



Community

MENTAL HEALTH
CLINTON • EATON • INGHAM

BOARD OF DIRECTORS

MEETING MINUTES

Thursday, January 19, 2017, 6:00 p.m.

Community Mental Health Authority

812 E. Jolly Road, G11-C

Lansing, MI 48910

Staff Present:

Andrea Carlson, Stacia Chick, Mary Clissold, Chuck Dougherty, Aleshia Echols, Fran Jozefowicz, Sara Lurie, Ericanne Spence, Jennifer Stanley, Joyce Tunnard, Tamberly Zenas

Public Present:

Elizabeth Pratt, NAMI

Excused (advance notification provided)

Chris Swope

Kay Randolph-Back

Call to Order:

The meeting was called to order at 6:05 pm. by Chairperson, Carol Koenig.

Roll Call:

Joe Brehler, Raul Gonzales, Dianne Holman, Carol Koenig, Stephen Manchester, Paul Palmer, Kay Pray, Jim Rundborg, Maxine Thome, Kam Washburn

Approval of Meeting Minutes:

ACTION:

MOVED by Paul Palmer and SUPPORTED by Kay Pray to approve meeting minutes of December 22, 2016.

MOTION CARRIED unanimously.

Adoption of Agenda

ACTION:

MOVED by Kay Pray and SUPPORTED by Dianne Holman to adopt the meeting agenda of January 19, 2017 with the following changes: removal of item #7, Resolution for the Cherry Street Loan Renewal; due to the fact that item #6, JP Morgan Chase Tax Exempt Borrowing for Renewal of Cherry Street Loan and item #7 are redundant; and moving the Families Forward trauma services presentation to be covered under CEO Report rather than Committee Reports.

MOTION CARRIED unanimously.

Public Comment on Agenda Items:

None

Mid-State Health Network Update:

Joe Brehler reported that Mid-State Health Network met last Tuesday. However, due to the fact that they did not have a quorum, Mr. Brehler stated that he suspects that any time sensitive items will be reviewed and passed by the Executive Committee. He noted that one item on the agenda was the additional eight-month extension of the current SUD services arrangement for CMHA-CEI.

CEO Report

Gwenda Summers, Director of Families Forward gave opening remarks and introduced the following Family Forward (FF) supervisory staff:

- **Fran Jozefowicz, Early Intervention Program, Supervisor**
- **Andrea Carlson, Family Guidance Services, Supervisor**
- **Tamberly Zenas, Family Guidance Services, Supervisor**

Andrea Carlson opened the Trauma Services presentation by stating that FF remains committed to strengthening trauma training supports and services for clinician staff and indicated that in an effort to increase supervisor awareness, FF has put more structures in place such as debriefing opportunities at various levels and incorporated operating guidelines. In addition, Ms. Carlson reported that supervisory staff have recognized that training and supports require continuous monitoring and that we cannot take a one and done approach.

With that being said, Raul Gonzales expressed concern for those employees who interact with families on a day-to-day basis managing highly stressful consumer situations and the importance of having supervisory staff who have the ability to recognize when an employee may require some additional training and supports.

Supervisory staff agreed that regular discussions should take place during supervision meetings and both Raul Gonzales and Maxine Thome were very pleased to hear that this approach is being taken at CMHA-CEI in the FF program and applauded their efforts.

Board Member, Maxine Thome posed a question related to what accommodations are available to children who are hard of hearing/Deaf and was pleased to hear that sign language interpreters are available to provider interpreter services and noted that this population of children experience a high level of physical and sexual abuse.

There was concern expressed for those individuals who are not part of the CMHA-CEI system since general population is not eligible to participate in specific CMHA-CEI programs. It was noted that there are several statewide training initiatives available in the community.

ACTION: Andrea Carlson and Tamberly Zenas will provide the Board with a list of available community resources to link non eligible community members to services. In addition, a copy of the presentation will be made available via email.

Gwenda Summers, Director Families Forward commented that the work that is being done is definitely cutting edge work and reported that the programs are very exciting about instituting the new initiatives in a variety of ways with staff feedback.

Sara Lurie, Chief Executive Officer provided the following updates:

- Consumer Advisory Council (CAC) Update
Ms. Lurie reported that the selection committee received a total of 14 applications. Phone interviews took place last week. Of those, 14 – 11 candidates were interviewed; two rescinded and one is pending. The interview phone panel included: Becki West, Joel Hoepfner, Nicole Wright and Raul Gonzales. Capacity is 18.

Raul Gonzales made a comment that during the phone interviews, participants were very committed and passionate about wanting to share their experience regarding the

use of medications, coping methods, recovery and the public mental health system in general; in hopes to help others who may experience similar situations; which was very touching. Mr. Gonzales stated that he was very inspired by the things that were shared during the phone interviews and looks forward to being a part of this committee.

Chief Executive Officer, Sara Lurie reported that a meet and greet is scheduled on February 2, 2017 from 3:30 – 5:00 in conference room G11-C, and extended an invitation for members of the board to attend, if interested. Ms. Lurie indicated that CAC will be comprised of current and past recipients of family members of those who have received services. A formal recommendation for board approval of this committee will be brought to the CMAH-CEI Board of Directors at their regularly scheduled meeting in February. Following approval, the first official meeting will be scheduled in the month of March. With regards to a regular meeting schedule, the first six months, we are proposing to meet monthly. Following the six months, CAC will determine the frequency of the meeting and outline a schedule.

At this time, Ms. Lurie stated that she sees CAC as a good venue to get consumer input on matters that we (CMHA-CEI) may be struggling with. In addition, she feels that this committee will allow for consumer involvement for both staff and board level requests and will provide a venue for consumers and community partner involvement in shaping CMHA-CEI policies and practices, and will empower consumer voices. Ms. Lurie will facilitate the CAC meetings and Becki West will serve as the administrative support staff for this committee.

Section 298

Sara Lurie reported that we are making progress. Leadership staff met with the TBD Consultants this morning and reviewed current status, action steps and decision points related to 298 pilot opportunities. in preparation of a proposal. The model has to have innovation and have an impact on outcome on high risk population including Pharmacy, dental. We have all the human services supports currently in place and the health department has the clinical.

TACO – Totally Accountable Care Organization

Sara Lurie announced that today CMHA-CEI Leadership met with TBD Solutions and reviewed a model called a TACO - Totally Accountable Care Organization.

TACOS are new: Described as an *“aspirational vision for a health care system where all physical health, behavioral health, long-term services and supports, and elements of public health and social services are integrated for targeted high-need populations”*.

TACOs are different from ACOs as they *“move beyond physical health and address many other causes of poor health by integrating health and social services. While a number of Medicaid ACOs have begun to integrate additional services (e.g., behavioral health) and offer some kind of shared savings arrangement, fully realized TACOs would integrate all services and use braided or blended funding to pay for them.”*

Ms. Lurie reiterated that the focus on social services and ensuring patient’s social needs (housing, transportation, vocational training) are met, seems to be a cornerstone of TACO and stated that the template is more about presenting a model and less about how we will encompass what came out in the draft. We are looking at an innovative model that would allow us to take on full risk and full management across SUD services. However, we need to find a Medicaid Health Plan that would join us and contribute funds in this risk (McLaren is the largest one in all three counties and is part of a prosperity region.)

Ms. Lurie indicated that at this point, a TACO seems to fit our needs quite well and it would allow us to manage our high utilizers across a Medicaid population as well as address SUD issues and other behavioral health issues while integrating services.

BUSINESS ITEMS:

Program and Planning

ACTION:

2015-2016 Mid-State Health Network Corporate Compliance Plan

MOVED by Raul Gonzales and SUPPORTED by Paul Palmer that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the adoption of the 2015-2016 Corporate Compliance Plan developed by Mid-State Health Network as CMHA-CEI’s Compliance Plan.

MOTION CARRIED unanimously.

2016 Mid-State Health Network Quality Assessment and Performance Improvement Program

MOVED by Raul Gonzales and SUPPORTED by Jim Rundborg that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the adoption of the 2016 Quality Assessment and Performance Improvement Program plan developed by the Mid-State Health Network as CMHA-CEI’s Quality Plan.

MOTION CARRIED unanimously.

CARF Outcomes Measurement System Annual Report 2014-2015

MOVED by Raul Gonzales and SUPPORTED by Maxine Thome that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors approve the CARF Outcomes Measurement System Annual Report of 2014-2015.

MOTION CARRIED unanimously.

New Revenue Contract: Lansing School District

MOVED by Raul Gonzales and SUPPORTED by Jim Rundborg that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract with the Lansing School District to provide 1.0 Mental Health Therapist to the Lansing School District Encircle Program for the period of January 1, 2017 through June 30, 2017 and receive \$43,007.04 for those services.

MOTION CARRIED unanimously.

New Revenue Contract: City of Lansing – Bridges Crisis Unit

MOVED by Raul Gonzales and SUPPORTED by Paul Palmer that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract with the City of Lansing for the period of October 1, 2016 through September 1, 2017 and receive \$15,000 to help cover General Fund costs of Bridges Crisis Unit.

MOTION CARRIED unanimously.

New Revenue Contract: McLaren-Lansing

MOVED by Raul Gonzales and SUPPORTED by Dianne Holman that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a new contract with McLaren-Lansing to provide Mental Health Therapist Staffing in the Emergency Department for the period of 2 years anticipated to start March 1, 2017 and receive \$207,398 per year.

MOTION CARRIED unanimously.

New Expense Contract: Community Living Service of Oakland County

MOVED by Raul Gonzales and SUPPORTED by Jim Rundborg that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with Community Living Services of Oakland County to purchase the services at the rates listed below for the period of January 1, 2017 through September 30, 2017.

Service	Code	Unit	Rate
Community Living Supports	H0043	Per Day	\$290-\$440 *
Psychiatric Evaluation	90792	Session	\$240.00
Psychological Evaluation	96110	Session	\$342.00
Behavioral supports	H0032	Session	\$240.00
Medication Review	992XX	Session	\$135.00
Other Assessments (Intake, SIS)	H0031	Session	\$279.00
Supports Coordination	T1016	15 Minutes	\$72.00

* Based on whether School is in session and/or another roommate is available to share staffing Supports

MOTION CARRIED unanimously.

Finance Committee

Expense Contract: Lease/Renovations, Expansion of Wardcliff Autism Center Space in East Lansing

MOVED by Joe Brehler and SUPPORTED by Kam Washburn that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI staff to expand the current leased space at 5150 Wardcliff, East Lansing, MI 48864, commonly known as Wardcliff Elementary School, by 4,800 square feet and amend the existing lease to reflect the next six years lease rates as follows:

April 1, 2017 – September 30, 2018; \$6.61 sq/ft; \$9195.83 monthly; \$110,349.96 / annually.

Renewal for 5 years at 2% increases each year.

Year	Period	Monthly Rent	Annual Rent	Per SQ/FT Price
1	10/1/18 – 9/30/19	\$9379.72	\$112,556.59	\$6.74
2	10/1/19 – 9/30/20	\$9567.31	\$114,807.72	\$6.87
3	10/1/20 – 9/30/21	\$9758.66	\$117,103.87	\$7.01
4	10/1/21 – 9/30/22	\$9953.83	\$119,445.95	\$7.15
5	10/1/22 – 9/30/23	\$10,152.91	\$121,834.87	\$7.30

And to renovate the additional 4,800 square feet of space at a total cost for renovations not to exceed \$120,844.90 with renovation costs to be amortized over a period of 10 years at the rate of \$12,084.49 per year.

MOTION CARRIED unanimously.

Expense Contract Renewal: Samaritan Behavioral Center, Detroit

MOVED by Joe Brehler and SUPPORTED by Maxine Thome that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract renewal with Samaritan Behavioral Center to purchase hospital services at the rates and dates indicated below:

Samaritan Behavioral Center: 1-year agreement (1/1/2017 – 9/30/2017) - rates all-inclusive

Inpatient – adults: \$765.00 per diem

MOTION CARRIED unanimously.

Expense Contract Amendment: Beacon Specialized Living Services, Inc.

MOVED by Joe Brehler and SUPPORTED by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract amendment with Beacon Specialized Living Services, Inc. to purchase specialized residential services, psychiatric evaluations and medication reviews for the period of October 1, 2016 through December 31, 2018 and pay the rates listed on the attached rate sheet.

Beacon Specialized Living Services Rate Sheet			
Service Description	Service Code	Unit of Service	Rate
Psych Eval with Medical Exam	90792	Event	\$400.00
Psychiatric Diagnostic Evaluation	90791	Event	\$400.00
Psychotherapy, 16-37 min	90832	Event	\$120.00
Psychotherapy, 38-52 min	90834	Event	\$120.00

Psychotherapy, 53-60 min	90837	Event	\$120.00
Med Review, approx. 10 minutes-minor problems	99212	Event	\$200.00
Med Review, approx. 20 minutes-low/moderate	99213	Event	\$200.00
Med Review approx. 25 minutes-moderate/high	99214	Event	\$200.00
Comprehensive Community Supports and Personal Care per diem –Standard Group Homes	H2016 / T1020	Day	\$ 222.50
Comprehensive Community Supports and Personal Care per diem – Beacon Springs	H2016 / T1020	Day	\$272.50
Lifesytltes Apartment Program	H0043	Day	\$125.00

MOTION CARRIED unanimously.

Expense Contract Amendments: Residential Options, Inc. and Royal Care Link

MOVED by Joe Brehler and SUPPORTED by Paul Palmer that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into contract amendments with the agencies listed below, to purchase Community Living Supports (CLS), on an as needed basis for the for the periods and rates listed below:

Agency Name	Address	Service	Start Date	Expire Date
Residential Options Inc.	2121 E Grand River Lansing, MI 48912	Children’s Waiver /Hab. Waiver /B3 (CLS*/Respite)	1/1/17	09/30/17
Royal Care Link	4700 Hagadorn, Suite 107A East Lansing, MI 48823	Children’s Waivers /Hab. Waiver /B3 (CLS*/Respite)	10/1/16	09/30/17

Name of Service	Code	Unit Rate	Hourly Rate
CLS –High Need Exception Rate	H2015	\$5.08	\$20.32
CLS –High Need Exception Holiday /Overtime Rate	H2015	\$7.62	\$30.48

*A per diem code (H0043) and rate may be utilized in lieu of the H2015 code that is calculated by using one of the board approved hourly rate multiplied by the number of authorized hours per the individual’s level of care and need.

MOTION CARRIED unanimously.

Revenue Contract Renewal: Ingham County Health Services Millage

MOVED by Joe Brehler and SUPPORTED by Raul Gonzales that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to enter into a contract with Ingham County for the provision of a range of behavioral health and developmental disability services and receive up to \$1,254,835 for the period of October 1, 2016 through September 30, 2017.

MOTION CARRIED unanimously.

JP Morgan Chase Tax Exempt Borrowing for Renewal of Cherry Street Loan

ACTION:

MOVED by Joe Brehler and SUPPORTED by Kay Pray that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors adopt the JP Morgan Chase Bank certified resolution regarding borrowing and tax qualifications for the renewal of the Cherry Street loan.

MOTION CARRIED unanimously.

Human Resources

No report.

Recipient Rights

No report.

Executive Committee

No report.

Access Ad Hoc Committee

No report. Next meeting scheduled for Monday, January 30, 2017 at 5:00 p.m., in G11-C conference room.

Bylaws Ad Hoc Committee

Stephen Manchester apologized for being slow to finalize the bylaws. However, indicated that the bylaws ad hoc committee has done a good job reorganizing the information. Mr. Manchester mentioned that the committee did discuss three-year term limits for board officers at length and requested to hold current bylaws in abeyance until recommendations come out in March.

Building and Site Ad Hoc Committee

Sara Lurie reported on behalf of John Peiffer that the bond has been wrapped up and the bid process is in place. Currently working on paperwork and formalities with new lease. Pre-opening Inquiries scheduled for February 14; bids due on February 21. Scheduled to break ground in April, 2017.

Old Business

None.

New Business

None.

Public Comment

None

Adjournment

The meeting was adjourned at 7:10 p.m. The next meeting is scheduled for Thursday, February 16, 2017 in G11-C conference room beginning at 6:00 p.m.

Minutes submitted by:

Aleshia Y. Echols

Executive Administrative Assistant