



**Community**  
MENTAL HEALTH  
CLINTON • EATON • INGHAM

**PROGRAM AND PLANNING COMMITTEE**

**Meeting Minutes**

**Monday, October 9, 2017, 5:30 p.m.**  
**812 E. Jolly Road, Conference Room**  
**G11C Lansing, MI 48910**

**Committee Members Present:**

**Raul Gonzales, Paul Palmer, Kay Randolph-Back, Dianne Holman, Joe Brehler, Jim Rundborg**

**Committee Members Absent:**

**None.**

**Staff Present:**

**Shana Badgley, Aleshia Echols, Sara Lurie, Jennifer Stanley**

**Other Board Members Present:**

**Kay Pray**

**Public Present:**

**None.**

**Call to Order:**

**The meeting was called to order by Chairperson Raul Gonzales at 5:30 p.m.**

**Previous Meeting Minutes:**

**MOVED by Paul Palmer and SUPPORTED by Joe Brehler to approve the meeting minutes of September 11, 2017 striking Comprehensive**

Community Supports and Personal Care per diem – Standard Group Homes at the bottom of page 6, second item in the table.

MOTION CARRIED unanimously.

Adoption of Agenda:

MOVED by Paul Palmer and SUPPORTED by Dianne Holman to adopt the agenda of October 9, 2017 adding Strategic Plan, under Old Business.

MOTION CARRIED unanimously.

Public Comment on Agenda Items:

No comment.

**BUSINESS ITEMS:**

New Expense Contract: New Oakland Family Center

Sara Lurie presented the New Expense Contract: New Oakland Family Center. This contract allows CMHA-CEI to contract for partial hospitalization services. Partial hospitalization services can be utilized as an alternative to psychiatric hospitalization or as a step down from a psychiatric hospitalization for consumers that are having difficulty transitioning home without added support. Partial hospitalization services include; group therapy, psycho-education, a psychiatric evaluation, medication reviews and medication management. The service runs from 9:00 - 3:00 Monday through Friday.

It was noted that there is no competitor in the area for youth and services are all voluntary.

ACTION:

MOVED by Paul Palmer and SUPPORTED by Jim Rundborg that the Program & Planning Committee recommends that the Community Mental Health Authority of Clinton, Eaton, Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with New Oakland Family Center for Partial Hospitalization services,

for the period of November 1, 2017 through September 30, 2018. and pay \$350.00 per day, per consumer, when utilized, for those services.

**MOTION CARRIED** unanimously.

#### Consumer Advisory Council, CAC

Raul Gonzales informed the committee that there are three open positions on the CAC for the 2018 term. Recruitment applications will be accepted through Friday, October 27. Interviews will be scheduled the week of November 13. Selection of members will be in December, 2017. Kay Randolph-Back reminded the committee that eligibility for CAC was expanded to include former consumers.

With regards to the monthly committee meetings, Mr. Gonzales reported that the committee continue to provide a forum for educating the members about CEI and the available programs. This month, there was a presentation regarding Medicaid Spend Down and provided an introduction to Adult and Youth Mental Health First Aid. Substance Use Disorder is scheduled to present at the November meeting.

**ACTION:** Paul Palmer volunteered to present and speak to CAC regarding advocacy. In addition, Paul will check with the contact at DD Council to see if they are available to present to CAC and talk a little bit about the effects of Spend Down.

#### Old Business

##### Strategic Plan

Sara Lurie reported that at last month's meeting, the committee had a spirited discussion regarding the Strategic Plan, and the Addendum that was prepared specifically for CARF and clarified that CEI is currently operating under a strategic direction, scope of work under some key areas. In preparation for CARF's return in 2020, we now have an opportunity to update the Strategic Plan; which through 2015 focused on integrated health. A copy of the CARF outline was distributed as a handout this evening as a reference document.

Discussion ensued. Kay Randolph-Back suggested hiring a facilitator to facilitate the discussions, and expressed the importance of starting with the review of an environmental assessment, as stated in the CARF outline, under Set Strategy and as directed by the Mental Health Code.

Sara Lurie agreed and indicated that she would speak with Dr. Coehlo regarding the most current "Needs Assessment" to see if this document not only identifies the needs of the CEI consumer base, but the needs of the community at large.

As a seasoned board member, Joe Brehler shared that strategic planning is a board function and that historically, the entire board would meet for a full day, off-site retreat to review and discuss the strategic direction Leadership has been taking as it relates to where we want to see ourselves 5 to 10 years from now and determine what we are trying to accomplish. To the best of the committee's recollection, the last retreat was about three or four years ago.

In addition, Mr. Brehler recalled a few years back when CEI expanded in the direction of mild to moderate; there was some assessment conducted at that time to help us determine the need. Therefore, he would be interested in reviewing the data that has been collected, as it may meet our needs.

Dianne Holman expressed the desire to have an opportunity to review the documentation that will be used during the session, prior to the meeting.

Kay Randolph-Back stated that during debate regarding Graham-Cassidy Bill, it was stated repeatedly that Medicaid is unsustainable. Ms. Randolph-Back urged the need for local action on the delivery system and stated that part of the delivery falls here. Ms. Randolph-Back commented that we need to learn to think differently. Our fundamental program for low income people is at risk. In addition, she stated that she is very prepared to take up work at the local level, to say that we are going to have a sustainable delivery system and sees this as a terrific opportunity.

Based on the concern with Medicaid expressed by Kay Randolph-Back, Jim Rundborg agrees, looking forward financially, we should look at worst case scenario and be proactive with planning.

**ACTION:** Sara Lurie will talk with Dr. Coehlo regarding the recent Needs Assessment data. A copy of the Strategic Plan and Addendum will be emailed to members of the board for discussion purposes.

**New Business:**

**None.**

**Public Comment:**

None.

**Adjournment:**

The meeting was adjourned at 6:45 p.m. The next regularly scheduled Program and Planning Committee meeting is November 8, 2017, 5:30 p.m., 812 E. Jolly Rd, Lansing, Conference Room G11-C.

**Minutes Submitted by:**

**Aleshia Echols  
Executive Administrative Assistant**