



Community

MENTAL HEALTH
CLINTON • EATON • INGHAM

BOARD OF DIRECTORS MEETING MINUTES

October 18, 2018

6:00 p.m., Atrium

Community Mental Health Authority
812 E. Jolly Road
Lansing, MI 48910

Staff Present:

Sharon Blizzard, Karla Block, Andrea Carlson, Stacia Chick, Aleshia Echols, Stacia Chick, Joanne Holland, Ericanne Spence, Jennifer Stanley, Joyce Tunnard

Others Present

Jeff Fleming, Local 459

Call to Order

The meeting was called to order by Chairperson Dianne Holman at 6:00 p.m.

Roll Call

Joe Brehler, Dale Copedge, Dianne Holman, Paul Palmer, Al Platt, Kay Randolph-Back, Jim Rundborg, Kay Pray, Kam Washburn

Excused

Chris Swope
Raul Gonzales
Carol Koenig
Sara Lurie

Timekeeper: Jennifer Stanley, MD

Public Present:

Lisa Clark

Amy Heinrich-Donow
Patrick Ley
Patricia Ley

Previous Meeting Minutes:

ACTION:

MOVED by Dianne Holman and **SUPPORTED** by Paul Palmer to approve the meeting minutes of September 20, 2018 as written.

MOTION CARRIED unanimously.

Adoption of Agenda:

MOVED by Dianne Holman and **SUPPORTED** by Jim Rundborg to approve the October 18, 2018 meeting agenda with the following amendments:

- **No action on item #4, Fiscal Year 2019 Budget. However, Joe Brehler will offer brief comments regarding this item.**
- **Addition of item #1 under New Business, Health Care Committee discussions regarding participating in a Regional Health Insurance Multiple Employer Welfare Arrangement (MEWA)**

MOTION CARRIED unanimously.

Public Comment on Agenda Items:

None.

Public Comment

Patricia Ley thanked the board for listening over the past several months to their concerns regarding the change to respite services for her son. Ms. Ley stated that she received correspondence stating that her son could no longer go to Behavioral Horizons. This is the place where my husband and I made arrangements to take care of our son when we die. The email included alternate options such as family friend, AFC home, also included a list of providers to call and interview for consideration. It is going to be difficult to build trust. What they don't understand is that our son has been abused on four separate occasions. We are a unique family and we require a unique solution! This is devastating to families.

Again we were told that the regular weekend respite services that my son has been receiving since he was 11 years old was a "mistake, and asked the question, how does this happen to families? "I am so incredibly exhausted; I can barely stand." For the past two weeks Steffan has been home with us. We are requesting to meet with CMHA-CEI and

Behavioral Horizons to discuss licensing issues.

Jeff Fleming, Local 459 Representative requested support of the fact sheet is being presented this evening requested that the board consider approving CMHA-CEI participation in a Regional Health Insurance Multiple Employer Welfare Arrangement (MEWA) and reported that Local 459 members just concluded ratification on the Health Care change from BCN to PHP with 75% of the membership in favor of PHP.

On behalf of Stacy Clark, Lisa Clark expressed concerns regarding respite services being cut. "I refuse to have family members taking care of Stacy because of her behavior." She hits walls, herself, and it takes a long time to learn her quirks. What is the real issue, adult children have been with children every weekend? Why does it have a change? What triggered these changes?

Mid State Health Network Update

Joe Brehler reported that MSHN Board met in October. No new information to report.

CEO Report

Joanne Holland, Chief Information Officer presented Federal and State Initiatives Impacting IT. Highlights from the presentation included:

- What is EVV, EVV Requirements, EVV Model, Michigan EVV Status
- Programs Impacted, Timeline for Implementation
- National Concern, CMHA-CEI Questions/Concerns
- Penalties for Non-Compliance
- CMS Parity, Parity Workgroup Proposal, Parity Good News
- Michigan's Plan
- Phase I Plan, Phase II Long Term Plan, Phase II Short Term Plan
- What this Means to CMH
- References

Joanne Holland fielded questions from the board regarding the following:

- Parity
- Use of standardized tool to set criteria
- Lack of information from state that provides guidance to the PIHP

ACTION: Kay Randolph-Back requested a glossary of acronyms used in this evenings presentation be emailed to board members for reference purposes.

CEO Report – Inclusion of Whitmer Release Health Care Plan

Kay Randolph-Back expressed concern that she was uncomfortable with the inclusion of

the Whitmer Release Health Care Plan article being included in the CEO Report in the absence of a full spectrum point of view as CMHA-CEI is a non-partisan board committee. It was noted that this information was provided to CMHA-CEI from the CMHAM for informational purposes only. Discussion ensued.

ACTION: Dianne Holman will discuss with CEO, in her absence and request that the Association provide information from all candidates, if available as not to send the wrong message.

Program & Planning Committee

New Expense Contract: Summit Point

ACTION:

MOVED by Kay Randolph-Back and **SUPPORTED** by Jim Rundborg that the Community Mental Health Authority of Clinton, Eaton, Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with Summit Pointe for Psychiatric evaluation and medication management at the rate of \$85 per evaluation for the period of June 1, 2018 – September 30, 2019.

MOTION CARRIED unanimously.

New Revenue Contract: SAMHSA CCBHC Expansion Grant Award

ACTION:

MOVED by Kay Randolph-Back and **SUPPORTED** by Paul Palmer that the Community Mental Health Authority of Clinton, Eaton, Ingham Counties Board of Directors authorize CMHA-CEI to accept the Substance Abuse Mental Health Administration Certified Community Behavioral Health Clinic Expansion grant award funds for the Year 1 budget period of September 30, 2018 through September 29, 2019 for a total of \$1,892,490.

MOTION CARRIED unanimously.

Finance Committee

Amended Revenue Contract: Lansing School District - PEACE Grant (Promoting Peace by Expanding Awareness of Culture and Equity)

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Kay Pray that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize CMHA-CEI to enter amend the contract with the Lansing School District to provide prevention and intervention services in the amount of \$30,082 for the period of October 1, 2018 through June 30, 2019.

MOTION CARRIED unanimously.

Revenue Contract Renewal: Ingham County, Office of Community Corrections

ACTION:

MOVED by Joe Brehler and SUPPORTED by Kay Pray that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize authorize CMHA-CEI to enter into a contract renewal with the Ingham County Office of Community Corrections to provide outpatient treatment in the Relapse Prevention and Recovery Program (RP&R) for men and women who have been court ordered upon completion of residential treatment services for the period of October 1, 2018 through September 30, 2019 and receive for those services \$67,898.

MOTION CARRIED unanimously.

Deficit Elimination Plan Fiscal Year Ending 2017 - Supportive Housing Fund

ACTION:

MOVED by Joe Brehler and SUPPORTED by Kam Washburn that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize authorize the following resolution:

WHEREAS Community Mental Health Authority of Clinton, Eaton, Ingham Counties' Supportive Housing Fund has a \$451,545 deficit fund balance on September 30, 2017; and

WHEREAS, 1971 PA 140 requires that a Deficit Elimination Plan be formulated by the local unit of government and filed with the Michigan Department of Treasury;

NOW THEREFORE, IT IS RESOLVED that the Community Mental Health Authority of Clinton, Eaton, Ingham Counties' Board of Directors adopts the following as the Community Mental Health Authority of Clinton, Eaton, Ingham Counties' Supportive Housing Fund Deficit Elimination Plan:

	2018	2019	2020	2021	2022
Unrestricted Net Position (Deficit) Oct. 1	(451,545)	(345,482)	(261,858)	(175,157)	(86,248)
Revenue					
Rent Revenue	115,111	103,714	106,825	110,030	113,331
Proceeds from Sale of Assets	136,191	-	-	-	-

Local Revenue	80,000	80,000	80,000	80,000	80,000
Total Revenue	331,302	183,714	186,825	190,030	193,331
Expenditures					
Depreciation	32,064	28,720	28,685	27,688	26,595
Housing	216,095	91,570	92,238	93,910	95,708
Interest Expense	9,144	8,520	7,886	7,211	6,507
Total Expenditures	257,303	128,809	128,809	128,809	128,809
Add Back Depreciation (Net Investment in Capital Assets Net Position)	32,064	28,720	28,685	27,688	26,595
Unrestricted Net Position (Deficit) Sep. 30	(345,482)	(261,858)	(175,157)	(86,248)	4,868
	2018	2019	2020	2021	2022
Current Assets - Current Liabilities (Deficit) Oct. 1	(455,393)	(349,330)	(265,706)	(179,005)	(90,096)
Revenues	331,302	183,714	186,825	190,030	193,331
Expenditures	(257,303)	(128,809)	(128,809)	(128,809)	(128,809)
Add Back Depreciation	32,064	28,720	28,685	27,688	26,595
Current Assets - Current Liabilities (Deficit) Sep. 30	(349,330)	(265,706)	(179,005)	(90,096)	1,020
Explanation: Sold two properties in 2018; increase Rent Revenue by 5% for 6 months in 2019 and 3% each year 2020-2022; charge Facilities and Ground Maintenance at actual rates for 2019-2022 instead of through allocation process currently used (estimating a 50% reduction in expense); use of Local Revenue of \$80,000 for 2018-2022					

BE IT FURTHER RESOLVED that the Community Mental Health Authority of Clinton, Eaton, Ingham Counties' Chief Financial Officer submits the Deficit Elimination Plan to the Michigan Department of Treasury for certification.

IN WITNESS WHEREOF, we have hereunto set our hands and the Authority's seal effective the 18th day of October 2018.

The undersigned, Secretary of the Board of the Community Mental Health Authority of Clinton, Eaton, Ingham Counties, certifies that the foregoing is a true, correct and complete transcript of resolutions and the preamble thereto duly adopted on October 18, 2018 by the Board members at a duly convened meeting of the Board at which a quorum was present and voting, and the same have never been rescinded or modified and are in full force and effect at the date hereof.

IN WITNESS WHEREOF, I have hereunto set my hand and the Board's seal effective October 18, 2018.

(Seal)

Paul Palmer, Secretary

MOTION CARRIED unanimously.

Fiscal Year 2019 Budget

Joe Brehler reported that we have an \$8-million-dollar surplus. CMHA-CEI Directors were asked to bring the Fiscal Year 2019 budget program proposals to the November Finance Committee meeting for discussion and review.

Access Ad Hoc Committee

Dianne Holman reported that the next Access Ad Hoc Committee meeting is scheduled for Monday, November 26, 2018 at 5:00 p.m.

Consumer Advisory Council Update

Kay Randolph-Back reported that the CAC met on Thursday, November 1. Highlights from the meeting included:

- Hosting a table at the Community Connect Expo on November 29, 2018 from 3 – 7 pm, Lansing Center
- This is my BRAVE upcoming performance scheduled on Sunday, November 11, 2018. Jerri Nicole will be performing at this event. Several CAC and Charter House members are scheduled to attend. CMHA-CEI assisted with ticket purchases.
- Talking points for Lame Duck Session

- Section 298 Update
- Overview of CMHA-CEI Veteran Navigation and Housing & Residential Services
- Potters Park Zoo Event
- CAC Member Update

ACTION: The CAC Member recommendation will be submitted by the Program and Planning Committee to the CMHA-CEI Board at its Thursday, November 29, 2018 meeting seeking approval.

Human Resources Committee

Kam Washburn reported that the HR Committee met in closed session on October 3, 2018 to hear a legal counsel update. In addition, Sharon Blizzard also presented a background fact sheet outlining the Health Care Committee's (HCC) discussions regarding participation in a Regional Health Insurance Multiple Employer Welfare Arrangement (MEWA). Stacia Chick announced the HCC has considered a move to PHP with a self-funded pharmacy benefit and stop-loss coverage and is scheduled to meet on October 9 to make a decision on their recommendation to the Finance Committee. In addition, examples of cost comparison with PHP and the present coverage were reviewed and discussed.

Executive Committee Update

Dianne Holman, Board Chair reported that the Executive Committee met on Monday, October 15, 2018 to review and discuss the CEO performance evaluation for period October 1, 2017 through September 30, 2018, which was favorable. The committee the recent correspondence received from Valley Residential Services, Inc.

ACTION: It was determined that a response letter will be drafted and sent by the Board Chair to Valley Residential Services, Inc., by the end of October, 2018.

Building and Sites Ad Hoc Committee

None.

Old Business

None.

New Business

Health Care Committee (HCC)

Sharon Blizzard and Stacia Chick presented the Health Care Committee discussions regarding participation in a Regional Health Insurance Multiple Employer Welfare Arrangement (MEWA) and assured the board that at the October 9, 2018 HCC meeting

the following considerations were fully vetted:

- Decrease in premium sharing for employees
- Increase in administrative oversight related to self-funding pharmacy
- Concerns with a complete change in health care providers
- Limited time frame for employee choice and required re-enrollment for all employees
- Changes to retiree benefit

Discussion ensued regarding the fact that the broker brought this new information to HCC so late, which is disappointing when making such a change.

Joe Brehler expressed concerns regarding the short turnaround time, reciprocity benefits offered by PHP and administrative burden placed on payroll to administer new benefit for upcoming open enrollment within the next two weeks.

Health Care Committee discussions regarding participation in a Regional Health Insurance Multiple Employer Welfare Arrangement (MEWA)

ACTION:

MOVED by Kam Washburn and **SUPPORTED** by Kay Randolph-Back that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties authorize CMHA-CEI authorize participation in a regional health insurance Multiple Employer Welfare Arrangement (MEWA).

MOTION CARRIED unanimously.

Public Comment

Amy Heinrich-Donow from Horizon's Behavioral Solutions shared that over the years she has had an opportunity to build rapport and establish relationships of trust with the families affected at Horizons. She is proud of the work that they do! The families involved require intricate plans of care and structure. It is difficult for families to bounce from AFC homes and providers for weekend respite care. It takes time to build trust, this does not happen overnight!

That being said, Ms. Heinrich-Donow indicated that she would have loved to be approached by CMHA-CEI to discuss potential options for the families before sending them into a state of crisis and that Horizon's Behavioral Solutions still want to be that provider and has been in contact with the state to better understand what options are currently available to assist these families. However, with their current license, Horizon's Behavioral Solutions cannot provide services to 18 or older.

Effective as of October 1, adults are no longer able to receive respite services at this location as Horizon's is licensed as a Child Caring Institute (CCI) and not able to offer concurrent licensure. One option may have been to apply for an AFC license, however, during consultation with DHS she learned that the B-Contract period had closed. In addition, there must be at least one person living full time in the home.

ACTION: Ms. Heinrich-Donow welcomed an opportunity to meet with CMHA-CEI administration, Ley and Clark families to discuss possible licensing options.

Adjournment

The meeting was adjourned at 7:18 p.m. The next meeting is scheduled for Thursday, November 29, 2018, 812 E. Jolly Road, Lansing, MI beginning at 6:00 p.m.

Minutes Submitted by:

**Aleshia Echols
Executive Administrative Assistant**

