



Community
MENTAL HEALTH
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HCBS COMMUNITY UPDATE NEWSLETTER

Issue 1 | November 2018

A message from Karla Block

Director of Community Services for the Developmentally Disabled

The months of September and October were very active months for CSDD, and for Transitions staff in particular, resulting in several days of intensive training for future Skill Building and Vocational efforts. All CSDD Clinical and Administrative staff attended an in-depth training event on September 26 and 27 – the focus of this training was to refine and clarify our collective awareness of Skill Building requirements, sound clinical planning needs, and effective goal writing. TBD Solutions was brought in to present this material to our Clinical staff, and their efforts were well received! In addition, TBD Solutions returned again on October 19 to provide another round of Skill Building and Vocational training, this time for our Community Support Technicians (and their supervisors). This provided front line staff with their first glimpse of what their new work activities would entail.

Alongside of these events, Life Consultation and Transitions Charlotte staff are gearing up for their pre-planning efforts related to the Charlotte location shift into the community. The Charlotte group is the first to move through this shift process and, to ensure appropriate time for planning, staff are beginning to meet with individuals and family members several months ahead of the actual shift. This process will entail the application of the Full Life Level of Care review, and these assessments are already being forwarded for review and approval.

Finally, our Quality, Customer Service, and Recipient Rights staff have been working with the CSDD program to develop activities and supports necessary to ensure not only a smooth transition to new services, but means to continually monitor and evaluate the effectiveness of those supports ongoing. Several new positions have been developed within this unit to support clinical services moving forward, both within CSDD directly operated efforts, as well as with our community provider networks.

Karla Block | Director, Community Services for the Developmentally Disabled | CMHA-CEI



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Community Connect Expo

November 29th, 2018
3:00 pm – 7:00 pm

Lansing Center
333 Michigan Ave
Lansing, MI 48909

This expo will provide education about the varying parts of our CSDD service array, as well as allow you to interact directly with the providers of some of those services.

You will be able to learn more about available community agencies in your area and how to utilize them as accessible supports.

It is the intent of this event to help the people we support and their families connect to all of the available resources in their community, including CMHA-CEI.

Small workshops will be offered on key service areas featured in our program re-design.

Light refreshments will be provided!

Free parking is available in Lansing Center parking lots.

Community Living Supports Handbook

The purpose of the handbook is to provide a comprehensive introduction for CMHA-CEI case managers, consumers, and families who are requesting Community Living Supports (CLS). The handbook reviews what natural and community supports, adult home help services, community living support services, medical necessity, self-determination, community inclusion and socialization, frequently asked questions, along with other information.

What does CLS services cover?

CLS services are used to increase or maintain personal self-sufficiency, facilitating an individual's achievement of their goals of community inclusion and participation, independence or productivity. CLS may be provided in the participant's residence or in community settings. Some examples of CLS services include prompting, training, assistance, or support in: Meal Preparation, Laundry, Activities of Daily Living, Shopping for food, Money management, Socialization and Relationship Building; Transportation from the residence to, from and among community activities, Participation in regular community activities and recreation opportunities, Attendance at medical appointments, observing, and/or monitoring of medication administration, and Assistance with preserving the health and safety of the individual in order that he/she may reside or be supported in the most integrated, independent community setting.

The CLS handbook is available through your case manager, please ask them any questions you have about CLS services.

