

All inquiries and services are held in the strictest confidence.

Recipients of substance use disorders services have rights protected by state and federal law and promulgated rules. For recipient rights information, please contact the Community Mental Health Authority (CMHA-CEI), Substance Abuse Services (SAS) Recipient Rights Advisor, Julie Vermett-Pollock at (517) 676-4905; or the Regional Recipient Rights Consultant of Mid-State Health Network at (517) 657-3011.

If you are seeking behavioral health services and you are not currently an inmate in the Ingham County Jail, please call the CMHA-CEI Access Department at (517) 346-8318. For emergency mental health needs, please call CMHA-CEI Crisis Services, 24 hours per day at (517) 346-8460.



All programs are smoke free environments.

12/17/jvp

Licensed by the State of Michigan to provide substance use disorder treatment services.

Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

Caring & Capable Staff

The CATS Program therapists and case manager are licensed Master Social Workers, Professional Counselors and Certified Advanced Alcohol and Drug Counselors.



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Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

Correctional Assessment & Treatment Services

CATS Program

inside the
Ingham County Jail



Substance Abuse Services

The Correctional Assessment and Treatment Services (CATS) Program is an outpatient substance use disorder (SUD) treatment program of Community Mental Health Authority Clinton-Eaton-Ingham (CMHA-CEI). All services are provided exclusively to inmates at the Ingham County Jail, at no cost to the inmate. CATS strives to provide a safe, respectful and trusting atmosphere which allows individuals to develop new coping skills and behaviors that will help them reach their recovery goals. CATS works to create a co-occurring capable system that is welcoming, person-centered, recovery oriented, culturally competent and trauma-informed. SAS programs encourage, support & guide individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Recovery (MAR).

Referral Sources

- Self-referred by sending an Inmate Request form (“kite”).
- Recommended by family or friends.
- Ordered by the Court, Judge or Parole / Probation Agent.
- Referred by Mental Health therapists, Medical staff or other community partners.

Treatment Modalities and Aims

- ❖ Biopsychosocial Assessment: To identify client strengths and needs for treatment.
- ❖ Individualized Treatment Planning: To collaborate in identifying and setting individualized treatment goals for how the client would like to pursue change in his or her life.
- ❖ Individual and Group Therapy:
 - To provide clients with information and resources about chemical dependency and how to recover from addiction (Psychoeducation).
 - To consider the role substance use has played in one’s life and incarceration; and determine one’s readiness to make a change (Motivational Interviewing).
 - To develop an individualized relapse prevention plan and implement behavioral changes to achieve one’s goals (Cognitive Behavioral interventions).
- ❖ Case Management: To link clients with ongoing supports and services to help them maintain these changes after release from jail.



Admission Criteria

- Currently an inmate at the Ingham County Jail on a local charge.
- Meet residency criteria of a permanent address within the Coordinating Agency region.
- A pattern of substance abuse or dependence prior to incarceration.
- Meet patient placement criteria for outpatient treatment as determined by the assessment therapist.

Crisis Mental Health Services

CATS licensed Master-level Mental Health Therapists are experts in crisis intervention and provide empathetic, supportive care on-site to inmates experiencing mental health crisis. The program’s goal is to prevent suicide or other self-harm by providing prompt screening/risk assessment, safe jail-housing recommendations and, when necessary, hospitalization. CATS provides ongoing support to individuals in the Ingham County Jail with moderate to severe mental health concerns, which may include helping the individual identify and improve coping skills, linking them to medical care and/or medications, and facilitating a referral to continued mental health services upon release from jail. The CATS Program is only able to provide mental health services to inmates during their incarceration.