



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

**BOARD OF DIRECTORS
HYBRID MEETING
MINUTES
Thursday, November 18, 2021
6:00 p.m.**

Staff Present (Via Zoom):

Shana Badgley, Sharon Blizzard, Karla Block, KC Brown, Joanne Holland, Jody Nelson, Sue Panetta, Jennifer Stanley, Gwenda Summers, Joyce Tunnard

Excused:

None.

Staff Present (In-Person):

Aleshia Echols, Sara Lurie, John Peiffer

Public Present (via Zoom):

**Trudy Brower, National League of Women Voters, Observer
Elizabeth Pratt, NAMI**

Public Present (In-person):

Daniel Arnold

Union Representation:

None.

Call to Order:

The meeting was called to order by Board Chair, Joe Brehler at 6:00 p.m.

Roll Call:

Joe Brehler, Raul Gonzales, Dianne Holman (Via Zoom), Lansing, Michigan; Ingham County; Timothy Hanna, Paul Palmer (Via Zoom), Lansing, Michigan; Ingham County; Al Platt, Kay Randolph-Back, Emily Stivers, Dwight Washington

Excused:

Dale Copedge
Adam Matson
Maxine Thome

Previous Meeting Minutes:

ACTION:

MOVED by Al Platt and SUPPORTED by Emily Stivers that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the October 21, 2021 meeting minutes as written.

MOTION CARRIED unanimously.

Adoption of Agenda:

ACTION:

MOVED by Paul Palmer and SUPPORTED by Dwight Washington that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the November 18, 2021 Agenda with the addition of the following two (2) New Business Items:

- a. Expense: Community Mental Health Association of Michigan Membership Dues and Supplemental Payment
- b. New Expense Lase Contract – Families Forward

MOTION CARRIED unanimously.

Public Comment:

None.

Mid-State Health Network (MSHN) Update:

Board Chair, Joe Brehler reported that Mid-State Health Network (MSHN) Board of Directors has not met since our last meeting.

CEO Report

CEO, Sara Lurie introduced Families Forward, Director, Gwenda Summers who expressed excitement for the new Integrated Community Youth Outreach Unit that will be presented by Jody Nelson this evening. Ms. Summers explained that for many years, CMHA-CEI has been looking for opportunities to increase our efforts within communities where youth congregate. This objective of this new unit includes: identifying youth with SED, linking youth with services, providing therapeutic skills-based groups, and assisting with youth mental health awareness training and navigating services. Ms. Summers announced that CMHA-CEI, Families Forward program has received a 2-year commitment made possible by a grant from MDHHS and other funding through Ingham County in support of this new unit.

Families Forward, Director, Gwenda Summers then introduced Jody Nelson, Families Forward, Coordinator 2, stating that Mr. Nelson has a long history with Families Forward and is excited to announce that Mr. Nelson is leading up this new team.

Integrated Community Youth Outreach Unit Presentation

Jody Nelson provided an overview of the new Integrated Community Youth Outreach Unit and fielded questions. A copy of the presentation is attached for your review and information. Highlights from the presentation included:

- Integrated Community Youth Outreach Unit Goals
- Staffing, Youth Outreach Age Groups
- Skills Groups (Resilience, Social Skills, Life Skills)
- Initial Partnerships

Board member, Kay Randolph-Back commented that Native American youth are at higher risk for mental health issues and expressed concern that there were no sites listed in the initial partnership section, at this time to reach this population. Additionally, Ms. Randolph-Back inquired about “who” specifically would be eligible for these services and stated that during the presentation SED was mentioned and requested clarification regarding how and why someone would not be eligible for these services?

CEO, Sara Lurie advised that under the mental health code, CMHA-CEI is required to serve anyone who is in need of these services, and that we will be able to utilize funding under CCBHC, as needed. However, also noted that it will depend on

workforce capacity and in some cases, it may be more expeditious to refer individuals outside of the CMH umbrella for services.

Board member and Ingham County Commissioner, Emily Stivers inquired about the proportion of funding that was provided by Ingham County funding for this new unit? Additionally, Ms. Stivers inquired about process that was used to determine/select the initial starter sites, and expressed concern that in reviewing the initial sites, there were an overwhelming number of underserved populations that were not listed (specifically, there were no Meridian sites on the radar), and inquired about how to make contact with someone in the unit to make requests for additional sites to be added?

CEO, Sara Lurie advised that 50 percent of the funding for this new unit was provided by Ingham County.

Jody Nelson provided the following contact information for any agencies wishing to be added to the site listing for consideration:

Jody Nelson
Coordinator, Youth Engagement Services
CMHA-CEI
Phone: (517) 346-8094
Email: nelson@ceicmh.org

Board members requested to make contact with the following agencies:

- Nokomis Cultural Heritage Center
- Native American Indian Center
- Cristo Rey
- Black Child & Family Institute
- Boys & Girls Club of Lansing

Mr. Nelson also advised that if a random school experienced a Crisis and they call Families Forward, they would be referred to the CISM Intervention Team and a representative from CEI would meet with the school administration. However, for example, if a number of students in a specific school are struggling in the area of anger management, someone from this team would work with the school to establish a group session either during school hours or after school to address this topic. Again, all participation is voluntary so information would be circulated within the

school for parent knowledge that the group was being established and students would be required to sign-up to participate.

Board Member, Kay Randolph-Back inquired as to whether this program would be ongoing and advised that the W. K. Kellogg Foundation specifically focuses on youth and philanthropy and suggested that CMHA-CEI may wish to explore this at one point should additional funding be needed since this is cutting edge work and would have a double value based on delivery of services. Ms. Randolph-Back commented that the model may also appeal to philanthropy and shared that she is aware of this as she is a retiree of W.K. Kellogg Foundation.

Families Forward Director, Gwenda Summers thanked Board Member, Kay Randolph-Back for this information and advised that the focus will be on training staff and providing critical services to the community as well as closely monitoring data and outcomes for the next 2 years and will keep this in mind.

CEO Report

CEO, Sara Lurie provided the CEO Report. Highlights from the written report included:

- Community Mental Health Association of Michigan Voluntary Special Assessment

Ms. Lurie shared that the purpose of the Voluntary Special Assessment (in which participation is voluntary on the part of each CMH and PIHP) is to provide a significantly increased level of funding for CMHA's advocacy work – an increase designed to match the level of threats and opportunities faced by the state's CMHs and PIHPs and those whom we serve. These increased dollars would be used, as dues and fees to CMHA are currently used, to fund the advocacy, government affairs, and media/public relations work of CMHA – but with greater intensity and reach. The legal and accounting bases for supporting this special assessment are no different than those for the dues and fees that CMHs have traditionally paid to CMHA- thus allowing the use of any funding source (Medicaid, GF, local, earned revenue, etc.) to be used to pay this special assessment.

While the details of this expanded public education and media relations effort, based on our current efforts, will be developed in the coming weeks, it is likely to include: expanded coverage in press, electronic, and social media; additional first-person narrative videos; billboards; and public opinion polls.

ACTION: Now is the time to give more resources to the Association to educate legislators and members of the public about the public mental health system with greater intensity and reach due to the limited window of opportunity between now and 2022 due to the fact that there is not a lot of direct funding proposed in the supplemental budget to CMHs but rather to the hospitals.

- **Vaccination Requirements**

There is still a lack of clear regulatory guidance, as well as a temporary national injunction against CMS Vaccination Rules. We are hoping that by December 1, we will have received additional information and can make a determination as to whether or not CMHA-CEI will be required to apply the CMS vaccine mandate to our staff. The general OSHA Vaccine Rules for employers with over 100 staff has been placed on hold in the court system and has been suspended by OSHA pending outcome of the court challenges. However, in order to be prepared, CMHA-CEI will continue to follow the current July 2021 OSHA Health Care Temporary Standards and collect proof of vaccination status as well as religious and medical accommodation requests and encourage staff who have not yet done so to continue to provide proof of vaccination or if appropriate to submit accommodation requests, pending clear guidance from Michigan Department of Health and Human Services. However, no immediate adverse employment action will be taken until clarity is received from the state.

Additionally, CMHA-CEI staff who work within other healthcare organizations such as hospitals, health centers, or nursing homes may still be required to follow the rules of that organization regarding vaccination requirements. CMHA-CEI Director staff will be meeting to discuss next steps at the upcoming Strategic Planning meeting scheduled for November 30, 2021 as Directors remain concerned regarding the possibility of there not being a testing option under CMS and for the congregate Residential and Group Home settings.

ACTION: CMHA-CEI will continue to forward information and resources to staff regarding vaccination opportunities through Ascension Pharmacy in our Jolly Rd. facility as well as other local resources in Clinton, Eaton, and Ingham Counties.

BUSINESS ITEMS:

Program & Planning Committee

ACTION:

New Expense Contract: Hien Nguyen, DO

MOVED by Raul Gonzales and SUPPORTED by Al Platt that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into a new contract with Hien Nguyen, DO to purchase psychiatric services from Hien Nguyen, DO for the period of November 22, 2021 to September 30, 2022 and pay \$185/hour for those services until Dr. Nguyen provides documentation of psychiatric board certification, at which point the hourly rate will increase to \$195/hour.

MOTION CARRIED unanimously.

New Expense Contract: Krishna Vempati, DO

ACTION:

MOVED by Raul Gonzales and SUPPORTED by Paul Palmer that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into a new contract with Krishna Vempati, DO to purchase psychiatric services from Krishna Vempati, DO for the period of November 22, 2021 to September 30, 2022 and pay \$185/hour for those services until Dr. Vempati provides documentation of psychiatric board certification, at which point the hourly rate will increase to \$195/hour.

MOTION CARRIED unanimously.

New Expense Contract: Masterwork Environmental Modification, Children's Supports Waiver (CSW)

MOVED by Raul Gonzales and SUPPORTED by Emily Stivers that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to enter into a new contract with CEI Community Mental Health at the total cost identified below for Environmental Modifications for the period of November 15, 2021 through April 30, 2022.

RATE SCHEDULE

Service	Company	Code & Modifier	Rate	Unit
Environmental Modification	CEI Community Mental Health	S5165	\$5,765	Per Service

(Children's Supports Waiver Service)				
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MOTION CARRIED unanimously.

Community Advisory Council Recommended Appointees

MOVED by Raul Gonzales and **SUPPORTED** by Al Platt that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) appoint the following individuals named to serve as members of the Consumer Advisory Council.

Luna Brown-2-year term to expire on 9/30/2023

Tina Bertram-2-year term to expire on 9/30/2023

MOTION CARRIED unanimously.

Finance Committee

Expense Contracts:

ACTION:

MOVED by Emily Stivers and **SUPPORTED** by Dwight Washington that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) authorize CMHA-CEI to:

Expense Contract Renewal: Residential Type A

- **renew the contract with the provider below, in addition to the provider's roster of licensed Adult Foster Care facilities that have their special certifications approved by LARA, as requested and approved by management to meet consumer need, to purchase specialized residential services with the per diem rates of \$41.63 (Level I), \$63.60 (Level II), \$85.57 (Level III), \$106.97 (Level IV), and \$123.17 (Level V) for Personal Care (T1020) and Community Living Supports (H2016) independent of any amount paid to the home for room and board as calculated in the consumer's ability to pay, for the retroactive term of November 1, 2021 through September 30, 2022.**

Provider	Facility	License Number
Elsabeth Engeda DBA Kalkidan AFC, Corp.	Kalkidan AFC 3	AS330367324

Expense Contract Renewal: Sheila Marcus, MD

- enter into a contract renewal with Sheila Marcus, MD to provide training and coaching in Child and Parent Psychotherapy to CMHSP's and pay up \$29,600 for those services for the retroactive period of October 1, 2021 through September 30, 2022.

Expense Contract Renewal: Relias

- to pay MSHN \$64,730.28 for Relias online training for the retroactive period of November 1, 2021 through October 31, 2022 contract term and pay \$64,730.28

Expense Contract Renewals: Residential Type A Non-Standard – Beacon Home at Battle Creek

- renew the contract with the provider below, in addition to the provider's roster of licensed Adult Foster Care facilities that have their special certifications approved by LARA, as requested and approved by management to meet consumer need, to purchase the services listed below, for the retroactive term of October 1, 2021 through September 30, 2022.

Provider	Facility	License Number	Service	Code	Base Rate	Base Rate + DCW	Unit
Beacon Specialized Living Services	Beacon Home at Cedar Creek	AS130405804	Personal Care and Community Living Support	T1020 and H2016	241.73	266.07	Per Diem

MOTION CARRIED unanimously.

FY22 Budget Adjustments and Proposals

ACTION:

MOVED by Emily Stivers and **SUPPORTED** by Joe Brehler that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties to authorize (CMHA-CEI) to accept the budget adjustments and above the line proposals to Balance FY 2022 Budget.

MOTION CARRIED unanimously.

Consumer Advisory Council

CAC Board Liaison, Raul Gonzales provided an update from the November 4, 2021 Consumer Advisory Council Meeting. Highlights included:

- Recommendations from CAC Applicant Interviews (it was recommended and approved to make it a requirement that all future CAC applicants attend a CAC meeting prior to applying for membership. This requirement will be added to the Bylaws in January.)
- Recipient Rights Follow-up Discussions (Greg Fox will present at a future CAC meeting to further discuss the importance of providing recipient rights training/informational sessions for consumers, their families, and ways to promote Recipient Rights.)
- Advocacy Updates (kudos to Sara, Becki and Jerri Nicole for their attendance at the recent listening tour which was held on Thursday, November 4, 2021 from 5:30 – 7:00 pm, at the Ingham County Human Services Building)

The next virtual meeting is scheduled for December 2, 2021 at 3:30 pm.

Community Access Committee

The next Community Access Committee meeting is scheduled for Monday, November 22, 2021 at 5:30 pm, and will be held as a hybrid meeting.

Unfinished Business

None.

New Business

Expense: Community Mental Health Association of Michigan

Discussion: Board Chair, Joe Brehler shared that Alan Bolter, CMHAM Associate Director presented at the November 1, CMHA-CEI Elected & Appointed Officials meeting and provided an Advocacy Update expressing strong community support in opposition to SB 597 and 598, the bills that will move the management of Michigan's public mental health system to private health insurance companies. This presentation presented an opportunity for dialogue and questions related to Representative Shirkey's bills as well as provided information regarding the continuing 2-month long mental health listening tour initiated Michigan State Rep. Felicia Brabec (D-Pittsfield), focusing on community-based mental health across the state. Brabec will be moderating the events as she and her fellow representatives engage with their constituents and interested stakeholders on how to improve their community-based mental health systems. Once the tour is complete, the recommendations and data gathered will be used to craft legislation that is inclusive of the whole state.

Mr. Brehler also reported that CMHAM is working to draw together, through this special assessment, a public education and media relations fund of size – a size to compete in the public arena, with those who spend, at last count, 27 times what our association, members, and allies spend on such efforts and reported that it is clear that the rural counties do not clearly understand what the issues are or what CMHs do and the importance to arm the Association sufficiently and urged the CMHA-CEI Board of Directors to support this Voluntary Special Assessment matching the CMHA-CEI annual dues in the amount of \$27, 313.00 commenting that if there is a need again, we will be bringing this back to the board for consideration.

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Paul Palmer that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to pay annual dues of \$27,313 and to provide a supplemental payment equal to current year CMHA-CEI Dues of \$27,313 for a total of \$54,626.

MOTION CARRIED unanimously.

New Expense Lease Contract

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Kay Randolph-Back that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to lease the property at: 5913 Executive Drive; Corporate Centre, Lansing Michigan 48911 from Jackson National Life Insurance Company, for the period of three years at the following rate:

January 1, 2022 through December 31, 2022 and pay \$35,834 per month, or \$430,000 annually. January 1, 2023 through December 31, 2023 and pay \$36,734 per month, or \$440,800 annually. January 1, 2024 through December 31, 2024 and pay \$37,652 per month, or \$451,820 annually. Including: IT Infrastructure hardware and software one time not to exceed \$32,000. Ongoing Communication expenses of \$9016 per year.

MOTION CARRIED unanimously.

Public Comment

Daniel Arnold reported that he is taking life in stride, sticking to a regular schedule and visiting various locations within the Lansing Community. Mr. Arnold thanked CMHA-CEI for their continued funding of JIMHO Drop-In Center reporting that they are open from 7:00 am – 4:30 pm. Mr. Arnold reported that JIMHO has changed a lot and offers coffee made to order and offers those who are homeless a safe place to hang out during the day; in which he is grateful, especially the winter months.

Mr. Arnold then provided the board members with a glimpse of what it is like to be a mental health consumer in Lansing and be homeless and shared that many consumers loose hope and become discouraged about the possibility of having housing because of the strict requirements; which typically include having a good work record for a minimum of 2 years, and noted that many homeless, mental health consumers have difficulties maintaining a good work record for 2 full years which unfortunately have a major impact on their ability to secure housing.

Elizabeth Pratt provided the following announcements:

- **NAMI Connect Recovery Support Group** have resumed meeting in collaboration with two other NAMI Support Groups. **NAMI Connection** NAMI Connection Recovery Support Group is a free, peer-led support group for any adult who has experienced symptoms of a mental health condition. You will gain insight from hearing the challenges and successes of others, and the groups are led by trained leaders who've been there.

- **Observation of the 9th local Crisis Intervention Training scheduled for Tuesday, November 30, 2021, reporting that to date, 360 law enforcement officers have received the 40-hour training; noting that Tri-County has trained the most officers. Kudos to CMHA-CEI and NAMI for their local support of this program.**

Adjournment

The meeting adjourned at 7:12 p.m. The next meeting is scheduled for Thursday, December 16, 2021, beginning at 6:00 p.m., and will take place at 812 E. Jolly Road, in the Atrium. Because CMHA-CEI is a health care provider, distancing and face-mask requirements will remain in place regardless of an individual's vaccination status. The meeting space will be set up with at least 8 feet between seats.

Minutes Submitted by:

Aleshia Echols

Executive Administrative Assistant