



Need to talk? We can listen.

- In need of someone to talk to?
- Struggling with feelings of isolation or loneliness?
- First responder, essential employee, or medical professional struggling with burnout, anxiety, or depression?
- Sick or caring for a sick person and dealing with fear, stress, or depression?

COVID-19 SUPPORT (517) 237-7100

**MONDAY- FRIDAY
8:30AM-4:30PM**

COVID-19 Support Line is available to anyone in Clinton, Eaton, or Ingham Counties. You do not need to be using CMHA-CEI services, or have a mental health diagnosis of any kind. This line should not be used for crisis calls or medical emergencies. The COVID-19 Support Line is not meant to take the place of therapy/counseling or to treat or diagnose any physical or mental health condition. If the mental health professional determines that the issue is more severe than the COVID-19 Support Line can manage, they will refer to appropriate resources.



Together we can.