



**Wednesday, May 14, 2014, marks the tenth anniversary  
of the Walk a Mile in My Shoes Rally  
*State Capitol Building, Lansing***

## **Why We Rally...**

**To enhance public awareness**

**Because legislators need to know *Mental Health Matters***

**To put an end to the stigma related to mental illness & developmental disabilities**

**Because Michigan does not have parity (equality) between mental health  
& physical health care coverage**

**To promote mental health and wellness**

**Because we can make a difference!**

**In recognition of May as Mental Health Awareness Month, the Michigan Association of Community Mental Health Boards and other statewide advocacy agencies are hosting the tenth annual rally where consumer representatives hold county flags and deliver a statement about mental health from the steps of the state Capitol building.**