

VOICES

Need Help?



Do you have any questions or need help accessing any part of this newsletter? Contact Customer Service at 517-346-8244 or customerservice@ceicmh.org.

Writer Spotlight




We are still taking submissions for our Writer Spotlight! Do you have a story, poem, joke, or something else that you think could be shared in a future issue of this newsletter?


Make submissions to Customer Service at 517-346-8244 or customerservice@ceicmh.org.

COVID-19 Vaccine Fact Sheet - ICHD Resource

The COVID-19 Vaccine Fact Sheet linked below was created by the Ingham County Health Department. You can download this resources in multiple languages by [clicking here](#) or clicking the image below.

COVID-19 Vaccine






Vaccines are now available to stop coronavirus disease 2019 (COVID-19). The vaccine prevents most people (roughly 95%) from getting sick with COVID-19. **The vaccine is free and requires two shots from the same manufacturer spaced 3-4 weeks apart.** Getting the vaccine can keep you healthy and stop the pandemic. Here are some important things to know about the vaccine.

It is not available to everyone yet.

It takes time to vaccinate everyone so the Advisory Committee on Immunization Practices (ACIP) and the State of Michigan created phases or prioritizations. People with high risk or who perform critical jobs will be the first people vaccinated.

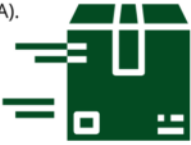
- **First (Phase 1A)**- Healthcare workers and people in nursing homes.
- **Second (Phase 1B)**- People over age 65 years and frontline essential workers in critical infrastructure
- **Third (Phase 1C)**- People age 16-64 with a health condition that puts them at high risk
- for serious COVID-19 sickness
- **Fourth (Phase 2)**- All people age 16 and older



At this time, the vaccine is not available to people under 16 years old.


It was developed quickly and safely.

Scientists have been working with other coronaviruses for many years and used that work as a starting point. No steps were skipped, but the timeline was shortened. Like other vaccines, the COVID-19 vaccine went through three clinical trials. Vaccine manufacturers began making the vaccine prior to authorization so it would be ready to ship as soon as it received an Emergency Use Authorization (EUA). Manufacturers will work to complete typical licensure.



There could be minor side effects for a day or so.

Vaccines cause your immune system to respond. This can cause some flu-like symptoms. This includes a low-grade fever, headache or just feeling a bit tired. Your arm may also be sore from the shot.




The vaccine cannot give you COVID-19 and it does not touch your DNA.

The vaccine teaches your body to recognize the virus that causes COVID-19 by getting it to make then destroy the proteins that are on the outside of the virus. The whole virus is not in the shot. It never enters your cells' nuclei (where your DNA is).

You still need to wear a mask, practice social distancing and wash your hands.

The vaccine is a powerful prevention tool, but until the pandemic is under control, we must continue to take all prevention measures.



HD.INGHAM.ORG/CORONAVIRUS

UPDATED : DECEMBER 28, 2020

Virtual Event: COVID-19- What People with Disabilities Need to Know

At this virtual event on Monday March 1st from 1:30-3:00PM, guest speaker Linda S. Vail, MPA-Health Officer, Ingham County Health Department will be discussing what people with disabilities need to know about COVID-19 at this point of the pandemic.

This event is hosted by Self-Advocates of Michigan (SAM). Self-Advocates of Michigan (SAM) is an advocacy organization comprised of people with developmental and intellectual disabilities (I/DD), working together to make a difference. Their mission is to empower with I/DD to advocate and ownership of their lives.

This event requires pre-registration. To register, [click here](#).



Virtual Event: COVID-19 Vaccine Town Halls

The State of Michigan is hosting a series of virtual town halls about the COVID-19 vaccine through Facebook Live on the [MDHHS Facebook page](#). Residents will have the opportunity to hear about the safety, efficacy, and importance of the COVID-19 vaccine for safely opening Michigan. The next MDHHS COVID-19 Vaccine Town Hall is scheduled for February 25th from 4-5pm, and will focus on the COVID-19 Vaccine and Communities of Color.

The 2/25 town hall will be moderated by Lieutenant Governor Garlin Gilchrist and feature the following speakers:

- Dr. Joneigh Khaldun, Michigan Department of Health and Human Services
- Charles Anderson, Urban League of Detroit and Southeastern Michigan
- Reverend Anthony, Detroit NAACP
- Dr. Lynn Smitherman, MD, Wayne Pediatrics
- Eva A. Garza Dewaelsche, SER Metro-Detroit, Jobs for Progress, Inc.
- Dr. Zafer I. Obeid, M.D., Arab American & Chaldean Council

Questions About COVID-19?



Call the COVID-19 Hotline at 888-535-6136,
7 days a week from 8 a.m. to 5 p.m.



Email COVID19@michigan.gov 24/7. Emails
will be answered 7 days a week, 8 a.m. to 5 p.m.



**Subscribe to e-newsletter updates
at Michigan.gov/Coronavirus.**



The most up-to-date and accurate information about COVID-19 can be found through local health departments and the CDC. Visit the websites of the following agencies by clicking the buttons below:

Ingham County
Health Department

Mid-Michigan District
Health Department

Barry-Eaton
Health Department

Michigan Department of
Health and Human Services

Centers for Disease
Control and Prevention

For news and information from CMHA-CEI, visit our website at www.ceicmh.org and Facebook page at www.facebook.com/CEICMH.