



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

**BOARD OF DIRECTORS
MEETING MINUTES
Thursday, February 20, 2020
6:00 p.m.
812 E. Jolly Road, G11-C
Lansing, MI 48910**

Staff Present:

Shana Badgley, Stacia Chick, Aleshia Echols, Gwenda Summers, Joanne Holland, Sara Lurie, Lindsey Michalik, Ericanne Spence, Jennifer Stanley, Sandra Thomas, Joyce Tunnard

Excused: Sharon Blizzard, Karla Block

Public Present

**Michael Haley
Commissioner Dwight Washington**

Union Representation

None.

Call to Order

The meeting was called to order by Board Vice Chair, Paul Palmer at 6:04 p.m.

Roll Call

Joe Brehler, Dale Copedge, Raul Gonzales, Dianne Holman, Al Platt, Paul Palmer, David Pohl, Kay Randolph-Back, Emily Stivers, Maxine Thome

Excused (advance notification provided)

**Adam Matson
Jim Rundborg**

Previous Meeting Minutes:

ACTION

MOVED by Kay Randolph-Back and **SUPPORTED** by Raul Gonzales to approve the meeting minutes of January 16, 2020 with the following amendment:

- Page 5, under Welcome New Board Member Commissioner Dwight Washington, change from Eaton to Clinton County Commissioner.

- Move Action Item on page 6, under Elected & Appointed Officials Luncheon **ACTION:** Kay Randolph-Back recommended extending an invitation to Attorney Gregory Moore to attend the March 6 retreat, to page 5 under MDHHS Behavioral Health Redesign.

- Page 10, remove narrative of resolution entitled: Expense Contract Renewal: MI Department of Career Development and amend with the following narrative of resolution Expense Contract Renewal: Michigan Department of Energy and Labor & Economic Growth, Michigan Rehabilitation Services to be consistent with motion contract narrative language.

- Page 12, 2nd Reading of Bylaws for Discussion and Approval. Motion should read:
ACTION:
MOVED by Al Platt and **SUPPORTED** by Paul Palmer that the Board of Directors of Community Mental Health Authority of Clinton, Eaton, and Ingham Counties adopt the revised bylaws dated January 16, 2020 with the following two amendments stricken:
 - Term Limits
 - Executive Committee authorization to select the Chair for each board committee

- Page 12, under Adjournment, date of next meeting should be February 20, 2020 not February 16, 2020.

MOTION CARRIED unanimously.

Adoption of Agenda:

MOVED by Joe Brehler and **SUPPORTED** by Raul Gonzales to approve the agenda with the following amendment under new business, addition of CMHAM Winter Conference Report Out.

MOTION CARRIED unanimously.

Public Comment

Michael Haley

Mid State Health Network Update

Joe Brehler reported that the next meeting is scheduled for March 3, 2020.

CEO Report

Update on two SAS Projects Presentation

Ericanne Spence, SAS Director Highlights from the presentation included:

- The Recovery Center Update
- National Council Visit
- Goals and Action Steps to Improve occupancy of Program
- The Vision
- Progress on TRC Plan
- Ingham County MAT Initiative
- Building Bridges

Discussion ensued.

CEO Sara Lurie then provided updates on the following items:

- Millage, reporting that the millage will be on the March 10 ballot (millage fact sheet handout distributed).

- Change Management Training
Ellen Kagen was on-site on January 23 – January 24th at the Royal Scot Conference and Banquet Center for a two-day change management training with approximately 75 management staff. Sara reported that although she was unable to attend due to having to be out of town for her mother-in-laws celebration of life services, however received a report that the Directors Group did an amazing job working with the presenter and coordinating the logistics of the training. Since the training, we continue to use tools to help managers push forward and are looking at following up in August, 2020 with the adaptive leadership training. One concept that was strongly focused on was the fact that all staff members can lead and that leadership does not only come from the top down. CEO, Sara Lurie reiterated that this message has continuously been shared since the name change from Leadership Team to Directors Team was unveiled at this years' Employee Appreciation Event.

- **MDHHS Redesign Virtual Forum**
CEO, Sara Lurie reported that in lieu of the regular Consumer Advisory Council (CAC) meeting for the month of February, the council used their regular meeting time to get acquainted with the concepts of the redesign in the form of an informational session. CEO, Sara Lurie prepared an overview PowerPoint and walked through the slides in detail answering questions along the way in preparation for the virtual forum that took place immediately following the regular scheduled meeting time. CEO, Sara Lurie reported approximately 25 participants which include community members, consumers including Charter House and CAC members. CEO, Sara Lurie reported that the last public forum is scheduled for tomorrow evening.
- **Board of Directors/Directors Group Retreat**
CEO, Sara Lurie reminded board members that a joint Directors and Board of Directors retreat is scheduled for Friday, March 6 from 9:00 a.m. – 3:30 p.m., and will be held at 426 S. Walnut Street, Lansing, MI.

This session will allow us to hear more about the MDHHS Future of Behavioral Health Public Virtual Forum redesign from the perspective of CEO, Robert Sheehan, CMHAM, President, Jay Rosen, Health Management Associate and Mid-State Health Network, CEO, Joe Sedlock. Sara also has an email out to Attorney Gregory Moore. Agenda forthcoming.

During the morning session, each of the scheduled presenters will offer input regarding maintaining and shaping the public redesign, field questions and provide guidance for consideration. In the afternoon, the team will review the existing FY 18 - 23 strategic plan and update and revise as needed.

We are excited to have Jan Urban-Lurain from Spectra Data and Research back to facilitate this session. Ms. Urban-Lurain facilitated the first board retreat back a couple of years ago.

Program & Planning Committee

New Revenue Contract: Clinton County RESA

ACTION:

MOVED by Raul Gonzales and **SUPPORTED** by Dale Copedge that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to enter into a new contract with Clinton County RESA to provide a Mental Health Therapist to

provide mental health therapy services for the period of March 1, 2020 to September 30, 2020 and receive \$55,567.00 for those services.

MOTION CARRIED unanimously.

New Revenue Contract: Blue Care Network of Michigan

ACTION:

MOVED by Raul Gonzales and SUPPORTED by Maxine Thome that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to enter into a new contract with Blue Care Network of Michigan to provide Adult Intensive Services to BCN members with an SPMI diagnosis for the period of February 20, 2020 through September 30, 2020 and receive reimbursement at the rates listed below for those services.

CPT/Modifier	Level	Services Included	Weekly Rate	Physician or Practitioner Fees Incl.
S9485 U6	1	<ul style="list-style-type: none"> Transition – Coordinate with current treating therapist or psychiatrist interventions 	\$150	No
S9485 U7	2	<ul style="list-style-type: none"> Intensive case management (Support Coordinator) of up to 2-4 hours per month; may include court related interventions Nursing services Peer Support Partners 1-2 times per month Supported employment and rehabilitative services 	\$375	No
S9485 U8	3	<ul style="list-style-type: none"> Intensive case management (Support Coordinator) of up to 24 hours per month; clinical and psychosocial services provided by a mobile interdisciplinary treatment team that is comprised of a social worker, psychiatrist, 	\$2,610	No

		nursing staff, psychologist and other specialists; may include court related interventions		
S9485 U9	4	<ul style="list-style-type: none"> • Specialized Residential or Intensive Community Living Supports • Intensive case management (Support Coordinator) of up to 24 hours per month; clinical and psychosocial services provided by a mobile multidisciplinary treatment team that is comprised of social worker, psychiatrist, nursing staff, psychologist and other specialists; may include court related interventions • Nursing services • Peer Support Partners 1-2 times per month • Supported employment, housing support and rehabilitative services • Clubhouse services (day treatment) 	\$5,340	No

MOTION CARRIED unanimously.

Finance Committee

Expense Contract Amendment: Connie Srebnik – Srebnik’s AFC

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by David Pohl that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to enter into a contract amendment with Connie Srebnik to purchase specialized residential services for one consumer with an increased level of care at the location listed below and pay a per diem rate of \$202.50 for service codes

H2016 and T1020, independent of any amount paid to the home for room and board as calculated in the consumer's ability to pay, for the period of September 4, 2019 through September 12, 2019.

Facility Name	Facility Address	License Number
Srebnik's AFC	3386 Wildwood Lane Rogers City MI, 49779	AF710285613

MOTION CARRIED unanimously.

New Expense Contract: Dell Computer

ACTION:

MOVED by Joe Brehler and SUPPORTED by Raul Gonzales that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to purchase laptop computers from Dell Computer and pay \$147,181.98.

MOTION CARRIED unanimously.

Revenue Contract Renewal: Branch County Community Mental Health Authority (dba Pines Behavioral Health Services) COFR Agreement

ACTION:

MOVED by Joe Brehler and SUPPORTED by David Pohl that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to enter into a contract renewal with Branch County Community Mental Health Authority (dba Pines Behavioral Health Services) to provide the services listed below to Branch County Community Mental Health Authority (dba Pines Behavioral Health Services) for the period of October 1, 2019 through September 30, 2020 and receive the following rates:

Service	CPT Code	Rate	Reporting Unit
Supports Coordination	T1016	\$154.61	15 minutes
Targeted Case Management	T1017	\$122.73	15 minutes

RN Evaluation	T1001	\$584.50	Encounter
Health Services RN	T1002	\$283.20	15 minutes
Medication Review	99212	\$70.69	Encounter
Medication Review	99213	\$227.94	Encounter
Medication Review	99214	\$290.40	Encounter
Skills Training and Development	H2014	\$4.74	15 minutes
Supported Housing	H0043	Variabl e	Per Diem
Comprehensive Community Support Services	H2015	Variabl e	15 minutes
Comprehensive Community Support Services	H2016	Variabl e	Per Diem
Assessment, Mental Health by Non-Physician	H0031	\$577.15	Encounter
Personal Care Services	T1020	Variabl e	Per Diem
Assessment-SIS	H0031 HW	\$533.88	Encounter
Mental Health Service Plan Development by Non-Physician	H0032	\$293.41	Encounter
MH Clubhouse	H2030	\$11.77	15 minutes
Psychotherapy, Individual	90832	\$166.44	Encounter
Psychotherapy, Individual	90834	\$201.14	Encounter
Psychotherapy, Individual	90837	\$241.76	Encounter
Psychotherapy, Crisis	90839	\$187.00	Encounter
Psychotherapy, Family, Client Not Present	90846	\$265.75	Encounter

Psychotherapy, Family, Client Present	90847	\$242.48	Encounter
Supported Employment	H2023	\$336.48	15 minutes
Evaluation, OT	97165	\$328.52	Encounter
Evaluation, OT	97166	\$365.02	Encounter
Evaluation, OT	97167	\$401.52	Encounter
Evaluation, OT	97168	\$323.96	Encounter
Therapeutic Procedure	97530	\$94.41	15 minutes
Evaluation, Speech	92523	\$365.12	Encounter
Speech Language Therapy, Individual	92507	\$272.75	Encounter
Speech Language Therapy, Group	92508	\$205.67	Encounter

MOTION CARRIED unanimously

Revenue Contract Renewal: Ingham County Health Services Millage

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Dale Copedge that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to enter into a contract renewal with Ingham County for the provision of a range of behavioral health and developmental disability services and receive up to \$1,371,722 per year for the period of October 1, 2019 through September 30, 2020.

MOTION CARRIED unanimously

Expense Agreement: Mid-State Health Network, Relias Learning LLC

ACTION:

MOVED by Joe Brehler and **SUPPORTED** by Maxine Thome that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties authorize CMHA-CEI to pay Mid-State Health Network \$64,730.28 for Relias online training for the period of November 1, 2019 through October 31, 2020.

MOTION CARRIED unanimously.

Consumer Advisory Council

Raul Gonzales provided a snapshot of the February 6, CAC Report. Highlights included the following:

2020 Census Subcommittee:

Becki West shared highlights and provided updates from the Wednesday, January 15, 2020 subcommittee meeting, and shared the 2020 Census Flyer and a Draft of the 2020 Census Events flyer.

Informative Session on the Future of Behavioral Health Services

Due to the MDHHS Future of Behavioral Health Pubic Virtual Forum, being scheduled on the same day as the Consumer Advisory Committee meeting, it was decided to shorten the CAC meeting, to be able to have an Informational Session to better understand what the Michigan Department of Health and Human Services (MDHHS) is proposing and to help prepare for the virtual forum.

CAC Members, Charter House Clubhouse members, CMHA-CEI consumers, their family members and staff were invited to attend these events.

MDHHS Future of Behavioral Health Pubic Virtual Forum:

The MDHHS leadership was in attendance (virtually) to present on the vision for a stronger behavioral health system that integrates specialty behavioral health and physical health services, along with question and answer and the opportunity to get feedback from attendees.

ACTION: The next regular CAC meeting is scheduled for March 5, 2020 from 3:30 – 5:00 p.m.

Community Access Committee

Dianne Holman reported that Elise Magen, QI/UM Coordinator presented a summary of satisfaction survey results for FY 2019, and referred members of the board to a copy of the survey located on page 65 (January 16, 2020 CMHA-CEI Board of Directors meeting minutes).

Building and Sites Ad Hoc Committee

Paul Palmer, Board of Director Secretary reported that the next Building & Sites Ad Hoc Committee meeting is scheduled for March 18, 2020 from 9:30 – 10:30 a.m.

UNFINISHED BUSINESS

Revised and Approved Bylaws dated January 16, 2020

No action required. Board members were informed that a clean copy of the document was enclosed in this evening's packet for their information and records.

New Business

Winter Conference Report Out

Board Vice Chair, Paul Palmer requested to have updates from the following Winter Conference attendees:

Gwenda Summers, Families Forward Director reported that both she and Paul Palmer attended the Children's Special Health Care Services and Mental Health: Working Together to Serve Children and Families with Complex Medical Needs.

Their observation was that "safety net" services were not defined as "safety net" services, which was very concerning. They were defined as a bundle of services that support Crisis Continuum.

Ms. Summers reported that what was striking about the workshop was that the facilitators were a group of young professionals. They were very surprised by our reactions to the redesign and could not wrap their heads around why we were behaving the way we were and why we were so passionate about the services. They soon came to realize that we care a lot about the services that we offer to our consumers; which are the services they are considering redesigning. Additionally, they realized that this was not going to be a one and done. It will be a process.

With regards to SIP, the redesign plan could fragment the quality of the system, public accountability and local control.

Board Vice Chair, Paul Palmer commented that we intend to make some noise about this and plans to speak with the County Commissioners in more detail about the redesign.

Kay Randolph-Back reported attending the following workshops during the conference:

- The Importance and Benefits of Community Collaboration
- Followership: Because Worthy Leaders Are Great Followers
- Proven Recovery Solutions for Those with Cognitive Challenges

- Coming Up for Air Video
- The Time in Now: A Comprehensive Approach to Address High Utilization of Emergency Services and Hospitalization
- Listening Session Regarding the Transformation of Michigan's Behavioral Health System

Things that stood out included the following:

- Specialized Integrated Plans (SIPs) concept
- Shortened lifespans for individuals with serious and persistent mental illness (SPMI) vs. mild to moderate mental illness, the savings for commercial or Medicaid Health Plan and the cost comparison between the two; with SPMI being significantly higher.
- A proposal shared by Alan Bolter, CMHAM Associate Director from the Center of Medicaid Services that stated that states cannot use dollars that are not regular tax dollars to draw down funds from the federal match.

Q: Is this actionable? How does one acquire funds and what is the mechanism for having your share of Medicaid funds?

Kay Randolph-Back suggested developing a strategy and forming a large organized group which would put them in the position to have to respond!

In closing, Sara Lurie shared that the March 6 joint board and Directors Group retreat will help develop advocacy, and reported that MDHHS Director, Robert Gordon is scheduled for a follow-up visit at CMHA-CEI to tour the facility on April 29, 2020.

Public Comment

Mr. Haley advised that the questions that he had prior to the meeting had been addressed and thanked the board members for their courtesies. He ended his comments smiling and recommending that the board keep the county guys (commissioners).

Adjournment

The meeting was adjourned at 7:48 p.m. The next meeting is scheduled for Thursday, March 19, 2020, 812 E. Jolly Road, Lansing MI 48910 beginning at 6:00 p.m.

Minutes Submitted by:

Aleshia Echols
Executive Administrative Assistant