

## For Services, call or fax:

Phone: (517) 244-0393

Fax: (517) 244-9155

**Program Office Hours:** 8:00 a.m. to 5:00 p.m.  
Monday through Friday

All inquiries and services are held in the strictest confidence.

Recipients of substance use disorders services have rights protected by state and federal law and promulgated rules. For recipient rights information please contact the Community Mental Health Authority (CMHA-CEI), Substance Abuse Services (SAS) Recipient Rights Advisor, Julie Vermett-Pollock at (517) 676-4905; or the Regional Recipient Rights Consultant of Mid-State Health Network at (517) 657-3011.

## Staffing

The program provides a multi-disciplinary team of staff who monitor the facility on a 24 hour basis. Treatment staff include a Program Coordinator, Mental Health Therapists (Masters Level), Client Services Specialists (Bachelors Level), Registered Nurse and ancillary staff of Community Mental Health Authority of Clinton, Eaton and Ingham counties (CMHA-CEI). All staff have experience working with substance use disorder (SUD) individuals involved with the criminal justice system and are trained in Cognitive Behavioral Treatment (CBT) and Trauma Information Care.



All programs are smoke free environments.

*Licensed by the State of Michigan to provide substance use disorder treatment services.*

*Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)*

Quenton Lerma, LLMSW, CAADC  
Program Coordinator

Ericanne Spence, LMSW, CAADC, CCS-M  
SAS Program Director

Phone: (517) 244-0393 Fax: (517) 244-9155  
Email: [substanceabuseservices@ceicmh.org](mailto:substanceabuseservices@ceicmh.org)

## Community Mental Health

House of Commons  
706 Curtis Street  
Mason, Michigan 48854



**Community**  
MENTAL HEALTH  
CLINTON • EATON • INGHAM

# House of Commons

*Residential Substance Abuse Treatment Program*

*"The greatest discovery of my generation is that a human being can alter his life by altering his attitude." William James.*



## House Of Commons

The House of Commons (HOC) has been a well respected leader in the substance abuse treatment field for more than 30 years. The program helps adult males change their lives by providing the requisite tools for establishing and maintaining a drug free and crime free lifestyle.

### Program Philosophy

The House of Commons treats substance use disorders (SUD) as a disease that affects an individual biologically, psychologically and socially. The thinking associated with this disease interferes with healthy functioning. Using Cognitive Behavioral Treatment (CBT) as the primary intervention, change and self-efficacy is possible and individuals can become productive members of their community. HOC works to create a co-occurring capable system that is welcoming, person-centered, recovery oriented, culturally competent and trauma-informed. SAS programs encourage, support & guide individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Recover (MAR).

### Fees

A sliding fee scale is available which allows individuals to obtain services based on ability to pay. Publically funded health coverage is accepted. If you have any questions regarding coverage or payment, please call the program directly. Individuals with ability to pay privately are accepted.

### Program Eligibility Criteria

The program uses the American Society of Addiction Medicine (ASAM) Patient Placement Criteria to determine if an individual is appropriate for a residential level of care. Additionally, the program's funding sources have guidelines for admission to treatment. Dependent upon funding source, admission criteria may include that the individual:

- ◆ Meets diagnostic criteria for a defined substance use disorder.
- ◆ Is referred by appropriate authorization source.
- ◆ Is sufficiently motivated.

### Non-Program Eligibility Criteria

HOC does not accept individuals convicted of criminal sexual conduct.

HOC reviews all warrants, holds or detainers from other jurisdictions prior to admission. Individuals involved with the courts must sign a release of information to the court upon admission.

HOC does not accept individuals with untreated medical or psychiatric conditions.

### Treatment Modality

The program emphasizes Cognitive Behavioral skill building utilizing the following:

#### Cognitive Behavioral Skill Building Process Group

- A 24 session course on identifying and changing thinking patterns that lend themselves to self destructive behaviors.

Anger Management - A 12 week course using a CBT format to assist clients in managing anger.

Relapse Prevention Group - A 10 week course that assists the client in identifying relapse triggers and developing a comprehensive plan to prevent relapse.

Combating Antisocial Personality Group - An 11 week course to educate clients about this disorder, how it affects recovery and ways to change thinking and behavior associated with this disorder.

Socialization Group - Relationship skills building.

Life Skills Group - Lecture series on important topics for recovering individuals.

Men's Trauma Recovery and Empowerment Model (M-TREM) - Group based intervention designed to facilitate trauma recovery among men with histories of exposure to sexual and physical abuse.