

<p style="text-align: center;">COMMUNITY MENTAL HEALTH AUTHORITY</p> <p style="text-align: center;">CLINTON-EATON-INGHAM</p> <p>SUBJECT: Consent to Treatment and Services</p> <p>SCOPE: CMHA Network and Providers</p>	POLICY: <u>3.3.9</u>	REVIEWED	
	Page: <u>1</u> of <u>2</u>	1/25/90	05/2002
	ISSUED BY: Medical Director	2/15/91	05/11/04
		1/7/92	
	APPROVED BY: Board of Directors	1/11/93	
		1/20/95	
		9/30/98	
Effective 02/09/84		1 06/21/05	Revised

I. Purpose:

To ensure standards for obtaining informed consent for participation in treatment.

II. Policy:

- A. Informed consent shall be obtained from a recipient, parent of a minor recipient, or a recipient's legal representative empowered to provide consent prior to a person's participation in mental health services, except that informed consent shall not be required in order to provide treatment (including treatment of a minor) in order to prevent serious bodily harm, or in life threatening behavior.
- B. A minor 14 years of age or older may request and receive mental health services and a mental health professional may provide mental health services, on an outpatient basis, excluding pregnancy termination referral services and the use of psychotropic drugs, without the consent or knowledge of the minor's parent, guardian, or person in loco parentis. Services provided to a minor in this circumstance shall, to the extent possible, promote the minor's relationship to the parent, guardian, or person in loco parentis, and shall not undermine the values that the parent, guardian, or person in loco parentis has sought to instill in the minor.

III. Responsibilities:

- A. The Director of Quality Customer Service and Recipient Rights is responsible for ensuring that procedures to implement the intent of this policy are developed, reviewed, and revised as necessary.
- B. The primary clinician in charge of the written plan of service shall ensure that recipients/consumers, their guardians, and parents of minor recipients/consumers receive sufficient information to provide informed consent for treatment and services.
- C. Staff shall obtain informed consent for treatment and services from an adult, competent recipient, an empowered guardian, parent of a minor, or a minor 14 years of age or older requesting services without parental consent.

IV. Monitoring and Review:

This policy is reviewed by the Medical Director & Director of Quality Customer Service and Recipient Rights. It is monitored internally by the Recipient Rights Office and the Recipient Rights Advisory Committee, and externally through the Department of Community Health.