

Frances Park

2023



# Tri-County Recreational Resource Directory



**Community**

MENTAL HEALTH  
CLINTON • EATON • INGHAM

Together we can.



**Community**

MENTAL HEALTH  
CLINTON • EATON • INGHAM

## **Connect with CMHA-CEI!**

Access Services: (517) 346-8318

Crisis Services: (517) 346-8460

Customer Service: (517) 346-8244

Recipient Rights (517) 346-8249

## **Community Mental Health Authority of Clinton, Eaton, and Ingham Counties**

812 East Jolly Road  
Lansing, MI 48910

<http://www.ceicmh.org/>

<http://www.facebook.com/ceicmh>

## **Train with CMHA-CEI!**

### **Mental Health First Aid (MHFA)**

Mental Health First Aid is a program that teaches participants to identify, understand, and respond to signs of mental health and substance use challenges among adults. The training gives individuals the skills and confidence they need to reach out and provide initial support to those who are struggling and connect them to the appropriate resources. All are welcomed, no experience or knowledge required.

For more information contact the Prevention and Wellness Specialist at [prevention@ceicmh.org](mailto:prevention@ceicmh.org) or 517-887-5232.

### **Question, Persuade, Refer (QPR)**

QPR is a one-hour training that teaches participants to recognize the signs of suicide and the steps to getting a person to help. All are welcomed, no experience or knowledge required.

For more information contact the Prevention and Wellness Specialist at [prevention@ceicmh.org](mailto:prevention@ceicmh.org) or 517-887-5232.

**Register for CMHA-CEI Trainings on Eventbrite at: <http://bit.ly/CEI-events>**



# About

## About the Recreation Resource Directory

In 2014, the Centers for Medicare and Medicaid Services published new rules regarding the delivery of Medicaid's Home and Community Based Services (HCBS) waiver programs. These rules aim to improve the individual's experience in HCBS programs by fostering community inclusion and enhancing independence.

In 2019, in the spirit of supporting consumers and staff in these new rules, Community Mental Health Authority of Clinton, Eaton, and Ingham (CMHA-CEI) Prevention and Outreach staff developed this directory to highlight local opportunities for recreation and leisure.

Opportunities and activities listed in the directory include things like swimming, libraries, and community centers - many of which are free or low cost.

It is the hope of CMHA-CEI that this resource will be something individuals and families can look at regularly to find helpful resources and interesting activities in their communities.

## Questions

For questions regarding this directory, please contact [prevention@ceicmh.org](mailto:prevention@ceicmh.org) or customer service at (517) 346-8244.

For all other assistance, please connect to Michigan 2-1-1 by dialing 211 or 844-875-9211. This free service will connect you to help and answers from thousands of health and human services agencies. Michigan 2-1-1 is confidential, available 24/7 and offers translation services for over 180 languages.

## Directory Key

-  Indicates free or no cost
-  Indicates special accessibility note



2.1.1

Updated in 2023

# Table of Contents

<b>Advocacy and Other Services</b>	<b>1</b>
<b>Arts</b>	<b>6</b>
<b>Bowling</b>	<b>12</b>
<b>Cider Mills</b>	<b>14</b>
<b>Community Centers</b>	<b>16</b>
<b>Education</b>	<b>19</b>
<b>Entertainment</b>	<b>20</b>
<b>Farmers Markets</b>	<b>26</b>
<b>Fitness</b>	<b>31</b>
<b>Gardening</b>	<b>33</b>
<b>Libraries</b>	<b>42</b>
<b>Museums</b>	<b>49</b>
<b>Music Therapy</b>	<b>52</b>
<b>Nutrition</b>	<b>53</b>
<b>Parks</b>	<b>55</b>
<b>Senior Centers</b>	<b>63</b>
<b>Swimming</b>	<b>65</b>
<b>Therapeutic Riding</b>	<b>67</b>
<b>YMCA's</b>	<b>68</b>
<b>Zoos</b>	<b>69</b>

# Advocacy and Other Services

**For a more expansive list of community resources, please contact CMHA-CEI Customer Service at (517) 346-8244.**



## **ASPPIRE of Mid-Michigan**

Adaptive Social Program Providing Instruction, Recreation, and Enrichment (ASPPIRE) provides support services and programs to adults with disabilities.

Fairlane Professional Building  
3815 West Saint Joseph Street, Suite C #300  
Lansing, MI  
(989) 272-2977  
asppire.org



## **Association for Children's Mental Health**



Statewide, non-profit family organization dedicated to meeting the needs of families of children and youth with mental, emotional, or behavioral disorders.

6017 West Saint Joseph Highway, Suite #200  
Lansing, MI  
(517) 372-4016  
www.acmh-mi.org



## **Big Brothers Big Sisters - Michigan Capitol Region**



A program for children that helps them reach their full potential through adult mentorship.

7200 W Saginaw Hwy, Suite 1  
Lansing, MI 48917  
(517) 372-0160  
www.bbbsmcr.org

# Advocacy and Other Services



## **Capital Area Down Syndrome Association**

Resources, education, and advocacy for individuals living with Down syndrome and their families.



808 West Lake Lansing Road, Suite #101  
East Lansing, MI  
(517) 333-6655  
[www.cadsa.org](http://www.cadsa.org)



## **Capital Area Michigan Works!**

Michigan Works! provides jobseekers the support, training and services they need to get back to work, find new employment, obtain needed credentials, and more.



2110 South Cedar Street  
Lansing, MI  
(517) 492-5500

1501 Glastonbury Drive  
St. Johns, MI  
(989) 224-2000

945 Reynolds Road  
Charlotte, MI  
(517) 816-6980

[www.cadsa.org](http://www.cadsa.org)



## **Cristo Rey Community Center**

Community center with food and clothing access, medical care, financial counseling, mental health services, and more.



1717 North High Street  
Lansing, MI  
(517) 372-4700  
[www.cristoreycommunity.org](http://www.cristoreycommunity.org)

# Advocacy and Other Services



## **Disability Network Capital Area**

Advocacy, health, employment services and classes.



901 E Mt Hope Ave  
Lansing, MI 48910 (517)  
999-2760  
[www.dncap.org](http://www.dncap.org)



## **Justice in Mental Health Organization (JIMHO)**

Drop-in center, advocacy, and assistance to those suffering from a mental illness through peer-support.



520 Cherry Street  
Lansing, MI (517)  
371-4661  
[www.jimho.net](http://www.jimho.net)



## **Michigan Bureau of Services for Blind Persons**

BSBP provides vocational skills training to aid in finding a job and training in daily living skills for people who are blind or visually impaired

702 West Kalamazoo Street  
P.O. Box 30652  
Lansing, MI  
(517) 241-1100  
[www.michigan.gov/BSBP](http://www.michigan.gov/BSBP)

# Advocacy and Other Services

 **Michigan Department of Education – Low Incidence Outreach (MDE-LIO)**

 Provides consultation, training, and resources to families and educational teams serving students who are Blind or Visually Impaired (BVI) and/or Deaf or Hard of Hearing (DHH).

702 West Kalamazoo Street  
P.O. Box 30742  
Lansing, MI  
(517)241-7083  
mdelio.org

 **Michigan Disability Rights Coalition**

 Disability rights organizing and advocacy.

 3498 East Lake Lansing Road, Suite #100  
East Lansing, MI  
(800) 578-1269  
www.mymdrc.org

 **Michigan Rehabilitation Services**

 Provides specialized employment and education related services to assist teens and adults with disabilities.

1048 Pierpont, Suite #1  
Lansing, MI  
(517) 241-5122  
www.michigan.gov/mrs

 **National Association for the Advancement of Colored People (NAACP) Lansing Branch**

 Advocacy events related to racial equity.

 500 East Thomas Street, Suite #95  
Lansing, MI  
(517) 484-9171  
www.lansingnaacp.org

# Advocacy and Other Services

## **National Alliance on Mental Illness (NAMI) Lansing**

- Ⓢ Serves individuals and families who are affected by neurobiological brain disorders through support, education, advocacy, and research.



3500 South Cedar Street, Suite #110  
Lansing, MI  
(517) 484-3404  
[www.namilansing.org](http://www.namilansing.org)

## **Peckham**



- Provides job training opportunities for persons with significant disabilities and other barriers to employment.



3510 Capital City Blvd  
Lansing, MI  
(517) 316-4000  
[www.peckham.org](http://www.peckham.org)

## **Suits and the City**



- Promotes the interest of LGBTQ+ individuals through education and advocacy, and increases the visibility of LGBTQ+ individuals in the community.



Locations vary depending on event  
PO Box 16201, Lansing, MI 48901  
[info@suitsandthecity.org](mailto:info@suitsandthecity.org)  
[www.suitsandthecity.org](http://www.suitsandthecity.org)

## **Tri-County Office on Aging**



- Information and services on topics of importance to older adults and persons with disabilities such as housing, financial eligibility for programs, in-home services and long term care options.



5303 South Cedar, Building 1  
Lansing, MI  
(517) 887-1440  
[www.tcoa.org](http://www.tcoa.org)

# Arts

## **Alt Printing Co**

Screen printing shop offering classes and events.

1139 Washington Ave  
Lansing, MI  
(517) 388-3558  
altprintingco.com



## **Arts Council of Greater Lansing**

Arts-related programs and events.



1208 Turner Street  
Lansing, MI  
(517) 372-4636  
lansingarts.org



## **Art from the Heart (Peckham)**

Supportive art instruction and exhibit opportunities.

3510 Capital City Boulevard  
Lansing, MI  
(517) 316-4000  
www.peckham.org/programs-services/client-services



## **Casa de Rosado Galeria and Cultural Center**

Works to preserve and advance Michigan's Latinx, Chicanx, caribbean, and indigena visual and performance artists through exhibits, workshops, media production, and special events.

204 E Mt Hope Ave  
Lansing, MI  
(517) 402-0282  
www.facebook.com/casaderosado

# Arts

## **Cedar Street Art Collective**

Art classes and gallery featuring local artists.

1701 South Cedar Street  
Lansing, MI  
(517) 402-2497  
[www.cedarstreetartcollective.com](http://www.cedarstreetartcollective.com)

## **Clinton County Arts Council**

Art classes, concerts and performances, and local art featured in the Art & Soul Gallery

215 North Clinton Avenue  
St. Johns, MI  
(989) 224-2429  
[clintoncountyarts.org](http://clintoncountyarts.org)

## **Country Stitches**

Sewing and quilting supply store with events and programs.

2200 Coolidge Road #7  
East Lansing, MI  
(517) 351-2416  
[www.countrystitches.com](http://www.countrystitches.com)

## **Delphi Creativity Center**

Glass art supplies and classes.

3380 East Jolly Road  
Lansing, MI  
(517) 394-4685  
[www.delphiglass.com](http://www.delphiglass.com)

# Arts

## **DNCAP Creates**



Disability Network Capital Area (DNCAP) Creates provides opportunities in the visual arts for individuals with disabilities.

901 East Mount Hope Avenue  
Lansing, MI 48910  
(517) 999-2760  
[www.dncap.org](http://www.dncap.org)

## **Greater Lansing Potters' Guild**

Ceramics Studio with classes, memberships, and events.

8099 Coleman Road  
Haslett, MI  
(517) 339-8978  
[www.greaterlansingpottersguild.org](http://www.greaterlansingpottersguild.org)

## **The Hen House Quilt Shop**

Quilt shop with classes and events.

211 South Cochran Avenue  
Charlotte, MI  
(517) 543-6454  
[www.thehenhousemi.com](http://www.thehenhousemi.com)

## **Lansing Art Gallery and Education Center**



Gallery, arts and crafts classes, Art Has No Barriers class especially designed to be inclusive to those living with disabilities



119 North Washington Square  
Lansing, MI  
(517) 374-6400  
[www.lansingartgallery.org](http://www.lansingartgallery.org)

# Arts

## **MSU Broad Art Museum**

- Ⓢ Contemporary art gallery, arts and crafts classes and programs.  
Accessible building and special accommodations can be requested.



547 East Circle Drive  
East Lansing, MI  
(517) 884-4800  
[broadmuseum.msu.edu](http://broadmuseum.msu.edu)

## **Odd Nodd Art Supply**

Art supply store

317 E Cesar E Chavez Ave  
Lansing, MI  
(517) 258-2509  
<https://oddnodd.com/>

## **Playing Picasso**

Pottery painting studio with special events

300 North Clippert, Suite #15A  
Lansing, MI  
(517) 203-0151  
[playingpicasso.com](http://playingpicasso.com)



## **REACH Studio Art Center**

Variety of arts classes and community events.  
Sliding scale fees available.

1804 South Washington Avenue  
Lansing, MI  
(517) 999-3643  
[www.reachstudioart.org](http://www.reachstudioart.org)

## **(SCENE) Metrospace**



Art gallery space that hosts 6-week long contemporary art exhibits.  
Gallery space is handicap accessible.

110 Charles Street  
East Lansing, MI  
[art.msu.edu/galleries/scene-metrospace](http://art.msu.edu/galleries/scene-metrospace)

## **Sticks and Strings**

Yarn shop with crochet and knitting classes.

1107 North Washington Avenue  
Lansing, MI  
(517) 372-1000  
[www.sticksandstringslansing.com](http://www.sticksandstringslansing.com)

## **Sunset Clay Studio**

Ceramics studio with workshops and memberships.

1820 Sunset Avenue, #203  
Lansing, MI  
(517) 282-9850  
[www.sunsetclaystudio.com](http://www.sunsetclaystudio.com)

## **Windwalker Underground Gallery**

Art and culture center with community events and programs.

125 South Cochran Avenue  
Charlotte, MI  
(517) 983-2366

# Arts



## **Woven Art Shop**

Yarn shop with knitting, crocheting, spinning, and weaving classes.  
Wheelchair accessible.

325 Grove Street, Suite B  
East Lansing, MI  
(517) 203-4467  
[www.wovenartshop.com](http://www.wovenartshop.com)

## **The Yarn Garden**

Yarn shop with classes and activities.

131 South Cochran Avenue  
Charlotte, MI  
(517) 541-9323  
[www.yarngardenmichigan.com](http://www.yarngardenmichigan.com)

## **Wheel House Studio**

Pottery studio with classes and special events.

1103 South Washington Avenue  
Lansing, MI  
(517) 712-9013  
[www.wheelhouse.studio](http://www.wheelhouse.studio)

# Bowling

## **Charlanes**

Events, open bowling, and leagues.

1780 Lansing Road  
Charlotte, MI  
(517) 543-6774  
[www.charbowlinglanes.com](http://www.charbowlinglanes.com)

## **City Limits Bowling Center**

Open bowling and leagues.

2120 East Saginaw Highway  
East Lansing, MI  
(517) 377-7000  
[www.mycitylimits.com](http://www.mycitylimits.com)

801 North Cedar Street  
Mason, MI  
(517) 244-1090  
[www.mycitylimits.com](http://www.mycitylimits.com)

## **E-lanes**

Open bowling and leagues.

252 North Main Street  
Fowler, MI  
(989) 593-2230

## **Royal Scot Golf & Bowl**

Bowling, golf, and event space

4722 West Grand River Avenue  
Lansing, MI  
(517) 321-3071  
[www.royalscot.net](http://www.royalscot.net)

# Bowling

## **Spare Time Entertainment Center**

Bowling, leagues, arcade, escape rooms, bumper cars and more!

3101 East Grand River Avenue

Lansing, MI

(517) 337-2695

[www.sparetimelansing.com](http://www.sparetimelansing.com)

## **Stockbridge Bowl**

Open bowling and leagues.

900 South Clinton Street

Stockbridge, MI

(517) 851-7077

# Cider Mills

## **Barkham Creek Farms**

- Ⓢ Family owned and operated cider mill with pumpkins and season events. No cost to attend but you can choose to make purchases.

181 Haslett Road  
Haslett, MI  
(517) 339-9939

## **Cottage Creek Orchard**

- Ⓢ Seasonal apples, cider, pumpkins, and special events. No cost to attend but you can choose to make purchases.

1073 Okemos Road  
Mason, MI  
(517) 528-6866  
[www.cottagecreekorchard.com](http://www.cottagecreekorchard.com)

## **Country Mill**

- Ⓢ Events, u-pick fruits, tours, wagon rides, refreshments. No cost to attend but can choose to make purchases.

4648 Otto Road  
Charlotte, MI  
(517) 543-1019  
[www.countrymillfarms.com](http://www.countrymillfarms.com)

## **Phillips Orchards and Cider Mill**

- Ⓢ Cider Mill with seasonal u-pick apples, pumpkins and seasonal activities. No cost to attend but you can choose to make purchases.

1995 East Gratiot County Line Road  
St. Johns, MI  
(989) 292-5252  
[www.phillipsorchards.com](http://www.phillipsorchards.com)

# Cider Mills



## **Uncle John's Cider Mill**

Special events and entertainment, hayrides, corn maze, and seasonal refreshments and treats. No cost to attend but you can choose to make purchases.

8614 US-127

St. Johns, MI

(989) 224-3686

[www.ujcidermill.com](http://www.ujcidermill.com)

# Community Centers



## **Allen Neighborhood Center**



Neighborhood hub with food and housing services, classes, special events, community garden, fitness programs, and more. Many activities are no cost.

1611 East Kalamazoo Street  
Lansing, MI  
(517) 367-2468  
<https://allenneighborhoodcenter.org/>



## **Dewitt Township Community Center**

Community sports and recreation opportunities. ADA accessible.

16101 Brook Road  
Dewitt, MI  
(517) 482-5117

## **East Lansing Hannah Community Center**

Fitness center, gymnasiums, swimming, and a variety of classes and programs.

819 Abbot Road  
East Lansing, MI  
(517) 333-2580  
[www.cityofeastlansing.com/824](http://www.cityofeastlansing.com/824)



## **East Olive Community Center**



Community events and programs. Most activities are no cost.

2583 Green Road  
St. Johns, MI  
(517) 214-5492  
[www.facebook.com/FriendsOfEastOlive/](http://www.facebook.com/FriendsOfEastOlive/)

# Community Centers

## **Foster Center**

Community center with gym, computer lab, game room, dance and martial arts programs, and more! Many activities are no cost.

200 North Foster  
Lansing, MI  
(517) 483-4233  
[www.lansingmi.gov/488](http://www.lansingmi.gov/488)

## **Gier Community Center**

 Community center with gym, basketball court, batting cage, BMX track, game room, climbing wall, and more! Many activities are no cost. ADA Accessible.

2400 Hall Street  
Lansing, MI  
(517) 483-4313  
[www.lansingmi.gov/488](http://www.lansingmi.gov/488)

## **Letts Community Center**

Community center with gym, gaming room, senior programs, community garden, and more! Many activities are no cost.

1220 West Kalamazoo Street  
Lansing, MI  
(517) 483-4311  
[www.lansingmi.gov/488](http://www.lansingmi.gov/488)

## **Salus Center**

 LGBTQ+ Community Center. Gathering space and information hub for LGBTQ+ individuals.



408 S Washington Square  
Lansing, MI  
(517) 580-4593  
[www.saluscenter.org](http://www.saluscenter.org)

# Community Centers

## **Schmidt Community Center**

Ⓢ Community center with game room, gym, senior program, and pool. Many activities are no cost.

5825 Wise Road  
Lansing, MI  
(517) 483-6686  
<https://www.lansingmi.gov/488>

## **South Side Community Coalition**

Ⓢ Community center with educational programs, job training, and health and recreational programs for youth, families and seniors.

2101 West Holmes  
Lansing, MI  
(517) 394-7400  
[www.southsidecommunitycoalition.com](http://www.southsidecommunitycoalition.com)

# Education



## **Friendship House MSU**

A safe place for Michigan State University international students, faculty, scholars, and accompanying family members to learn English as a second language.

929 Sever Drive  
East Lansing, MI  
(517) 657-7778  
friendshiphousemsu@gmail.com  
<https://friendshiphousemsu.global>



## **Holt Community Education**

Educational and enrichment opportunities for adults, kids, and families.



4552 Spahr Avenue  
Holt, MI  
(517) 694-3411  
[www.holtcommunityed.com](http://www.holtcommunityed.com)



## **Potter Park Zoo FALCONERS**

Monthly events for individuals with special needs (such as autism or developmental disabilities) and their families to have an enriching experience in a safe and welcoming environment.

1301 South Pennsylvania Avenue  
Lansing, MI  
(517) 342-2751  
[www.potterparkzoo.org/falconers](http://www.potterparkzoo.org/falconers)

## **Todd Martin Youth Leadership (TMYL)**

Provides educational, life skills and leadership programming for children and youth. Located inside the Letts Community Center.

1220 West Kalamazoo Street  
Lansing, MI  
(517) 483-4021  
[www.tmyl.org](http://www.tmyl.org)

# Entertainment



## **Abrams Planetarium**

Planetarium with shows, astronomy, and space science education resource center for central Michigan. The Planetarium offers sensory-friendly shows.

Public shows are free with Museums for All initiative (with valid SNAP, Medicaid, or WIC card and photo ID)

755 Science Road  
East Lansing, MI  
(517) 355-4672  
[www.abramsplanetarium.org](http://www.abramsplanetarium.org)

## **Black Box Theatre**

Lansing Community College theatre space that hosts performance arts productions.

411 North Grand Avenue, Room 1422  
Lansing, MI  
(517) 483-1122  
<https://www.lcc.edu/services/community-campus-resources/performing-arts/>



## **Breslin Student Events Center**

Educational and entertainment events. Can request sign language interpreter (in advance) and assisted listening devices.

534 Birch Road  
East Lansing, MI  
(517) 432-1989  
[www.breslincenter.com](http://www.breslincenter.com)



## **Celebration Cinema**

Movie theater with sensory friendly movie-screenings.

200 East Edgewood Boulevard  
Lansing, MI  
(517) 272-9289  
[www.celebrationcinema.com](http://www.celebrationcinema.com)

# Entertainment

## **Dart Auditorium (DRT)**

Lansing Community College auditorium with performance arts events, guest speakers, and civic activities.

500 North Capitol Avenue

Lansing, MI

(517) 483-1122

[www.lcc.edu/services/community-campus-resources/performing-arts](http://www.lcc.edu/services/community-campus-resources/performing-arts)

## **Dewitt Family Golf Center**

Mini-golf, indoor-golf, and driving range.

11890 Old US-27

Dewitt, MI

(517) 669-3075

[www.dewittgolfcenter.com](http://www.dewittgolfcenter.com)

## **Edru Skate**

Roller skating classes, open skate, and special events.

1891 North Cedar Street

Holt, MI

(517) 699-2438

[www.edruskate.com](http://www.edruskate.com)

## **Funtyme Adventure Park**

Game room, mini golf, go-karting, batting cages, and driving range.

6295 East Saginaw Highway

Grand Ledge, MI

(517) 627-6607

[www.funtymeparks.com](http://www.funtymeparks.com)

# Entertainment

## **Jumpin' Jax Bounce Arena**

Indoor inflatable bounce arena for children ages 2-12.

1475 Lake Lansing Road  
Lansing, MI  
(517) 372-4200  
[jumpinjaxbouncearena.com](http://jumpinjaxbouncearena.com)

## **Lansing Lugnuts**

Baseball games, some sensory-friendly games

505 East Michigan Avenue  
Lansing, MI  
(517) 485-4500  
[www.milb.com/lansing](http://www.milb.com/lansing)

## **Launch Trampoline Park**

Escape room, ninja course, arcade, laser tag, trampoline courts, and more!

1982 West Grand River Avenue  
Okemos, MI  
(517) 381-7812  
[launchtrampolinepark.com/lansing](http://launchtrampolinepark.com/lansing)

## **MSU Pavilion for Agriculture and Livestock Education**

Events and entertainment including the Spartan Stampede, Lansing Home and Garden Show, and more. Cost depends on specific event.

1290 Anthony Hall  
East Lansing, MI  
(517) 432-5566  
[www.canr.msu.edu/pavilion](http://www.canr.msu.edu/pavilion)

# Entertainment

## **MSU College of Music**

Concerts, recitals and events open to public. Many free and low cost offerings. Multiple venue options.

333 West Circle Drive  
East Lansing, MI  
(517) 353-5340  
<https://www.music.msu.edu/event-listing>

## **NCG Cinema**

✓ Movie theater with sensory-friendly movie screenings.

2500 Showtime Drive  
Lansing, MI  
(517) 316-9100  
[www.ncgmovies.com/lansing](http://www.ncgmovies.com/lansing)

## **Preuss Pets**

Ⓢ Large interactive pet store with special educational events. No cost to visit but you can choose to make purchases.

1127 North Cedar Street  
Lansing, MI  
(517) 339-1762  
[www.preusspets.com](http://www.preusspets.com)

## **River Town Adventure**

Bike Rentals and Kayak and Canoe adventures. Kayak and Canoe adventures range from beginner-friendly paddling to expert level paddling.

530 River Street  
Lansing, MI  
(517) 253-7523  
<https://rivertownadventures.com>

# Entertainment

## **Studio C! Meridian Mall**

Movie theater with sensory-friendly movie screenings.

1999 Central park Drive

Okemos, MI

[celebrationcinema.com/cinemas/Studio-C-Meridian-Mall](http://celebrationcinema.com/cinemas/Studio-C-Meridian-Mall)

## **Suburban Ice East Lansing**

Ice skating rink with classes, open skate, hockey and more.

2810 Hannah Boulevard

East Lansing, MI

(517) 336-4272

[www.suburbaniceeastlansing.com](http://www.suburbaniceeastlansing.com)



## **Wharton Center for Performance Arts**

Performance arts venue. Multiple accessibility services available, including accessible parking, seating and restrooms, assistive listening devices, sensory kits, large print programs, and more.

750 East Shaw Lane

East Lansing, MI

Local: (517) 432-2000

Toll-free: 1 (800) WHARTON (1-800-942-7866)

[www.whartoncenter.com](http://www.whartoncenter.com)

## **Wilson Center Auditorium**

Venue with multiple kinds of events, including rock concerts, theatre productions, and school band performances.

101 West Cass Street

St. Johns, MI

(517) 221-3796

[wilsoncenterauditorium.org](http://wilsoncenterauditorium.org)

# Entertainment

## **Zap Zone**

Various activities including glo golf, laser tag, trampolines, bear factory, and bumper cars.

936 East Mall Drive  
Lansing, MI  
(517) 327-0747  
[www.zap-zone.com/lansing](http://www.zap-zone.com/lansing)

# Farmers Markets

## **Allen Farmers Market**

 Farmers market; accepts cash, SNAP, Double Up Food Bucks, WIC, and Market Fresh coupons, and credit/ debit cards; Wednesdays 3:00-6:00pm, year-round. Special events and guests. No cost to attend (but can choose to make purchase)

1629 East Kalamazoo  
Lansing, MI  
(517) 367-2468  
[www.allenneighborhoodcenter.org](http://www.allenneighborhoodcenter.org)

## **Bath Farmers Market**

 Farmers market; Thursdays 3-7 pm, year-round. No cost to attend (but can choose to make purchase)

Winter market (Nov-Apr)  
5959 Park Lake Road  
Bath, MI

Summer market (May-Oct)  
13751 Main Street  
Bath, MI  
[www.shopbfm.org](http://www.shopbfm.org)

## **Bellvue Farmers Market**

 Farmers market; accepts cash, credit and debit cards, SNAP, Double Up Food Bucks, WIC; Thursdays 3-6 pm; June-September. No cost to attend (but can choose to make purchase)

200 Block Main Street  
Bellvue, MI  
(269) 763-9571

# Farmers Markets



## **Charlotte Artisans and Farmers Market**

Farmers market; Thursdays 2PM - 6PM May - October.  
No cost to attend (but can choose to make purchase)

100 West Lawrence Avenue  
Charlotte, MI  
(517) 543-8853  
[www.micharlotte.org/farmers-market](http://www.micharlotte.org/farmers-market)



## **Dimondale Farmers Market**

Farmers market; accepts cash, Project Fresh, Market Fresh,  
Bridge Cards and Double Up Food Bucks.  
Thursdays June-Sept from 3-7 p.m. and during October from 3-6  
p.m. No cost to attend (but can choose to make purchase)

136 North Bridge Street  
Dimondale, MI  
(517) 646-0230  
[www.villageofdimondale.org/general-3](http://www.villageofdimondale.org/general-3)



## **Downtown Dewitt Farmers Market**

Farmers market: accepts SNAP Tuesdays, June-October, 4:00-  
7:00pm. No cost to attend (but can choose to make purchase)

414 E West Main Street  
Dewitt, MI  
(517) 624-0285  
[dda.dewittmi.gov/farmers-market/](http://dda.dewittmi.gov/farmers-market/)



## **East Lansing Farmers Market**

Farmers market; accepts SNAP; Sundays June-Oct from 10 am - 2  
pm. No cost to attend (but can choose to make purchase)

Valley Court Park  
280 Valley Court  
East Lansing, MI  
(517) 319-6823  
[www.cityofeastlansing.com/farmersmarket](http://www.cityofeastlansing.com/farmersmarket)

# Farmers Markets



## **Eastern Ingham Farmers Market**

Farmers market; Sundays 10 am-2 pm, May-October. No cost to attend (but can choose to make purchase)

McCormick Park  
123 High St  
Williamston, MI  
(616) 916-9823  
[www.easterninghamfarmersmarket.org](http://www.easterninghamfarmersmarket.org)



## **Eaton Rapids Community Market**

Farmers market; Saturdays June-Sept 8:00am-1:00pm. No cost to attend (but can choose to make purchase)

East Hamlin Street Area – Downtown  
Eaton Rapids, MI



## **Farmers Market at the Capitol**

Farmers market; accepts cash, credit and debit cards, and SNAP; Dates and times vary throughout the year. No cost to attend (but can choose to make purchase)

East Lawn of the Michigan State Capitol Building  
100 N Capitol Ave,  
Lansing, MI  
(517) 432-3381



## **Holt Farmers Market**

Farmers market; accepts cash, SNAP, and credit and debit cards; Saturdays year round from 9:00AM-2:00PM. No cost to attend (but can choose to make purchase)

2150 Cedar Street  
Holt, MI  
(517) 268-0024  
[www.holtfarmersmarket.org](http://www.holtfarmersmarket.org)

# Farmers Markets



## **Market on the Grand**

Farmers market; Saturdays May - September from 9:00 AM - 1:00 PM. No cost to attend (but can choose to make purchase)

Jaycee Park  
525 East River Street  
Grand Ledge, MI  
(517) 627-2383  
[grandledgechamber.com/market\\_on\\_the\\_grand.php](http://grandledgechamber.com/market_on_the_grand.php)



## **Mason Farmers Market**

Farmers market; Saturdays July – September from 9:00 AM – 1:00 PM.

Lee Austin Park  
320 West Ash Street  
Mason, MI  
(517) 676-9155



## **Meridan Township Farmers Market**

Farmers market; accepts SNAP, cash, credit and debit cards, Double Up Food Bucks, WIC Project FRESH and Senior Project FRESH/Market FRESH coupons; Year-round, Saturdays, 8:00am-2:00pm; No cost to attend (but can choose to make purchase)

1995 Central Park Dr  
Okemos, MI  
(517) 712-2395  
[www.meridian.mi.us/visitors/things-to-do/try-our-farmers-market](http://www.meridian.mi.us/visitors/things-to-do/try-our-farmers-market)

# Farmers Markets



## **Open Air Market of Stockbridge**

Farmers market; Fridays May-October from 4:00PM-7:00PM.  
No cost to attend (but can choose to make purchase)

South Clinton Street & West Main Street  
Stockbridge, MI  
(517) 851-7437  
[www.stockbridgemarket.org](http://www.stockbridgemarket.org)



## **South Lansing Farmers Market**

Farmers Market; Accepts cash, credit cards, electronic payments, SNAP, Double Up Food Bucks, WIC Project Fresh, and Senior Market Fresh. No cost to attend (but can choose to make purchase)

5016 South Martin Luther King Jr Boulevard  
Lansing, MI  
(517) 374-5700  
[www.southlansing.org/FarmersMarket/tabid/350/Default.aspx](http://www.southlansing.org/FarmersMarket/tabid/350/Default.aspx)



## **St. Johns Farmers Market**

Farmers market; accepts SNAP; Saturdays 8am-noon June-October. No cost to attend (but can choose to make purchase)

100 Maple Street  
St. Johns, MI  
(989) 227-1717

**For an expansive list of resources in Ingham County and the surrounding area, see the Ingham County Food Resource Directory, created by the Ingham County Health Department. Scan the QR code with your phone's camera to access the directory.**



# Fitness

## **ALIVE Charlotte**

- Ⓢ Healthy living program and event center with walking area, exercise and nutrition, wellness, and disease management programs, and recreation events and classes. Also offer support groups, relaxation programs, and educational workshops and classes. Cost Depends on activity, many activities are no cost.

800 West Lawrence Avenue  
Charlotte, MI  
(517)541-5800  
[www.myalive.com](http://www.myalive.com)

## **Just B Yoga**

Trauma-informed yoga classes for ages 5+ that helps individuals self-regulate and heal from trauma. Sliding scale pricing.

500 E Thomas ST, Room 150  
Lansing, MI  
(517) 488-5260  
[www.justbyoga.com/classes/yoga/trauma](http://www.justbyoga.com/classes/yoga/trauma)

## **Michigan Athletic Club**

Swimming, exercise classes and exercise equipment.

2900 Hannah Boulevard  
East Lansing, MI  
(517) 364-8888  
[www.sparrow.org/mac](http://www.sparrow.org/mac)

## **MSU Sports Skills Program**

- Ⓢ MSU undergraduate students provide coaching and instruction in sports skills to children and adults with disabilities who reside in the greater Lansing area. Scholarships available

Department of Kinesiology  
308 West Circle Drive, Room 134  
East Lansing, MI  
(517) 355-4744  
[www.educ.msu.edu/kin/research/ssp.asp](http://www.educ.msu.edu/kin/research/ssp.asp)

# Fitness

## **Playmakers**

- Ⓢ Offers events and programs throughout the year including programs on topics like good form walking and stretching. Cost depends on specific activity; many are no cost.

2299 West Grand River Avenue  
Okemos, MI  
(517)349-3803  
[www.playmakers.com](http://www.playmakers.com)

## **Recreational Outreach Center (“The ROC”)**

Gym with basketball court, an activity room with video monitors, and kitchen.

1706 West Dansville Road  
Mason, MI  
(517) 676-5680

# Gardening

## 123 Gardens

 Community garden with plots available for use for the season. Tools and seeds may also be available. No plot or water fees

123 Garden Street

Lansing, MI

(517) 574-6515

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## Airport Garden

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

2027 West State Road

Lansing, MI

(517)-853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## Armory Garden

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

626 Marshall Street

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## Bath Garden

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

NW corner of Main & High Streets | Bath, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

## **Clifford Park Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

550 East Mount Hope Avenue

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Delta Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

6100 West Michigan Avenue

Lansing, MI

(517) 321-3569

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Der Happy Hallow Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

1084 South Hagadorn Road

Mason, MI

(517) 853-7805

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **ELF Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

804 Clyde Street

Lansing, MI

(517)-853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

**Feed My Sheep Garden** at South Lansing Church of the Nazarene Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

401 West Holmes Road

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Foster Gardens**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

2325 Marcus Street

Lansing, MI

(517)-853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Garden of Grace**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

1905 West Mount Hope Avenue

Lansing, MI

(517) 927-6890

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **The Garden Project Resource Center**



How-to education, free seeds and plants, and garden tool lending.

2401 Marcus St

Lansing, MI

(517)853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project)

# Gardening

## **Hill Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

5815 Wise Road

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Holmes Street Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

907 South Holmes Street

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Hunter Park Gardenhouse**

Year-round farm & garden education.

1400 East Kalamazoo Street

Lansing, MI

(517) 999-3910

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Lansing Urban Farm project - Urbandale Farm**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

600 Block of South Hayford Avenue

Lansing, MI

(517) 775-1718

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

## **Letts Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

1220 West Kalamazoo Street

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Lilac Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

1260 Lilac Avenue

East Lansing, MI

(517)-853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Mason Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

213 North Jefferson Street

Mason, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **North School Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

333 East Miller Road

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

## **Northpointe Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

505 East Webb Drive

Dewitt, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Okemos International Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

Cedar Creek Apartments

4394 Okemos Road

Okemos, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Old Oakland Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

1001 Stanley Street

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Orchard Court Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

5745 Orchard Court

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

## **Otto School Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

500 East Thomas Street

Lansing, MI

(517)-853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Paradise Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

550 South Foster Avenue

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Risdale Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

2400 Reo Road

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Robinson Memorial Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

5210 Perry Robinson Circle

Lansing, MI

(517) 507-9324

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

## **Roots Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

1084 South Hagadorn Road

Mason, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Slater Park Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

2701 Hopkins Avenue

Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **St. Casimir/Moores Park Community Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

723 West Barnes Avenue

Lansing, MI

(517) 374-0076

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **St. Mike's Garden Project**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

6500 Amwood Drive

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Gardening

## **Towar Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

6383 Towar Avenue

East Lansing, MI

(517) 853-7809

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Village Summit Gardens**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

119 East Barnes Avenue

Lansing, MI

(517) 575-5749

## **Wardcliff Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

5150 Wardcliff Drive

East Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

## **Webster Farm Garden**

Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.

5518 Hughes Road

Lansing, MI

[www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens](http://www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens)

# Libraries

## **Aurelius Branch Library**

Ⓢ Library and computer/internet access.

1939 South Aurelius Road  
Mason, MI (517)  
628-3743  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Bellevue Township Library**

Ⓢ Library and computer/internet access.

212 North Main Street  
Bellevue, MI  
(269) 763-3369  
[www.bellevuemi.net/Community/library.aspx](http://www.bellevuemi.net/Community/library.aspx)

## **Briggs District Library**

Ⓢ Library and computer/internet access; Events and classes.

108 East Railroad Street  
St. Johns, MI  
(517) 367-6350  
[www.briggsdistrictlibrary.org](http://www.briggsdistrictlibrary.org)

## **Charlotte Library**

Ⓢ Library and computer/internet access.

226 South Bostwick  
Charlotte, MI  
(517) 543-8859  
[www.charlottelibrary.org](http://www.charlottelibrary.org)

## **Dansville Branch Library**

Ⓢ Library and computer/internet access.

1379 East Mason Street  
Dansville, MI  
(517) 623-6511  
[www.cadl.org/locations](http://www.cadl.org/locations)

# Libraries

## **Delta Township Library**

Ⓢ Library and computer/internet access; Events and classes.

5130 Davenport Drive  
Lansing, MI  
(517) 321-4014  
[www.dtdl.org](http://www.dtdl.org)

## **Dewitt District Library**

Ⓢ Library and computer/internet access; Events and classes.

13101 Schavey Road  
Dewitt, MI  
(517) 669-3156  
[www.dewittlibrary.org](http://www.dewittlibrary.org)

## **Dorothy Hull Library - Windsor Charter Township**

Library and computer/internet access.

Ⓢ 405 West Jefferson Street  
Dimondale, MI  
(517) 646-0633  
[www.windsortownship.com/dorothy-hull-library](http://www.windsortownship.com/dorothy-hull-library)

## **Downtown Lansing Library**

Ⓢ Library and computer/internet access; Events and classes.

401 South Capitol Avenue  
Lansing, MI  
(517) 367-6308  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **East Lansing Public Library**

Ⓢ Library and computer/internet access; Book groups.

950 Abbot Road  
East Lansing, MI  
(517) 351-2420  
[www.elpl.org](http://www.elpl.org)

# Libraries

## **Eaton Rapids Public Library**

Ⓢ Library and computer/internet access; Events and classes.

220 South Main Street  
Eaton Rapids, MI  
(517) 663-8118, press 4  
<https://eradl.org/>

## **Elsie Public Library**

Ⓢ Library and computer/internet access.

145 West Main Street  
Elsie, MI (989) 862-4633  
[www.elsiepubliclibrary.org](http://www.elsiepubliclibrary.org)

## **Foster Branch Library**

Ⓢ Library and computer/internet access; Book groups.

200 North Foster Avenue  
Lansing, MI  
(517) 485-5185  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Grand Ledge Area District Library**

Ⓢ Library and computer/internet access; Book groups; Events and classes.

131 East Jefferson Street  
Grand Ledge, MI  
(517)627-7014  
[www.gladl.org](http://www.gladl.org)

## **Haslett Branch Library**

Ⓢ Library and computer/internet access. Micro food pantry available for food and other essentials

5670 School Street  
Haslett, MI  
(517)339-2324  
[www.cadl.org/locations](http://www.cadl.org/locations)

# Libraries

## **Holt-Delhi Branch Library**

- Ⓢ Library and computer/internet access, book groups.  
2078 Aurelius Road  
Holt, MI  
(517)694-9351  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Leslie Branch Library**

- Ⓢ Library and computer/internet access.  
201 Pennsylvania Street  
Leslie, MI  
(517)589-9400  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Maple Rapids Public Library**

- Ⓢ Library access.  
130 South Maple Avenue  
Maple Rapids, MI  
(989)682-4464  
[www.wplc.org/mrpl](http://www.wplc.org/mrpl)

## **Mason Branch Library**

- Ⓢ Library and computer/internet access.  
145 West Ash Street  
Mason, MI  
(517)676-9088  
[www.cadl.org/locations](http://www.cadl.org/locations)

# Libraries

## **Michigan Braille and Talking Book Library**

- Ⓢ Braille and audio versions of books provided for individuals with visual, reading, and physical disabilities; walk-in or call.
- ✓ First floor of the Michigan Library and Historical Center  
702 West Kalamazoo Street  
Lansing, MI  
(800) 992-9012  
<https://www.michigan.gov/leo/bureaus-agencies/bureau-of-services-for-blind-persons/btbl>

## **Michigan Activity Pass**

- Ⓢ With a library card, individuals can “check out” free or discounted admission passes (or other exclusive offers) to hundreds of Michigan state parks, campgrounds, museums, trails, arts and cultural destinations and more. Cost depends on specific activity, most are no cost.  
Location varies  
[www.michiganactivitypass.info](http://www.michiganactivitypass.info)

## **Mulliken District Library**

- Ⓢ Library and computer/internet access.  
135 Main Street  
Mulliken, MI  
(517) 649-8611  
[www.mullikendistrictlibrary.org](http://www.mullikendistrictlibrary.org)

## **Okemos Library**

- Ⓢ Library and computer/internet access, book groups. Micro food pantry available for food or other essentials.  
4321 Okemos Road  
Okemos, MI  
(517) 349-0250  
[www.cadl.org/locations](http://www.cadl.org/locations)

# Libraries

## **Ovid Public Library**

Ⓢ Library and computer/internet access, Events and classes.

206 North Main Street  
Ovid, MI  
(989)834-5800  
<https://ovidpubliclibrary.weebly.com/>

## **Potterville Benton Township Library**

Ⓢ Library and computer/internet access, Events and classes.

150 Library Lane  
Potterville, MI  
(517)645-2989  
[www.pottervillelibrary.org](http://www.pottervillelibrary.org)

## **South Lansing Branch Library**

Ⓢ Library and computer/internet access. Weekly food packs available.

3500 South Cedar Street  
Lansing, MI  
(517)272-9840  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Stockbridge Branch Library**

Ⓢ Library and computer/internet access.

200 Wood Street  
Stockbridge, MI  
(517) 851-7810  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Sunfield District Library**

Ⓢ Library and computer/internet access; Events and classes.

112 Main Street  
Sunfield, MI  
(517) 566-8065  
[www.sunfieldlibrary.michlibrary.org](http://www.sunfieldlibrary.michlibrary.org)

# Libraries

## **Vermontville Township Library**

Ⓢ Library and computer/internet access.

120 East 1st Street  
Vermontville, MI  
(517)726-1362  
[www.vmtlib.michlibrary.org](http://www.vmtlib.michlibrary.org)

## **Webberville Branch Library**

Ⓢ Library and computer/internet access.

115 North Main Street  
Webberville, MI  
(517) 521-3643  
[www.cadl.org/locations](http://www.cadl.org/locations)

## **Williamston Library**

Ⓢ Library and computer/internet access.

3845 Vanneter Road  
Williamston, MI  
(517) 655-1191  
[www.cadl.org/locations](http://www.cadl.org/locations)

# Museums

## **All Around the African World Museum**

 Museum with African Pictures, artifacts, and printed material.

1136 Shepard Street  
Lansing, MI  
(517) 214-1031  
<http://www.africanworldmuseum.com/>

## **Bicentennial Park**

Mason Area Historical Society museum with Pink School House available to tour

707 West Ash Street  
Mason, MI  
(517) 676-5974

## **Grand Ledge Historical Museum**

Seasonal events and educational open meetings.

118 West Lincoln  
Grand Ledge, MI  
(517) 627-5170  
<https://glhistoricalsociety.org/museum/>

## **Impression 5 Science Center**

 Children's museum with a variety of hands-on exhibits. Low cost admission fee, Museums for All accepted, scholarships available for yearly passes and classes.

200 Museum Drive  
Lansing, MI  
(517) 485-8116  
[impression5.org](http://impression5.org)

## **Mason Historical Museum**

Museum with artifacts of historical significance to Mason.

200 East Oak Street  
Mason, MI  
(517) 676-5974  
[www.masonmuseum.org](http://www.masonmuseum.org)

# Museums

## **Michigan History Museum**

- ✓ Museum with exhibits and educational events and programs. Low cost admission, Museums for All accepted  
702 West Kalamazoo Street  
Lansing, MI  
(517) 335-2573  
[www.michigan.gov/mhc/](http://www.michigan.gov/mhc/)

## **Michigan Supreme Court Learning Center**

- Ⓢ Activities and exhibits.  
925 West Ottawa Street  
Lansing, MI  
(517) 373-7171  
[www.courts.michigan.gov/education/learning-center/Pages/default.aspx](http://www.courts.michigan.gov/education/learning-center/Pages/default.aspx)

## **MSU Broad Museum**

- Ⓢ Art museum with physical and online exhibitions; Events.  
  
547 East Circle Drive  
East Lansing, MI  
(517) 884-4800  
[www.broadmuseum.msu.edu](http://www.broadmuseum.msu.edu)

## **MSU Museum**

- Ⓢ Science and culture exhibits.  
  
409 West Circle Drive  
East Lansing, MI  
(517) 355-2370  
[www.museum.msu.edu](http://www.museum.msu.edu)

## **Nokomis Cultural Heritage Center**

- Ⓢ Native American museum with art, exhibits, and events  
  
5153 Marsh Rd  
Okemos, MI  
(517) 349-5777  
[nokomis.org](http://nokomis.org)

# Museums

## **RE Olds Transportation Museum**

- ✓ Museum highlighting Lansing's rich transportation history – the REO Motor Car Company, old-time bicycles and aviation endeavors.

240 Museum Drive

Lansing, MI

(517) 372-0529

[www.reoldsmuseum.org](http://www.reoldsmuseum.org)

## **Turner-Dodge House**

Historical home with guided tours and historical events and programs. Cost depends on specific event

100 East North Street

Lansing, MI

(517) 483-4220

[www.lansingmi.gov/938/Turner-Dodge-House](http://www.lansingmi.gov/938/Turner-Dodge-House)

## **Williamston Depot Museum**

- Ⓢ Museum is open Wednesdays 4 pm to 6 pm, the Second Sunday of the month from 2:00 p.m. until 4:00 p.m. and by special arrangement.

369 West Grand River Avenue

Williamston, MI

(517)655-1549

[www.williamstonmuseum.org](http://www.williamstonmuseum.org)

# Music Therapy

## **CODA Music Therapy Services, LLC**

- ✓ Provides adapted music education and music therapy throughout west and central Michigan. Cost depends on specific event

Various locations

(517) 862-4675

[www.codants.com](http://www.codants.com)

## **MSU Community Music School**

- ✓ Music therapy for people of all ages with special needs. Cost depends on specific event

4930 South Hagadorn Road

East Lansing, MI

(517) 355-7661

[www.cms.msu.edu](http://www.cms.msu.edu)

# Nutrition

## **ALIVE Charlotte**

- Ⓢ Healthy living program and event center with walking area, exercise and nutrition, wellness, and disease management programs, and recreation events and classes. Also offer support groups, relaxation programs, and educational workshops and classes. Cost depends on specific activity, but many are no cost.

800 West Lawrence Avenue  
Charlotte, MI  
(517) 541-5800  
[www.myalive.com](http://www.myalive.com)

## **Bath Charter Township Senior Center**

Meals and events/programs. Cost depends on specific event. Meals are \$4 for anyone age 55 and up, \$5 for anyone age 54 and younger.

14480 Webster Road  
Bath, MI  
(517) 641-5169  
[www.bathtownship.us/departments-services/senior-center/#1505936591881-b1131b00-b6a7](http://www.bathtownship.us/departments-services/senior-center/#1505936591881-b1131b00-b6a7)

## **Clinton County Meals on Wheels**

- Ⓢ Nutrition program providing hot, balanced meal delivery to those who are eligible.

201 East Walker Street  
St. Johns, MI  
(989) 224-3600  
[www.tcoa.org/nutrition/meals-on-wheels/](http://www.tcoa.org/nutrition/meals-on-wheels/)

## **Cristo Rey Community Center**

- Ⓢ Breakfast and lunch program; Events.

1717 North High Street  
Lansing, MI  
(517) 372-4700  
[www.cristoreycommunity.org](http://www.cristoreycommunity.org)

# Nutrition

## **Eaton County Meals on Wheels**

- Ⓢ Nutrition program providing hot, balanced meal delivery to those who are eligible.

210 East Lawrence Avenue

Charlotte, MI

(517) 541-2330

[www.tcoa.org/nutrition/meals-on-wheels/](http://www.tcoa.org/nutrition/meals-on-wheels/)

## **Greater Lansing Meals on Wheels**

- Ⓢ **(Includes East Lansing, Lansing, Okemos, & Haslett)**

Nutrition program providing hot, balanced meal delivery to those who are eligible in Lansing, East Lansing, Haslett & Okemos.

5303 South Cedar Street, Building 1

Lansing, MI

(517) 887-1460

[www.tcoa.org/nutrition/meals-on-wheels/](http://www.tcoa.org/nutrition/meals-on-wheels/)

## **MSU Extension Nutrition Program**

- Ⓢ Events and programs providing nutrition guidance, skills building, and supplies.

Various locations

1-888-678-3464

[www.canr.msu.edu/nutrition](http://www.canr.msu.edu/nutrition)

## **Rural Ingham County Meals on Wheels**

- Ⓢ Nutrition program providing hot, balanced meal delivery to those who are eligible in Holt, Mason, Williamston, Webberville, Stockbridge, Leslie, Dansville and Onondaga.

415 East Maple Street

Mason, MI

(517) 676-2775

[www.tcoa.org/nutrition/meals-on-wheels/](http://www.tcoa.org/nutrition/meals-on-wheels/)

**Scan this QR code with your phone to access the Ingham County Food Resource Directory, courtesy of the Ingham County Health Department!**



# Parks

## **Bond SkatePark**

Ⓢ Park with lighted ball field and skate park with roller skating area.

East Columbia Street  
Mason, MI  
(517) 676-5041

## **Bennett Park**

Ⓢ Park with picnic facilities, hiking and nature trails, horseshoe pits and three playgrounds.

1305 Cochran Avenue  
Charlotte, MI  
(517)543-2750  
<https://charlottemi.gov/parks/>

## **Burchfield Park**

Park with a beach, canoe & kayak rentals and trips, cross country skiing & rental, hiking trails, horseshoe pits, disc golf courses, biking trails, nature day camp, pedal boat rental, playgrounds, sand volleyball courts, sledding hills, softball diamond, fishing pond, winter snack bar, and a winter warming lodge. Vehicle entrance fee

881 Grovenburg Road  
Holt, MI  
[www.pk.ingham.org/Parks/BurchfieldPark.aspx](http://www.pk.ingham.org/Parks/BurchfieldPark.aspx)

## **Delta Mills Park**

Ⓢ Park with playground equipment, fishing, canoe launch, nature trail, basketball court, softball fields, tennis courts, volleyball court, horseshoe pits.

7001 Old River Trail  
Lansing, MI  
(517) 323-8500  
[www.deltami.gov/index.php/parks-recreation/park](http://www.deltami.gov/index.php/parks-recreation/park)

# Parks

## **Erickson Park**

 Park with two lighted softball fields.

4220 South Canal Road  
Lansing, MI  
(517) 323-8555  
[www.lansingsports.org/listings/erickson-park/2826](http://www.lansingsports.org/listings/erickson-park/2826)

## **Fenner Nature Center**

 Programs, classes, and walking. No cost but donation is suggested

2020 East Mount Hope Avenue  
Lansing, MI  
(517) 483-4224  
[www.mynaturecenter.org](http://www.mynaturecenter.org)

## **Fitzgerald Park**

 Walking, nature center, playground, other activities.

133 Fitzgerald Park Drive  
Grand Ledge, MI  
(517) 627-7351  
[www.eatoncounty.org/departments/parks-department/120-departments/parks-department/320-fitzgerald-park](http://www.eatoncounty.org/departments/parks-department/120-departments/parks-department/320-fitzgerald-park)

## **Fox Memorial Park**

Park with observatory and beach area with swimming. Cost depends on specific event

3979 East Gresham Highway  
Pottersville, MI  
(517) 645-6666  
[www.eatoncounty.org/index.php/departments/parks-department/county-parks/120-departments/parks-department/322-fox-memorial-park](http://www.eatoncounty.org/index.php/departments/parks-department/county-parks/120-departments/parks-department/322-fox-memorial-park)

# Parks



## **Grand Woods Park**

Park with pavilion, playground equipment, fishing pond, nature trail, softball field, volleyball court, frisbee golf course, radio-controlled race car track.

4500 West Willow Highway  
Lansing, MI  
(517) 323-8555  
[www.lansing.org/listings/grand-woods-park/1095](http://www.lansing.org/listings/grand-woods-park/1095)



## **Harris Nature Center**

Trail walks, nature programs and events, and all-terrain wheelchair rental.

5151 Marsh Road  
Okemos, MI  
(517) 349-3866  
[www.meridian.mi.us/visitors/hidden-gems/visit-harris-nature-center](http://www.meridian.mi.us/visitors/hidden-gems/visit-harris-nature-center)



## **Hawk Island Park**

Beach, trail walking, fishing, Splashpad® and Storywalk®. No cost but parking fees may apply

1601 East Cavanaugh Road  
Lansing, MI  
(517) 676-2233  
[www.pk.ingham.org/Parks/HawkIsland.aspx](http://www.pk.ingham.org/Parks/HawkIsland.aspx)



## **Hawk Meadow Park**

Park with hiking and biking trails.

6160 Delta River Drive  
Lansing, MI  
(517) 323-8555  
[www.lansing.org/listings/hawk-meadow-park/1098](http://www.lansing.org/listings/hawk-meadow-park/1098)

# Parks

## **Hayes Park**

- Ⓢ Park with lighted ball field, basketball court, two tennis courts, sledding hill.

851 West Columbia Street  
Mason, MI

## **Hunters Orchard Park**

- Ⓢ Park with trails with nearly 2/3 of a mile of the trails being accessible by wheelchair. Park also has picnic areas and canoe landings. Eaters Park within Hunters Park has free produce available for the public to harvest.
- ✓

7242 Old River Trail  
Lansing, MI  
(517) 323-8555  
[www.lansing.org/listings/hunters-orchard-park/1099](http://www.lansing.org/listings/hunters-orchard-park/1099)

## **Island Park**

- Ⓢ Park with paved walkways, playground, and fishing.
- Island Park  
West Hamlin Street  
Eaton Rapids, MI

## **Lake Alliance Park**

- Ⓢ Park with lighted baseball/softball fields, playground, lake with boat launch and dock, nature trails and sledding hill.

Alliance Drive  
Pottersville, MI  
(517) 645-7641  
[www.pottersvillemi.org/parks/index.php](http://www.pottersvillemi.org/parks/index.php)

## **Lake Delta Park**

- Ⓢ
- ✓ Shore and dock fishing lake only and is designed to accommodate individuals with physical challenges.

3902-8898 South Canal Road  
Lansing, MI  
(517)323-8500  
[www.deltami.gov/index.php/parks-recreation/parks](http://www.deltami.gov/index.php/parks-recreation/parks)

# Parks

## **Lake Lansing Boat Launch**

Boat launch and ice fishing. Cost associated for boat launch.  
6271 East Lake Drive

Haslett, MI

(517) 676-2233

[www.pk.ingham.org/Parks/LakeLansingBoatLaunch.aspx](http://www.pk.ingham.org/Parks/LakeLansingBoatLaunch.aspx)



## **Lake Lansing Park North**

Park with two playgrounds, basketball court, hiking trails, boardwalk, horseshoe pits, picnic grounds, sand volleyball courts, softball diamond.

6260 East Lake Drive

Haslett, MI

(517) 676-2233

[www.pk.ingham.org/Parks/LakeLansingParkNorth.aspx](http://www.pk.ingham.org/Parks/LakeLansingParkNorth.aspx)



## **Lake Lansing Park South**

Park with beach, summer snack bar, pedal boat rental, playground at the beach, horseshoe pits, sand volleyball courts, fishing dock, and tricycle track.

1621 Pike Street

Haslett, MI

(517) 676-2233

[www.pk.ingham.org/Parks/LakeLansingParkSouth.aspx](http://www.pk.ingham.org/Parks/LakeLansingParkSouth.aspx)

## **Lansing Parks and Recreation**

Parks and Recreation programs and activities. Cost associated but scholarships available

Various locations

Lansing, MI

(517) 483-4277

<https://www.lansingmi.gov/161/Parks-Recreation>

# Parks

## **Laylin Park**

- Ⓢ Park with picnic tables, grills, and playground equipment. Fishing is available on “catch and release” basis.

East Maple Drive  
Mason, MI  
(517) 676-5041

## **Lee Austin Park**

- Ⓢ Small park with small playground, picnic tables and grills.

320 West Ash Street  
Mason, MI  
(517) 676-9155

## **Leland Park**

- Ⓢ Park with play equipment and picnic area.

600-698 Leland Place  
Lansing, MI  
[https://www.deltami.gov/departments/parks\\_\\_recreation/parks.php](https://www.deltami.gov/departments/parks__recreation/parks.php)

## **Lincoln Brick Park**

Park with picnic pavilions, Interpretive Center and Museum, playground areas, swim beach, fishing and nature and cross country skiing trails. Vehicle entrance fee

13991 Tallman Road  
Grand Ledge, MI  
(517) 627-7351  
[www.deltami.gov/index.php/parks-recreation/parks](http://www.deltami.gov/index.php/parks-recreation/parks)

# Parks



## **McNamara Landing**

Canoe landing, canoe and kayak rentals, and trails. No cost to use trails or bring own canoe/kayak; cost associated for canoe and kayak rental

6450 West Columbia Road

Mason, MI

(517) 676-2233

[www.pk.ingham.org/Parks/McNamaraCanoeLanding.aspx](http://www.pk.ingham.org/Parks/McNamaraCanoeLanding.aspx)



## **Oak Park**

Park with walking and hiking.

700 West Front Street

Grand Ledge, MI

(517) 627-2149

[www.cityofgrandledge.com/visit/parks/park/oak-park](http://www.cityofgrandledge.com/visit/parks/park/oak-park)



## **Potterville Park**

Park with field and large play structure known as “Imagination Station”.

Murphy Boulevard

Potterville, MI

(517) 645-7641

[www.pottervillemi.org/parks/index.php](http://www.pottervillemi.org/parks/index.php)



## **Riverbend Natural Area**

Park with trails for hiking, biking, and cross-country skiing.

6200 Nichols Road

Holt, MI

(517) 676-2233

[www.pk.ingham.org/Parks/RiverbendNaturalArea.aspx](http://www.pk.ingham.org/Parks/RiverbendNaturalArea.aspx)



## **Scott Munn Riverwalk**

Route for walking, fishing pier and picnic area.

W. Scott Munn Riverwalk Park

Area of Hall Street and West Hamlin Street

Eaton Rapids, MI

# Parks

## **Sharp Park**

 Park with playground, fishing pond, basketball court, softball fields (one lighted), tennis courts (lighted), volleyball courts.

1401 Elmwood Road  
Eaton Rapids, MI  
(517) 323-8555  
[www.lansing.org/listings/sharp-park/1102](http://www.lansing.org/listings/sharp-park/1102)

## **Sleepy Hollow State Park**

Trails, fishing, swimming.

7835 East Price Road  
Laingsburg, MI  
(800) 447-2757  
[www.michigan.org/property/sleepy-hollow-state-park](http://www.michigan.org/property/sleepy-hollow-state-park)

## **Valhalla Park**

Softball diamonds, a nature trail, picnic area, swimming and fishing areas.

2287 Pine Tree Road  
Holt, MI  
(517) 694-1549  
[www.michigan.org/property/valhalla-park](http://www.michigan.org/property/valhalla-park)

## **Washington Park**

Park with softball/baseball field and skating rink.

2516 South Washington  
Lansing, MI  
[www.lansing.org/listings/washington-park/440/](http://www.lansing.org/listings/washington-park/440/)

## **Woldumar Nature Center**

Community events and programs, nature education, and walking trails.  
Cost depends on specific event.

5739 Old Lansing Road  
Lansing, MI  
(517) 322-0030  
[www.woldumar.org](http://www.woldumar.org)

# Senior Centers



## **Adult Respite Services (South Lansing Hill Toppers)**

Supports and services to adults with intellectual disabilities promoting health, independence and supported employment.

201 Hillside Court  
East Lansing, MI  
(517) 882-3403

## **Bath Charter Township Senior Center**

Meals and events/programs.

14480 Webster Road  
Bath, MI  
(517) 641-5169  
[www.bathtownship.us/departments-services/senior-center](http://www.bathtownship.us/departments-services/senior-center)



## **Eaton Area Senior Center**

Senior activities.

804 South Cochran Avenue  
Charlotte, MI  
(517) 541-2934  
[www.tcoa.org/resources/senior-centers](http://www.tcoa.org/resources/senior-centers)



## **Meridian Senior Center**

Art class, tech class, social events and activities.

4000 Okemos Road  
Okemos, MI  
(517) 706-5045  
[www.meridian.mi.us/residents/join-the-community/meridian-senior-center](http://www.meridian.mi.us/residents/join-the-community/meridian-senior-center)

# Senior Centers

## **Sam Corey Senior Center**

Senior center with events and activities for area residents throughout the year. Cost depends on specific event

2108 Cedar Street

Holt, MI

(517) 268-0096

[www.delhitownship.com/218/Sam-Corey-Senior-Center](http://www.delhitownship.com/218/Sam-Corey-Senior-Center)

## **Williamston Area Senior Center**

Trips, activities, and free wellness checks. Membership is \$12 per year.

201 School Street

Williamston, MI

(517) 655-5173

[www.williamstonseniorcenter.org](http://www.williamstonseniorcenter.org)



## **Wilmington Savings Bank Clinton County Senior Center**

Daily lunch meals, bingo, euchre, games, exercise room, library, and day trips for those 55+

717 N Nelson Ave

St. Johns, MI

(989) 224-4257

<https://clintoncap.org/senior-services>

# Swimming

## **Charlotte Aquatics Center**

Warmed therapy pool & main multi-purpose pool. Cost depends on specific event

1068 Carlisle Highway  
Charlotte, MI  
(517) 541-5740  
[www.charlotteaquatics.com](http://www.charlotteaquatics.com)



## **East Lansing Hannah Community Center**

Classes, open gym, swimming, classes and programs.

819 Abbot Road  
East Lansing, MI  
(517) 333-2580  
[www.cityofeastlansing.com/824/EL-Hannah-Community-Center](http://www.cityofeastlansing.com/824/EL-Hannah-Community-Center)

## **Grand Ledge High School**

Open swim and water aerobics. Open swim is \$4 per individual, \$12 per family from the same household.

820 Spring Street  
Grand Ledge, MI  
(517) 925-5815  
[www.grandledgecomets.org/main/teamschedule/id/3762619/seasonid/4383586SWIMMING](http://www.grandledgecomets.org/main/teamschedule/id/3762619/seasonid/4383586SWIMMING)



## **Schmidt Southside Community Center**

Community center with game room, gym, senior program, and pool.

5825 Wise Road  
Lansing, MI  
(517) 483-6686  
<http://www.lansingmi.gov/488/Community-Centers>

# Swimming



## **St. Johns High School**

Open swim and aqua therapy.  
Cost associated

501 West Sickles Street

St. Johns, MI

(989) 224-8944 ext.227

<https://stjohnsmi.myrec.com/info/facilities/details.aspx?FacilityID=14714>

## **Williamston Community Enrichment, Pool & Fitness Center**

Open swim, water aerobics, and fitness classes.

3939 Vanneter Road

Williamston, MI

(517) 655-7510

<https://www.gowcs.net/Page/271>

# Therapeutic Riding

## **Children and Horses United Movement - C.H.U.M.**

- ✓ Therapeutic Riding for people of all ages.

2180 East Dexter Trail  
Dansville, MI  
(517) 204-0974  
[www.chumtherapy.net](http://www.chumtherapy.net)

## **Equine Center for Learning**

- ✓ Therapeutic Riding.

2901 Wabash Road  
Lansing, MI  
(517) 755-2175  
[www.lansingschools.net/departments/equine-center-for-learning/](http://www.lansingschools.net/departments/equine-center-for-learning/)

# YMCAs

## **Oak Park YMCA**

Gym, group fitness, pool, kids' gym, youth and adult sports, and educational health programs.

900 Long Boulevard  
Lansing, MI  
(517) 827-9700  
[www.lansingymca.org/oakpark](http://www.lansingymca.org/oakpark)

## **Parkwood YMCA**

Gym, group fitness, pool, kids' gym, youth and adult sports, and educational health programs.

2306 Haslett Road  
East Lansing, MI  
(517) 827-9680  
[www.lansingymca.org/parkwood](http://www.lansingymca.org/parkwood)

## **Westside YMCA**

Gym, group fitness, pool, kids' gym, youth and adult sports, and educational health programs.

3700 Old Lansing Road  
Lansing, MI  
(517) 827-9670  
[www.lansingymca.org/westside](http://www.lansingymca.org/westside)

# Zoos

## **Northfork Farms & Outback, LLC**

Events, horses, summer camps, and petting zoo.

3637 Morrice Road  
Webberville, MI  
517-881-9142  
[www.northforkoutback.com](http://www.northforkoutback.com)



## **Potter Park Zoo**

Public zoo in Michigan with over 160 species of animals and events. Braille maps, sensory bags and headphones available. Quiet zones located throughout the zoo.

1301 South Pennsylvania Avenue  
Lansing, MI  
(517) 483-4222  
[www.potterparkzoo.org](http://www.potterparkzoo.org)



## **Potter Park Zoo FALCONERS**

Events for individuals with special needs (such as autism or developmental disabilities) and their families to have an enriching educational experience in a safe and welcoming environment. Events are monthly.

1301 South Pennsylvania Avenue  
Lansing, MI  
(517) 483-4222  
[www.potterparkzoo.org/falconers](http://www.potterparkzoo.org/falconers)



# Community

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[www.ceicmh.org](http://www.ceicmh.org)

[facebook.com/ceicmh](https://facebook.com/ceicmh)