Township, Clinton County, Michigan from Sko (Roseanne) Schafer residing at 905 Glenwood Terrace Anniston, Alabama 36207, for the period of May 1, 2021 through April 30, 2024 and pay as follows:

CMHA-CEI shall pay to the Lessor for the premises during the period of May 1, 2021 through April 30, 2022, the sum of Twenty-Two Thousand Six Hundred Eighty dollars (\$22,680.00) -- per annum and payable in installments of One Thousand Eight Hundred Ninety dollars and 50/100 (\$1890.00) -- per month.

CMHA-CEI shall pay to the Lessor for the premises during the period of May 1, 2022 through April 30, 2024, the sum of Twenty-Three Thousand One Hundred Thirty-Six dollars (\$23,136.00) -- per annum and payable in installments of One Thousand Nine Hundred Twenty-Eight dollars and 50/100 (\$1928.00) -- per month.

Installment, payments shall be made during the month for which the installment is applicable. Each monthly installment payment includes insurance escrow, real estate tax escrow and base rent.

MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

Excused:

Raul Gonzales

Expense Contract: Lease Renewal - 801 South Waverly Road Lansing, Michigan 48917  
ACTION:

MOVED by Joe Brehler and SUPPORTED by Kay Randolph-Back that the Community Mental Health Authority Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to enter into an expense lease contract to lease 5,000 square feet of the property located at 801 South Waverly Road Ingham County, Lansing, Michigan 48917 from R&W Investments Ltd, Inc. a corporation whose address is 801

S Waverly Road Suite 300, Lansing, Michigan 48917-4200, for the period of March 1, 2021 through February 28, 2026 and pay as follows:

2021:	\$74,936.52/Year	\$6244.71/month	\$14.76/SF
2022:	\$76,459.68/Year	\$6371.64/month	\$15.06/SF
2024:	\$77,982.72/Year	\$6498.56/month	\$15.36/SF
2025:	\$79,556.52/Year	\$6629.71/month	\$15.67/SF
2026:	\$81,130.44/Year	\$6760.87/month	\$15.98/SF

This lease is for a term of 60 months with 2% annual increases that are factored above. The lease also has an option to terminate providing a 90-day advanced written notice.

There is also a \$600 monthly utility fee, not included as part of rent, that will also be paid by CMHA-CEI.

MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

Excused:

Raul Gonzales

Expense Lease Extension: Wardcliff Drive

ACTION:

MOVED by Joe Brehler and SUPPORTED by Kay Randolph-Back that the Community Mental Health Authority, Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to extend the existing lease one additional month, and CMHA-CEI will pay Six Thousand Nine Hundred Seventy-Seven and 17/100 Dollars (\$6977.17) for the month of March, 2021 to Okemos Public Schools, 4406 N. Okemos Rd Okemos, Michigan 48864.

The revised lease termination date is now March 31, 2021.

MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

Excused:

Raul Gonzales

**Revenue Contract: New Lease - 616 Shiawassee Street, Lansing, Michigan 48933**

**ACTION:**

**MOVED by Joe Brehler and SUPPORTED by Kay Randolph-Back that the Community Mental Health Authority Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to enter into this new revenue lease contract: Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) as Owner/Landlord will lease the property at 616 Shiawassee Street Lansing, Michigan, 48933 to Child and Family Charities (CFC) whose address is 4287 Five Oaks Drive Lansing, Michigan, 48911, for the period of March 1, 2021 through September 30, 2022 in which CFC will pay as follows:**

**CFC shall pay to CMHA CEI for the premises during the period of March 1, 2021 through September 30, 2022, the sum of Sixteen Thousand Eight Hundred dollars (\$16,800.00) --per annum and payable in installments of One Thousand Four Hundred dollars and 00/100 (\$1400.00) --per month.**

**MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.**

**Excused:**

**Raul Gonzales**

**Expense Contract - Amended Funding: Training and Coaching in Trauma Focused Cognitive Behavioral Therapy**

**ACTION:**

**MOVED by Joe Brehler and SUPPORTED by Kay Randolph-Back that the Community Mental Health Authority Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to enter into contract renewal with the list of training consultants below to provide training and coaching in Trauma Focused-Cognitive Behavioral Therapy to CMHSP's and pay up to the amounts listed below for those services for the period of October 1, 2020 through September 30, 2021.**

<b>Provider</b>	<b>Maximum Annual Cost</b>
<b>Kelly Wilson, LMSW</b>	<b>\$30,500</b>
<b>Jennifer Wilgocki, MA</b>	<b>\$41,600</b>

**MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.**

Excused:

Raul Gonzales

Expense Contract Renewal: 44North Run Out Administrative Fees

ACTION:

MOVED by Joe Brehler and SUPPORTED by Alan Platt that the Community Mental Health Authority Clinton, Eaton, Ingham Board of Directors authorize CMHA-CEI to enter into a contract renewal with 44North to purchase administrative services for the CMHA-CEI Health Reimbursement Arrangement (HRA) claims run out period and pay of \$20.00 per month, per employee enrolled in CMHA-CEI HRA plans as of 12/31/2020 for those services, for the period of January 1, 2021 through April 30, 2021.

MOTION PASSED with 11 votes in favor. Members Present: Paul Palmer, Joe Brehler, Al Platt, Dwight Washington, Emily Stivers, Dianne Holman, Dale Copedge, Adam Matson, Kay Randolph-Back, Maxine Thome, Timothy Hanna.

Excused:

Raul Gonzales

Consumer Advisory Council

Kay Randolph-Back shared the February 4, 2021 meeting minutes. Two questions were asked and some of the answers will be addressed in the Annual Report. 1) What has been the most challenging thing during the COVID pandemic? 2) What accomplishments are you most proud of during the pandemic? An informative presentation was made regarding the Diversity Advisory Council, supporting equity and inclusion within CMHA-CEI. There was discussion of how CMHA-CEI is managing COVID 19 and proceeding through the stages of the Phase-In Recovery Plan. There was discussion of the Voices Newsletter. It shifted to being run by the Consumer Advisory Council (CAC), which is now its sponsor. There was discussion of another phase of development with that newsletter. Simone Taylor is the consumer member on MSHN's Regional Consumer Advisory Council and will begin attending their meetings every other month. There was an update regarding the CCBHC grant and process. A care manager will present on the CCBHC wellness component and how CMHA-CEI is implementing the CCBHC grant. Sara hopes there will be participation in the program for crossover between CAC and CCBHC. Michigan Department of Health and Human Services (MDHHS) put forward plan to redesign the Behavioral Health System. The MDHHS Director, Robert Gordon and a high level executive have since resigned. The new Director is Elizabeth Hertel.

Dwight stated wellness coaching sounds wonderful. Sara stated there are staff trained to implement it with consumers. CMHA-CEI has Health and Wellness Committee and a Trauma Workgroup working on wellness and burnout due to COVID-19.

Linda Matson thanked Sara for her help regarding the income she receives for participating in the CAC and its effect on her other income. She hopes that everyone who needs help for the same reason can get the help they need also.

Maxine dismissed at 6:55 p.m.

#### Human Resources Committee

No Meeting in February. The next HR Committee meeting is March 3<sup>rd</sup> at 5:30 p.m.

#### Recipient Rights Committee

No Meeting in February.

#### Executive Committee

No meeting in February.

#### Building and Sites Ad Hoc Committee

No meeting in February.

#### By-Laws Ad Hoc Committee

No meeting in February.

#### Community Access Committee

There was no meeting in February. The next meeting is March 22, 2021, at 5:30 p.m.

#### Unfinished Business

Kay Randolph-Back thanked staff for supplying the final version of the revised By-Laws with Paul Palmer's signature in the packet for all Board members. She stated when an Ad Hoc Committee completes its business, it does not have to follow any protocol to come to an end, it just ends. Paul Palmer thanked the By-Laws Ad Hoc Committee for their work.

#### New Business

None.

### Public Comment

Elizabeth Pratt from NAMI Lansing informed the Board of the *Ernie and Joe Crisis Cops* documentary screening and panel discussion on March 9<sup>th</sup> and 10<sup>th</sup>. CMHA-CEI is a co-sponsor, along with Lansing Police Department (LPD) and other groups. Ernie Stevens will be part of the discussion panel. March 10th there will be a community wide discussion of connecting services to have less law enforcement involvement overall. She emailed information and links to Board members. Kay Randolph-Back thanked Elizabeth for sharing the information and for NAMI's help on the Tri-County Crisis Intervention Team (CIT).

Aleshia Echols thanked Julie Vermett-Pollok for covering the Board of Directors meetings for her during her leave of absence.

Paul Palmer welcomed Aleshia Echols back and thanked Julie for all of her hard work.

Julie Vermett-Pollok expressed gratitude and stated it has been her pleasure.

Dwight Washington thanked Kay Randolph-Back for bringing up a current issue in Lansing. It does cause a lot of stress. He hopes CMHA-CEI can continue to be involved in that discussion.

### Adjournment

The meeting adjourned at 7:15 p.m. The next meeting is scheduled for Thursday, March 18, 2021, and will be held virtually beginning at 6:00 p.m.

Minutes Submitted by:  
Aleshia Echols,  
Executive Administrative Assistant

*jvp/aye*