


Community Services Directory	Community Services Directory	Central Michigan 211	Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? Contact 211. Any time. All the time. Just call, text, or search online for resources and help.
KEY	Bold text = Free/no cost		Highlighted text = Special accessibility note

Leisure, Recreation, and Other Opportunities 								
Category	Name	Description	Address	City	Phone	Cost	Website	
Advocacy	Advocacy/ Other Services	Association for Children's Mental Health	Statewide, non-profit family organization dedicated to meeting the needs of families of children and youth with serious emotional, behavioral or mental health	6017 W. St. Joseph Hwy., Suite #200	Lansing	(517) 372-4016	No cost	www.acmh-mi.org
	Advocacy/ Other Services	Justice in Mental Health Organization (JIMHO)	Drop-in center, advocacy and assistance to those suffering from a mental illness through peer-support	520 Cherry Street	Lansing	(517) 371-4661	No cost	www.jimho.org
	Advocacy/ Education	Capital Area Down Syndrome Association	Classes, programs, and events for individuals living with disabilities and their families	808 W. Lake Lansing Road, Suite 101	East Lansing	(517) 333-6655	No cost	www.cadsa.org
	Advocacy	Learning Disabilities Association of Michigan	Connects parents and individuals with appropriate supports throughout Michigan for full participation in society, as well as representation for individuals with learning disabilities at the local, state and national levels	200 Museum Dr. 101	Lansing	(517) 485-8160	No cost	www.ldaofmichigan.org
	Advocacy	Michigan Disability Rights Coalition	Disability rights organizing and advocacy	3498 E Lake Lansing Rd #100	East Lansing	(800) 578-1269	No cost	www.copower.org
	Advocacy/ Other Services	Michigan Division on Deaf & Hard of Hearing	This state office concentrates on helping to improve the lives of Michigan's Deaf, DeafBlind and Hard of Hearing citizens.	201 N. Washington Ave.	Lansing	(517) 335-6004	No cost	N/A
	Advocacy	NAACP Lansing Branch	Advocacy events related to racial equality	530 S Pine Street	Lansing	(517) 484-9171	No cost	www.lansingnaacp.org

Arts	Arts	Arts Council of Greater Lansing	Arts-related programs and events	1208 Turner St.	Lansing	(517) 372-4636	Cost depends on specific event	www.lansingarts.org
	Arts	Art from the Heart (Peckham)	Supportive art instruction and exhibit opportunities	3510 Capital City Blvd	Lansing	(517) 316-4000	Cost associated	www.peckham.org/Human-Services/Client-Services/Art-from-the-Heart.aspx
	Arts	Delphi Creativity Center	Glass art supplies and classes	3380 E Jolly Road	Lansing	(517) 394-4685	Cost associated	www.delphiglass.com
	Arts/ Education	Disability Network	Advocacy, health, employment services and classes including CACIL Creates, a visual arts for individuals with disabilities.	2812 N. Martin Luther King Jr. Blvd.	Lansing	(517) 999 2760	No cost	www.dncap.org
	Arts	Country Stitches	Sewing and quilting supply store with events and programs	2200 Coolidge Road	East Lansing	(517) 351-2416	Cost depends on specific event	www.countrystitches.com
	Arts	The Hen House	Arts and crafts classes	211 South Cochran Ave.	Charlotte	(517) 543-6454	Cost associated	www.thehenhousemi.com
	Arts	Keys to Creativity Art	Painting, drawing, and printmaking classes	5746 W Saginaw Hwy	Lansing	(517) 657-2770	Cost associated	www.keysart.org
	Arts	Lansing Art Gallery and Education Center	Gallery, arts and crafts classes, Art Has No Barriers class especially designed to be inclusive to those living with disabilities	119 N. Washington Sq.	Lansing	(517) 374 6400	Cost associated	www.lansingartgallery.org
	Arts	Playing Picasso	Painting and ceramics	300 N. Clippert, Suite 15A	Lansing	(517) 203-0151	Cost associated	www.playingpicasso.com
	Arts	REACH Studio Art Center	Variety of arts classes and community events	1804 S. Washington Ave	Lansing	(517) 999-3643	Cost associated-sliding scale fees	www.reachstudioart.org
	Arts	Sunset Clay Studio	Ceramics studio with workshops and memberships	1820 Sunset Ave. #203	Lansing	(517) 282-9850	Cost associated	www.sunsetclaystudio.com
	Arts	Windwalker Underground Gallery	Art gallery and performance venue with community events and programs	125 S. Cochran Ave.	Charlotte	(517) 983-2366	Cost depends on specific event	www.windwalkerunderground.com
	Arts	Woven Art Shop	Yarn shop with knitting, crocheting, spinning, and weaving classes	325 Grove St., Suite B	East Lansing	(517) 203-4467	Cost associated	www.wovenartshop.com
Bowling	Bowling	CharLanes	Events, open bowling and leagues	1780 Lansing Rd	Charlotte	(517) 543-6774	Cost associated	www.charbowlinglanes.com
	Bowling	City Limits Bowling Center	Open bowling and leagues	801 N Cedar St.	Mason	(517) 244-1090	Cost associated	www.mycitylimits.com
	Bowling	E-Lanes	Open bowling and leagues	252 N Main St	Fowler	(989) 593-2230	Cost associated	N/A
	Bowling	Redwing Lanes	Bowling center with adult leagues, mixed leagues, kids leagues and open bowling with bumpers	152 Library Lane	St. Johns	(989) 224-7025	Cost associated	N/A
	Bowling	Royal Scot	Bowling, arcade, biliards, and golf	158 Library Lane	Lansing	(517) 321-3071	Cost associated	www.royalscot.net
	Bowling	Spare Time Entertainment Center	Bowling, billiards, arcade, and bumper cars	167 Library Lane	Lansing	(517) 337-2695	Cost associated	www.sparetimelansing.com
	Entertainment/ Bowling	Zap Zone	Various activities including arcade, laser tag, trampolines, mini golfing, and bumper cars	936 E. Mall Dr.	Lansing	(517) 327-0747	Cost associated	www.zap-zone.com
Cider Mills	Cider Mill	Country Mill	Events, u-pick fresh fruits, tours, wagon rides, refreshments	4648 Otto Road	Charlotte	(517) 543-1019	No cost to attend (but can choose to make purchases)	www.countrymillsfarms.com
	Cider Mill	Phillips Mill	Tours, events, workshops, and refreshments	1995 E Gratiot County Line Rd	St. Johns	(989) 292-5252	No cost to attend (but can choose to make purchases)	www.phillipsorchards.com
	Cider Mill	Uncle John's Cider Mill	Tours, events, hayrides, corn maze, inflatable park, and refreshments	8614 US-127	St. Johns	(989) 224-3686	No cost to attend (but can choose to make purchases)	www.ujcidermill.com

Community Centers

Community Center/ Nutrition	Cristo Rey Community Center	Breakfast and lunch program, and community events	1717 N High Street	Lansing	(517) 372-4700	No cost	www.cristoreyc ommunity.org
Community Center	Dewitt Township Community Center	Community sports and recreation opportunities	16101 Brook Road	Dewitt	(517) 482-5117	Depends on specific activity- most are no cost	N/A
Community Center/ Swimming	East Lansing Hannah Community Center	Classes, open gym, swimming, classes and programs	819 Abbot Road	East Lansing	(517) 333-2580	Depends on specific activity- most are no cost	www.cityofeastl ansing.com/824 /EL-Hannah- Community- Center
Community Center/ Fitness	East Olive Community Center	Community events and programs, Zumba classes; also offers The Olive Branch program designed for adults with disabilities	2583 Green Rd	St. Johns	(517) 668-2424	Depends on specific activity- most are no cost	N/A
Community Center	Foster Center	Community center with gym, computer lab, game room, playground, and gym	200 North Foster	Lansing	(517) 483-4233	No cost	www.lansingmi. gov/Facilities/F acility/Details/ Foster- Community- Center-7
Community Center	Gier Community Center	Community center with gym, basketball court, batting cage, game room, and climbing wall	2400 Hall St	Lansing	(517) 483-4313	Depends on specific activity- most are no cost	www.lansingmi. gov/Facilities/F acility/Details/ Gier- Community- Center-8
Community Center	Lett's Community Center	Activities, gym, and senior center	1220 W Kalamazoo St	Lansing	(517) 483-4311	Depends on specific activity- most are no cost	www.lansingmi. gov/Facilities/F acility/Details/ Letts- Community- Center-9
Community Center	Schmidt Southside Community Center	Community center with game room, gym, senior program, and pool	166 Library Lane	Lansing	517-483-6686	Depends on specific activity- most are no cost	www.mi- lansing.civicplu s.com/Facilities /Facility/Detail s/Alfreda- Schmidt- Southside- Community- Cent-10

Educational	Fitness/ Nutrition/ Education	ALIVE Charlotte	Healthy living program and event center with walking area, exercise and nutrition, wellness, and disease management programs, and recreation events and classes. Also offer support groups, relaxation programs, and educational workshops and classes.	800 W Lawrence Ave	Charlotte	(517) 541-5800	Depends on specific activity- many are no cost	www.myalive.com
	Educational/ Advocacy	Capital Area Down Syndrome Association	Classes, programs, and events for individuals living with disabilities and their families	808 W. Lake Lansing Road, Suite 101	East Lansing	(517) 333-6655	No cost	www.cadsa.org
	Educational	Cristo Rey Community Center	Free one-on-one financial counseling sessions	1717 N High Street	Lansing	(517) 372-4700	No cost	www.cristoreycommunity.org
	Educational/ Arts	Disability Network	Advocacy, health, employment services and classes including CACIL Creates, a visual arts for individuals with disabilities.	2812 N. Martin Luther King Jr. Blvd.	Lansing	(517) 999-2760	No cost	www.dncap.org
	Educational/ Other services	GED Accommodations	Provides technical assistance regarding accommodations for GED applicants with disabilities in Michigan.	Various	Various	(517) 241-2497	Cost of test itself varies	www.ged.com/en/faq/accommodations
	Educational	Holt Community Education	Adult educational and enrichment opportunities	4552 Spahr Avenue	Holt	(517) 694-3411	Cost depends on specific event	www.hpsk12.net/parentsstudents/community-education/
	Educational/ Zoos	Potter Park Zoo FALCONERS	Events for individuals with special needs (such as autism or developmental disabilities) and their families to have an enriching educational experience in a safe and welcoming environment. Events are monthly.	1301 S Pennsylvania Ave	Lansing	(517) 483-4222	Cost associated	www.potterparkzoo.org/falconers
	Educational/ Entertainment	Preuss Pets	Large interactive pet store with educational events and programs	1127 N Cedar St	Lansing	(517) 339-1762	No cost to attend (but can choose to make purchases/participate in paid events and programs)	www.preusspets.com
Entertainment	Entertainment	Abrams Planetarium	Planetarium with shows, astronomy and space science education resource center for central Michigan. Also has sensory-friendly shows.	755 Science Road	East Lansing	(517) 355-4672	Cost associated	www.abramsplanetarium.org
	Entertainment	Breslin Student Events Center	Educational and entertainment events. Can request sign language interpreter (in advance) and assisted listening devices.	534 Birch Rd	East Lansing	517-432-1989	Cost associated	www.breslincenter.com
	Entertainment	Celebration Cinema	Sensory-friendly movie screenings	200 E. Edgewood Blvd.	Lansing	517-272-9289	Cost associated	www.celebrationcinema.com
	Entertainment	Dewitt Family Golf Center	Mini golf, indoor golf, and driving range	11890 U.S. 27	Dewitt	(517) 669-3075	Cost associated	www.dewittgolfcenter.com
	Entertainment	Edru Skate	Roller skating classes and open skate	1891 N Cedar St	Holt	(517) 699-2438	No cost	N/A
	Entertainment	Funtime	Game room, golf, go-karting	6295 E Saginaw Hwy	Grand Ledge	(517) 627-6607	Cost associated	www.funtymeparks.com
	Entertainment	Lansing Lugnuts	Baseball games, monthly sensory-friendly games	505 E Michigan Ave	Lansing	(517) 485-4500	Cost associated	www.milb.com/lansing
	Entertainment/ Education	MSU Pavilion for Agriculture and Livestock Education	Events and entertainment	1290 Anthony Hall	East Lansing	(517) 432-5566	Cost depends on specific event	www.canr.msu.edu/pavilion
	Entertainment	MSU Sensory Friendly Spartan Concert Series	Sensory-friendly biannual concert performance that allows welcomes different types of expression and movement	Various	Various	(517) 432-4887	No cost	www.music.msu.edu/event-listing/sensory-friendly-spartan-concert-2
	Entertainment	NCG Cinema	Sensory-friendly movie screenings	500 E. Michigan Ave, Suite 180	Lansing	888-252-6746	Cost associated	www.ncgmovies.com/lansing
	Entertainment/ Fitness	The Summit Sports and Ice Complex	Ice skating, arcade, and sports leagues and lessons	175 Library Lane	Dimondale	(517) 319-1000	Cost associated	www.thesummitsportsandice.com
	Entertainment	Wharton Center	Performing arts venue with sensory-friendly performances	187 Library Lane	East Lansing	1-800-WHARTON	Cost associated	www.whartoncenter.com
	Entertainment	The Wilson Center	Venue with multiple kinds of events, including rock concerts, theatre productions, school band performances	101 W Cass St	St. Johns	(517) 221-3796	Cost depends on specific event	www.wilsoncenter.org
	Entertainment/ Bowling	Zap Zone	Various activities including arcade, laser tag, trampolines, mini golfing, and bumper cars	936 E. Mall Dr.	Lansing	(517) 327-0747	Cost associated	www.zap-zone.com/lansing

Farmers Markets

Farmers Market	Allen Farmers Market	Farmers market; accepts cash, EBT, Double Up Food Bucks, WIC and Market Fresh coupons, Hoophouses for Health vouchers, and credit/debit cards; Wednesdays 3:00pm-6:30pm, Year-round	1629 E Kalamazoo	Lansing	(517) 367-2468	No cost to attend (but can choose to make purchases)	www.allenneighborhoodcenter.org
Farmers Market	Bath Farmers Market	Farmers market; Thursdays 3-7 pm Year-round	Winter market (Nov-April) 5959 Park Lake Road; Summer market (May-Oct) 13751 Main Street	Bath	N/A	No cost to attend (but can choose to make purchases)	www.shopbfm.org
Farmers Market	Bellvue Farmers Market	Farmers market; accepts cash, credit and debit cards, EBT, Double Up Food Bucks, WIC; Thursdays 3-6 pm; June-September	201 N. Main St	Bellvue	(269) 763-9571	No cost (but can choose to make purchases)	www.bellevuefarmersmarket.org
Farmers Market	Charlotte Artisans and Farmers Market	Farmers market; Thursdays 3PM - 7PM May - October June-September	100 W Lawrence Ave	Charlotte	(517) 543-8853	No cost to attend (but can choose to make purchases)	www.micharlotte.org/farmers-market
Farmers Market	Dimondale Farmers Market	Farmers market; accepts cash, Project Fresh, Market Fresh, Bridge Cards and Double Up Food Bucks; Thursdays June-September from 3-7 p.m. and during October from 3-6 p.m	136 N. Bridge Street	Dimondale	N/A	No cost to attend (but can choose to make purchases)	www.villageofdimondale.org/farmers-market
Farmers Market	Downtown Dewitt Farmers Market	Farmers market; Tuesdays, June-October, 4:00-7:00pm	1001 W Main St	Dewitt	N/A	No cost to attend (but can choose to make purchases)	N/A
Farmers Market	East Lansing Farmers Market	Farmers market; accepts SNAP; Sundays June -October from 10 a.m.-2 p.m	Valley Court Park, 280 Valley Court	East Lansing	(517) 319-6888	No cost to attend (but can choose to make purchases)	www.cityofeastlansing.com/farmersmarket
Farmers Market	Eaton Rapids Community Market	Farmers market; Saturdays June-September 8:00am-1:00pm	East Hamlin Street area downtown	Eaton Rapids	N/A	No cost to attend (but can choose to make purchases)	N/A
Farmers Market	Eaton Rapids Medical Center Farmers Market	Farmers market; seasonal, dates/times change annually	ERMC parking lot 1500 South Main St.	Eaton Rapids	(517) 663-9453	No cost to attend (but can choose to make purchases)	N/A
Farmers Market	Farmers Market at the Capitol	Farmers Market; accepts cash, credit and debit cards, SNAP Bridge Cards, Double Up Food Bucks, WIC Project FRESH, Senior Project FRESH/Market FRESH and Hoophouses for Health; dates and times vary throughout the year	East Lawn of the Michigan State Capitol Building – Capitol Avenue at Michigan Avenue	Lansing	(517) 432-3381	No cost to attend (but can choose to make purchases)	www.mifma.org/fmatthecapitol
Farmers Market	Grand Ledge Farmers Market	Farmers Market; Saturdays May - October from 9:00 AM - 1:00 PM	Jaycee Park, 525 E River St	Grand Ledge	N/A	No cost to attend (but can choose to make purchases)	www.grandlegedfarmersmarket.com
Farmers Market	Holt Farmers Market	Farmers Market; accepts cash, EBT, and credit and debit cards; Saturdays year round from 9:00AM-2:00PM	2150 Cedar Street	Holt	(517) 268-0024	No cost to attend (but can choose to make purchases)	www.holtfarmersmarket.org
Farmers Market	Open Air Market of Stockbridge	Farmers market; Fridays May-October from 4:00PM-7:00PM	S Clinton St & W Main St	Stockbridge	517-851-7437	No cost to attend (but can choose to make purchases)	www.stockbridgemarket.org

Farmers Markets	Farmers Market	St. John's Farmers Market	Farmers market; accepts SNAP; Saturdays 8am-noon June-October	170 Library Lane	St. Johns	N/A	No cost to attend (but can choose to make purchases)	N/A
	Farmers Market	Meridian Township Farmers Market	Farmers market; accepts EBT, cash, credit and debit cards, Double Up Food Bucks, WIC Project FRESH and Senior Project FRESH/Market FRESH coupons; May-October, Saturdays, 8:00am-2:00pm; July-October, Wednesdays, 8:00am-2:00pm; December-April 1st and 3rd Saturdays 10:00am-2:00pm	184 Library Lane	Okemos	(517) 712-2395	No cost to attend (but can choose to make purchases)	www.meridian.mi.us/visitors/things-to-do/try-our-farmers-market

Fitness

Fitness/ Nutrition/ Education	ALIVE Charlotte	Healthy living program and event center with walking area, exercise and nutrition, wellness, and disease management programs, and recreation events and classes. Also offer support groups, relaxation programs, and educational workshops and classes.	800 W Lawrence Ave	Charlotte	(517) 541-5800	Depends on specific activity- many are no cost	www.myalive.com
Fitness/ Swimming	Michigan Athletic Club (MAC)	Swimming, exercise classes and exercise equipment	2900 Hannah Blvd	East Lansing	(517) 364-8888	Cost associated	www.sparrow.org/mac
Fitness	MSU Sports Skills Classes	MSU undergraduate students provide coaching and instruction in sports skills to children and adults with disabilities who reside in the greater Lansing area	Department of Kinesiology 308 W. Circle Dr., Room 134	East Lansing	(517) 355-4744	Cost associated but scholarships available	www.educ.msu.edu/kin/research/ssp.asp
Fitness	Playmakers	Offers events and programs throughout the year including programs on topics like good form walking and stretching	2299 W Grand River Ave	Okemos	(517) 349-3803	Depends on specific activity- many are no cost	www.playmakers.com
Fitness	Recreational Outreach Center ("The ROC")	Gym with basketball court, an activity room with video monitors, and kitchen.	151 Library Lane	Mason	(517) 676-5680	Cost depends on specific event	N/A
Fitness/ Entertainment	The Summit Sports and Ice Complex	Ice skating, arcade, and sports leagues and lessons	175 Library Lane	Dimondale	(517) 319-1000	Cost associated	www.thesummitsportsandice.com

Gardening

Gardening	123 Gardens	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	123 Garden St.	Lansing	(517) 574-6515	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Airport Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	2027 W. State Rd.	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Armory Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	626 Marshall St	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Bath Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	NW corner of Main & High St	Bath	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Capital City Vineyard Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	1635 Coolidge Rd.	East Lansing	(810) 210-1558	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Cedarbrook Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	Southwest corner of S. Dexter and Parkview Ave.	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Clifford Park Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	550 E. Mt. Hope Ave.	Lansing	(517) 853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Community Garden: Growing Community	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	6135 E. Clinton Trl.	Eaton Rapids	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Delta Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	6100 W. Michigan Ave.	Lansing	(517) 321-3569	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens

Gardening

Gardening	Der Happy Hallow Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	1084 S. Hagadorn Rd.	Mason	(517) 853-7805	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	ELF Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	804 Clyde St	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Feed My Sheep Garden at South Lansing Church of the Nazarene	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	401 W Holmes Rd.	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Foster Gardens	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	2325 Marcus St	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Garden of Grace	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	1905 W. Mt. Hope Ave	Lansing	(517) 927-6890	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Gardens of Scott Road	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	306 N. Scott Rd	St. Johns	(989) 224-0030	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	The Garden Project	How-to education, free seeds and plants, and garden tool lending	919 Filley St.	Lansing	(517) 853-7809	No cost	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project
Gardening	Grand Ledge Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	11973 Sweetwater Dr	Grand Ledge	(517) 853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Hawk Valley Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	6001 Delta River Dr.	Lansing	(517)-641-427	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens

Gardening

Gardening	Hill Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	5815 Wise Road	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Holmes Street Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	907 S. Holmes St.	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Holt Presbyterian Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	2021 Aurelius Rd.	Holt	(517) 699-2252	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Hunter Park Gardenhouse	Year-round farm & garden education	1400 E Kalamazoo St	Lansing	(517) 999-3910	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Lansing Urban Farm Lansing Urban Farm Project – Urbandale Farm	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	600 Block of S. Hayford Ave.	Lansing	(517) 775-1718	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Learning Leaves Gardens – Marvin’s Gardens, Poppin’ Fresh & Leaf Lot	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	129 S. Magnolia Ave., 610	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Leslie Congregational Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	121 Pennsylvania	Leslie	(517) 281-6149	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Lett’s Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	1220 W. Kalamazoo St.	Lansing	(517) 853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Lilac Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	1260 Lilac Ave.	East Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens

Gardening

Gardening	Mason Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	213 N. Jefferson St.	Mason	N/a	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	North School Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	333 E. Miller Rd.	Lansing	(517) 853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Northpointe Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	505 E Webb Dr	Dewitt	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Northwind Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	4960 Northwind Dr.	East Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Okemos International Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	Cedar Creek Apartments, 4394 Okemos Rd	Okemos	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Old Oakland Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	1001 Stanley St.	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Old Town Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	North of 1510 N. Turner	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Orchard Court Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	5745 Orchard Ct	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Otto School Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	500 E. Thomas St.	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens

Gardening

Gardening	Paradise Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	550 S. Foster Ave.	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Pine & St. Joe Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	522 W. Saint Joseph St.	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Restoring Our Community (R.O.C.) Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	153 Library Lane	Lansing	(517) 490-2825	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Risdale Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	154 Library Lane	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Robinson Memorial Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	155 Library Lane	Lansing	(517) 507-9324	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Rooster Square	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	156 Library Lane	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Roots Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	157 Library Lane	Mason	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	RSVP Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	159 Library Lane	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Salvation Army Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	160 Library Lane	Lansing	(517) 394-6945	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens

Gardening

Gardening	Slater Park Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	163 Library Lane	Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	St. Casimir/Moores Park Community Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	168 Library Lane	Lansing	(517) 374-0076	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	St. Mike's Garden Project	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	172 Library Lane	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Towar Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	176 Library Lane	East Lansing	(517)-853-7809	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Union St. Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	177 Library Lane	Eaton Rapids	(517) 348-9109	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Village Summit Gardens	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	180 Library Lane	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Wardcliff Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	181 Library Lane	East Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens
Gardening	Webster Farm Garden	Community garden with plots available for use for the season for a small fee. Tools and seeds may also be available.	183 Library Lane	Lansing	N/A	Cost associated	www.greaterlansingfoodbank.org/programs/programs-home/the-garden-project/community-gardens

Libraries

Library	Aurelius Branch Library	Library and computer/internet access	1939 South Aurelius Road	Mason	(517) 628-3743	No cost	www.cadl.org/locations
Library	Bellevue Township Library	Library access	212 N Main St	Bellvue	(269) 763-3369	No cost	www.bellevuemichigan.net/Community/library.aspx
Library	Briggs District Library	Library and computer/internet access; Events and classes	108 East Railroad Street	St. Johns	(517) 367-6350	No cost	www.briggsdistrictlibrary.org
Library	Charlotte Library	Library and computer/internet access	226 S. Bostwick	Charlotte	(517) 543-8859	No cost	www.charlottelibrary.org
Library	Dansville Branch Library	Library and computer/internet access	1379 East Mason Street	Dansville	(517) 623-6511	No cost	www.cadl.org/locations
Library	Delta Township Library	Library and computer/internet access; Events and classes	5130 Davenport Drive	Lansing	(517) 321-4014	No cost	www.dtdl.org
Library	Dewitt District Library	Library and computer/internet access; Events and classes	13101 Schavey Rd	Dewitt	(517) 669-3156	No cost	www.dewittlibrary.org
Library	Dorothy Hull Library-Windsor Charter Township	Library and computer/internet access	405 West Jefferson Street	Dimondale	(517) 646-0633	No cost	www.windsortownship.com/dorothy-hull-library
Library	Downtown Lansing Library	Library and computer/internet access; Events and classes	401 South Capitol Avenue	Lansing	(517) 367-6308	No cost	www.cadl.org/locations
Library	East Lansing Public Library	Library and computer/internet access, book groups	950 Abbot Road	East Lansing	(517) 351-2420	No cost	www.elpl.org
Library	Eaton Rapids Public Library	Library and computer/internet access; Events and classes	220 S. Main Street	Eaton Rapids	(517) 663-8118, press 4	No cost	www.cityofeatonrapids.com/?page_id=379
Library	Elsie Public Library	Library and computer/internet access	145 W Main St	Elsie	(989) 862-4633	No cost	www.elsiepubliclibrary.weebly.com
Library	Foster Branch Library	Library and computer/internet access, book groups	200 N. Foster Ave.	Lansing	(517) 485-5185	No cost	www.cadl.org/locations
Library	Grand Ledge District Library	Library and computer/internet access, book groups; Events and classes	131 E. Jefferson St.	Grand Ledge	(517) 627-7014	No cost	www.grandlegedelibrary.lib.mi.us
Library	Haslett Branch Library	Library and computer/internet access	5670 School Street	Haslett	(517) 339-2324	No cost	www.cadl.org/locations
Library	Holt-Delhi Branch Library	Library and computer/internet access, book groups	2078 Aurelius Road	Holt	(517) 694-9351	No cost	www.cadl.org/locations
Library	Leslie Branch Library	Library and computer/internet access	201 Pennsylvania Street	Leslie	(517) 589-9400	No cost	www.cadl.org/locations
Library	Maple Rapids Public Library	Library access	130 South Maple Ave.	Maple Rapids	(989) 682-446	No cost	www.wplc.org/mrpl
Library	Mason Branch Library	Library and computer/internet access	145 West Ash Street	Mason	(517) 676-9088	No cost	www.cadl.org/locations
Library	Michigan Braille and Talking Book Library	Braille and audio versions of books provided for folks with visual, reading, and physical disabilities; walk-in or call	First floor of the Michigan Library and Historical Center 702 West Kalamazoo St	Lansing	(800) 992-9012	No cost	www.sbpac.libraryofmichigan.org
Library	Mulliken District Library	Library and computer/internet access	135 Main St.	Mulliken	(517) 649-8611	No cost	www.mullikendistrictlibrary.org
Library	Okemos Library	Library and computer/internet access, book groups	4321 Okemos Road	Okemos	(517) 349-0250	No cost	www.cadl.org/locations
Library	Ovid Public Library	Library and computer/internet access; Events and classes	206 N Main St	Ovid	(989) 834-5800	No cost	www.wplc.org/ovi
Library	Potterville Benton Township Library	Library and computer/internet access; Events	150 Library Lane	Potterville	(517) 645-2989	No cost	www.pottervillelibrary.org
Library	South Lansing Branch Library	Library and computer/internet access	165 Library Lane	Lansing	(517) 272-9840	No cost	www.cadl.org/locations
Library	Stockbridge Branch Library	Library and computer/internet access	173 Library Lane	Stockbridge	(517) 851-7810	No cost	www.cadl.org/locations
Library	Sunfield District Library	Library and computer/internet access; Events and classes	174 Library Lane	Sunfield	(517) 566-8065	No cost	www.sunfieldlibrary.michlibrary.org
Library	Vermontville Township Library	Library and computer/internet access	179 Library Lane	Vermontville	(517) 726-1362	No cost	www.vmtlib.michlibrary.org

Libraries	Library	Webberville Branch Library	Library and computer/internet access	182 Library Lane	Webberville	(517) 521-3643	No cost	www.cadl.org/locations
	Library	Williamston Library	Library and computer/internet access	3845 Vanneter Road	Williamston	(517) 655-1191	No cost	www.cadl.org/locations
Malls	Mall	Lansing Mall	Enclosed shopping mall with walking space	5330 W Saginaw Hwy	Lansing	(517) 321-0145	No cost to walk (but can choose to make purchases)	www.lansingmall.com
	Mall	Mega Mall	Enclosed antiques mall with walking space	15487 Old U.S. 27	Lansing	(517) 487-3275	No cost to walk (but can choose to make purchases)	www.michigan.org/property/mega-mall
	Mall	Meridian Mall	Enclosed shopping mall with walking space	Enclosed mall with walking space	Okemos	(517) 349-2031	No cost to walk (but can choose to make purchases)	www.meridianmall.com
Museums	Museum	Bicentennial Park	Mason Area Historical Society museum with Pink School House available to tour	707 W. Ash St.	Mason	(517) 676-5974	Cost associated	N/A
	Museum	Clinton Northern Railway Museum	Clinton Northern Railway is a museum exploring the railroad and its history	107 E. Railroad Street	St. Johns	(989) 224-6134	Cost associated	www.clintonnorthernrailway.org
	Museum	Grand Ledge Historical Museum	Seasonal events and educational open meetings	(Museum) 118 West Lincoln P.O. Box 203	Grand Ledge	(517) 627-5170	Cost associated	www.gllhistoricalsociety.org
	Museum	Mason Historical Museum	Museum with artifacts of historical significance to Mason	200 E Oak St	Mason	(517) 676-5974	Cost associated	www.masonmuseum.org
	Museum	Michigan History Museum	Museum with exhibits and educational events and programs	702 West Kalamazoo Street	Lansing	(517) 335-2573	Cost associated	www.michigan.gov/mhc/
	Museum	Michigan Supreme Court Learning Center	Activities and exhibits	925 W. Ottawa Street	Lansing	(517) 373-7171	No cost	www.courts.michigan.gov/education/learning-center/Pages/default.aspx
	Museum	MSU Broad Museum	Art museum with physical and online exhibitions; Events	547 E Circle Dr.	East Lansing	(517) 884-4800	No cost	www.broadmuseum.msu.edu
	Museum	MSU Museum	Science and culture exhibits	409 W. Circle Drive	East Lansing	(517) 355-2370	No cost but donation is suggested	www.museum.msu.edu
	Museum	RE Olds Transportation Museum	Museum highlighting Lansing's rich transportation history – the REO Motor Car Company, old-time bicycles and aviation endeavors.	240 Museum Drive	Lansing	(517) 372-0529	Cost associated	www.reoldsmuseum.org
	Museum	Turner-Dodge House	Historical home with guided tours and historical events and programs	100 E. North Street	Lansing	(517) 372-0529	Cost depends on specific event	www.lansingmi.gov/938/Turner-Dodge-House
	Museum	Williamston Depot Museum	Museum is open Wednesdays 4 pm to 6 pm, the Second Sunday of the month from 2:00 p.m. until 4:00 p.m. and by special arrangement	185 Library Lane	Williamston	(517) 230-9030	No cost but donation is suggested	www.williamstonmuseum.org
Music Therapy	Music Therapy	CODA Music Therapy Services, LLC	Provides adapted music education and music therapy throughout west and central Michigan	P.O. Box 80183 Lansing MI	Various	(517) 862-467	Cost associated	www.codamts.com
	Music Therapy	MSU Community Music School	Music therapy for people of all ages with special needs	4930 S. Hagadorn Rd.	East Lansing	(517) 355-766	Cost depends on specific event	www.cms.msu.edu

Nutrition

Nutrition/ Fitness/ Education	ALIVE Charlotte	Healthy living program and event center with walking area, exercise and nutrition, wellness, and disease management programs, and recreation events and classes. Also offer support groups, relaxation programs, and educational workshops and classes.	800 W Lawrence Ave	Charlotte	(517) 541-5800	Depends on specific activity- many are no cost	www.myalive.com
Nutrition/ Senior Center	Bath Charter Township Senior Center	Meals and events/programs	14480 Webster Road	Bath	(517) 641-5169	Cost depends on specific event	www.bathtownship.us/departments-services/senior-center/#1505936591881-b1131b00-b6a7
Nutrition	Clinton County Meals on Wheels	Nutrition program providing hot, balanced meal delivery to those who are eligible	201 E. Walker St.	St. Johns	989-224-3600	No cost	www.tcoa.org/nutrition/meals-on-wheels/
Nutrition/ Community Center	Cristo Rey Community Center	Breakfast and lunch program; Events	1717 N High Street	Lansing	(517) 372-4700	No cost	www.cristoreyccommunity.org
Nutrition	Eaton County Meals on Wheels	Nutrition program providing hot, balanced meal delivery to those who are eligible	210 E. Lawrence Ave	Charlotte	(517) 541-2330	No cost	www.tcoa.org/nutrition/meals-on-wheels/
Nutrition	Greater Laning Meals on Wheels (Includes East Lansing, Lansing, Okemos & Haslett)	Nutrition program providing hot, balanced meal delivery to those who are eligible in Lansing, East Lansing, Haslett & Okemos	5303 S. Cedar St., Bldg. 1	Lansing	(517) 887-1460	No cost	www.tcoa.org/nutrition/meals-on-wheels/
Nutrition	MSU Extension Nutrition Program	Events and programs providing nutrition guidance, skills building, and supplies	Various	Various	1-888-678-3464	No cost	www.canr.msu.edu/nutrition
Nutrition	Rural Ingham County Meals on Wheels	Nutrition program providing hot, balanced meal delivery to those who are eligible in Holt, Mason, Williamston, Webberville, Stockbridge, Leslie, Dansville and Onondaga	415 E. Maple St.	Mason	(517) 676-2775	No cost	www.tcoa.org/nutrition/meals-on-wheels/

Parks

Park	Bond Park	Park with lighted ball field and skate park with roller skating area	E Columbia St	Mason	(517) 676-5041	No cost	N/A
Park	Bennett Park	Park with picnic facilities, hiking and nature trails, horseshoe pits and three playgrounds	1305 Cochran Ave	Charlotte	(517) 543-2750	No cost	www.charlottemi.org/serviceadministration/parks
Park	Burchfield Park	Park with a beach, canoe & kayak rentals and trips, cross country skiing & rental, hiking trails, horseshoe pits, disc golf courses, biking trails, nature day camp, pedal boat rental, playgrounds, sand volleyball courts, sledding hills, softball diamond, fishing pond, winter snack bar, and a winter warming lodge	881 Grovenburg Road	Holt	N/A	Vehicle entrance fee	www.pk.ingham.org/Parks/BurchfieldPark.aspx
Park	Delta Mills Park	Park with playground equipment, fishing, canoe launch, nature trail, basketball court, softball fields, tennis courts, volleyball court, horseshoe pits	7001 Old River Trail	Lansing	(517) 323-8555	No cost	www.aerami.gov/index.php/parks-recreation/parks
Park	Erickson Park	Park with two lighted softball fields	4220 S Canal Rd	Lansing	(517) 323-8555	No cost	www.lansingsports.org/listings/erickson-park/2826
Park	Fenner Nature Center	Programs, classes, and walking	2020 E. Mount Hope Avenue	Lansing	(517) 483-4224	No cost but donation is suggested	www.mynaturecenter.org
Park	Fitzgerald Park	Walking, nature center, playground, other activities	133 Fitzgerald Park Drive	Grand Ledge	(517) 627-7351	No cost	www.eatoncounty.org/departments/parks-department/120-departments/parks-department/320-fitzgerald-park
Park	Fox Park	Park with observatory and beach area with swimming	3979 E Gresham Hwy	Potterville	(517) 645-6666	Cost depends on specific event	www.eatoncounty.org/index.php/departments/parks-department/coun-ty-parks/120-departments/parks-department/322-fox-memorial-
Park	Grand Woods Park	Park with pavilion, playground equipment, fishing pond, nature trail, softball field, volleyball court, frisbee golf course, radio-controlled race car track	4500 W. Willow Hwy.	Lansing	(517) 323-8555	No cost	www.lansing.org/listings/grand-woods-park/1095
Park	Harris Nature Center	Trail walks, nature programs and events, and all-terrain wheelchair rental	5151 Marsh Rd	Okemos	(517) 349-3866	Cost associated	www.meridian.mi.us/visitors/hidden-gems/visit-harris-nature-center
Park	Hawk Island Park	Beach, trail walking, fishing, Splashpad® and Storywalk®	1601 E Cavanaugh Rd	Lansing	(517) 676-2233	No cost but parking fees may apply	www.pk.ingham.org/Parks/HawkIsland.aspx
Park	Hawk Meadow Park	Park with hiking and biking trails	6160 Delta River Dr	Lansing	(517) 323-8555	No cost	www.lansing.org/listings/hawk-meadow-park/1098
Park	Hayes Park	Park with lighted ball field, basketball court, two tennis courts, sledding hill	851 W Columbia St	Mason	N/A	No cost	N/A
Park	Hunters Orchard Park	Park with trails with nearly 2/3 of a mile of the trails being accessible by wheelchair. Park also has picnic areas and canoe landings. Eaters Park within Hunters Park has free produce available for the public to harvest	7242 Old River Trail	Lansing	(517) 323-8555	No cost	www.lansing.org/listings/hunters-orchard-park/1099
Park	Island Park	Park with paved walkways, playground, and fishing	Island Park	Eaton Rapids	N/A	No cost	N/A

Parks

Park	Lake Alliance Park	Park with lighted baseball/softball fields, play ground, lake with boat launch and dock, nature trails and sledding hill	Alliance Dr	Potterville	(517) 645-7641	No cost	www.pottervillemi.org/parks/index.php
Park	Lake Delta Park	Shore and dock fishing lake only and is designed to accommodate individuals with physical challenges	3902-8898 S Canal Rd	Lansing	(517) 323-8500	No cost	www.deltami.gov/index.php/parks-recreation/parks
Park	Lake Lansing Boat Launch	Boat launch and ice fishing	6271 East Lake Drive	Haslett	(517) 676-2233	Cost associated for boat launch	www.pk.ingham.org/Parks/LakeLansingBoatLaunch.aspx
Park	Lake Lansing Park North	Park with two playgrounds, basketball court, hiking trails, boardwalk, horseshoe pits, picnic grounds, sand volleyball courts, softball diamond	6260 East Lake Drive	Haslett	(517) 676-2233	No cost	www.pk.ingham.org/Parks/LakeLansingParkNorth.aspx
Park	Lake Lansing Park South	Park with beach, summer snack bar, pedal boat rental, playground at the beach, horseshoe pits, sand volleyball courts, a fishing dock, and tricycle track	1621 Pike Street	Haslett	(517) 676-2233	No cost	www.pk.ingham.org/Parks/LakeLansingParkSouth.aspx
Park	Lansing Parks and Recreation	Parks and Recreation programs and activities	Various	Lansing	(517) 483-4277	Cost associated but scholarships available	www.parksonline.lansingmi.gov/wbws/webtrac.wsc/splash.html
Park	Laylin Park	Park with picnic tables, grills, and playground equipment. Fishing is available on "catch and release" basis	E Maple Dr	Mason	(517) 676-5041	No cost	N/A
Park	Lee Austin Park	Small park with small playground, picnic tables and grills	320 W Ash St	Mason	(517) 676-9155	No cost	N/A
Park	Leland Park	Park with play equipment and picnic area	600-698 Leland Pl	Lansing	N/A	No cost	
Park	Lincoln Brick Park	Park with picnic pavilions, Interpretive Center and Museum, playground areas, swim beach, fishing and nature and cross country skiing trails	13991 Tallman Road	Grand Ledge	(517) 627-7351	Vehicle entrance fee	www.deltami.gov/index.php/parks-recreation/parks
Park	McNamara Landing	Canoe landing, canoe and kayak rentals, and trails	6450 W Columbia Rd	Mason	(517) 676-2233	No cost to use trails or bring own canoe/kayak; cost associated for canoe and kayak rental	www.pk.ingham.org/Parks/McNamaraCanoeLanding.aspx
Park	Oak Park	Park with walking and hiking	700 West Front Street	Grand Ledge	(517) 627-2149	No cost	www.cityofgrandledge.com/visit/parks/park/oak-park
Park	Potterville Park	Park with field and large playstructure known as "Imagination Station"	Murphy Blvd	Potterville	(517) 645-7641	No cost	www.pottervillemi.org/parks/index.php
Park	Riverbend Natural Area	Park with trails for hiking, biking, and cross-country skiing	6200 Nichols Road	Holt	(517) 676-2233	No cost	www.pk.ingham.org/Parks/RiverbendNaturalArea.aspx
Park	Scott Munn Riverwalk	Route for walking, fishing pier and picnic area	161 Library Lane	Eaton Rapids	N/A	No cost	N/A
Park	Sharp Park	Park with playground, fishing pond, basketball court, softball fields (one lighted), tennis courts (lighted), volleyball courts	162 Library Lane	Lansing	(517) 323-8555	No cost	www.lansing.org/listings/sharp-park/1102
Park	Sleepy Hollow State Park	Trails, fishing, swimming	164 Library Lane	Laingsburg	(800) 447-2757	Cost associated-State Park entrance fee	www.michigan.org/property/sleepy-hollow-state-park
Park	Valhalla Park	Softball diamonds, a nature trail, swimming and fishing areas	178 Library Lane	Holt	(517) 694-1549	No cost	www.michigan.org/property/valhalla-park
Park	Washington Park	Park with softball/baseball field and skating rink	2516 S Washington	Lansing	N/A	No cost	www.lansing.org/listings/washington-park/440/

Parks

Park	Woldumar Nature Center	Community events and programs, nature education, and walking trails	5739 Old Lansing Rd	Lansing	(517) 322-0030	Cost depends on specific event	www.woldumar.org
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Senior Centers	Senior Center	Adult Respite Services (South Lansing Hill Toppers)	Supports and services to adults with intellectual disabilities promoting health, independence and supported employment	201 Hillside Ct	East Lansing	(517) 882-3403	Cost depends on specific event	N/A
	Senior Center/ Nutrition	Bath Charter Township Senior Center	Meals and events/programs	14480 Webster Road	Bath	(517) 641-5169	Cost depends on specific event	www.bathtownship.us/departments-services/senior-center/
	Senior Center	Clinton County Senior Center	Daily lunch meals, bingo, euchre, games, exercise room, library, and day trips for those 55+	169 Library Lane	St. Johns	(989) 224-4257	No cost	N/A
	Senior Center	Eaton Area Senior Center	Senior activities	804 S Cochran Ave	Charlotte	(517) 541-2934	No cost	www.tcoa.org/resources/senior-centers
	Senior Center	Meridian Senior Center	Art class, tech class, social events and activities	4000 Okemos Rd.	Okemos	(517) 706-5045	No cost	www.meridian.mi.us/residents/join-the-community/meridian-senior-center
	Senior Center	Sam Corey Senior Center	Senior center with events and activities for area residents throughout the year	2108 Cedar St.	Holt	(517) 268-0096	Cost depends on specific event	www.delhitownship.com/218/Sam-Corey-Senior-Center
	Senior Center	Williamston Area Senior Center	Trips, activities, and free wellness checks	186 Library Lane	Williamston	(517) 655-5173	No cost	www.williamston-seniorcenter.com
Swimming	Swimming	Charlotte Aquatics Center	Warmed therapy pool & main multi-purpose pool	1068 Carlisle Hwy.	Charlotte	(517) 541-5740	Cost associated	www.charlotteaquatics.com
	Swimming/ Community Center	East Lansing Hannah Community Center	Classes, open gym, swimming, classes and programs	819 Abbot Road	East Lansing	(517) 333-2580	No cost	www.cityofeastlansing.com/824/EL-Hannah-Community-Center
	Swimming	Grand Ledge High School	Open swim and water aerobics	820 Spring Street	Grand Ledge	(517) 925-5815	Cost associated	www.grandlegecomets.org/main/teamschedule/id/3762619/seasonid/4383586
	Swimming	Moores Park (Pool)	Community pool	400 Moores River Dr	Lansing	(517) 483-4277	No cost	www.mooresparkneighborhood.com/moores-park-pool-2
	Swimming/ Community Center	Schmidt Southside Community Center	Community center with game room, gym, senior program, and pool	166 Library Lane	Lansing	(517) 483-6686	No cost	www.milansing.civicplus.com/Facilities/Facility/Details/Alfreda-Schmidt-Southside-Community-Cent-10
	Swimming	St. Johns High School	Open swim and aqua therapy	171 Library Lane	St. Johns	(989) 224-8944 ext.227	Cost associated	www.cityofstjohnsmi.com/Departments/Parks-Recreation/Pool-Programs
	Swimming	Williamston Community Enrichment, Pool, and Fitness Center	Open swim, water aerobics, and fitness classes	3939 Vanneter Rd	Williamston	(517) 655-751	Cost associated	www.williamstononline.net/default.aspx

Therapeutic Riding	Therapeutic Riding	Beekman Stables	Therapeutic riding	2901 Wabash Road	Lansing	(517) 755-2175	Cost associated	www.beekmanriding.org
	Therapeutic Riding	C.H.U.M.	Therapeutic riding	2180 East Dexter Trail	Dansville	(517) 204-0974	Cost associated	www.chumtherapy.net
YMCA's	YMCA	Dewitt YMCA	Gym, group fitness, kids gym and educational health programs	13161 Schavey Road	Dewitt	(517) 827-9660	Cost depends on specific event	www.lansingymca.org/dewitt
	YMCA	Downtown YMCA	Gym, group fitness, and educational health programs	119 N. Washington Sq.	Lansing	(517) 827-9640	Cost depends on specific event	www.lansingymca.org/downtown
	YMCA	Oak Park YMCA	Gym, group fitness, pool, kids gym, youth and adult sports, and educational health programs	900 Long Blvd.	Lansing	(517) 827-9700	Cost depends on specific event	www.lansingymca.org/oakpark
	YMCA	Parkwood YMCA	Gym, group fitness, pool, kids gym, youth and adult sports, and educational health programs	2306 Haslett Rd.	East Lansing	(517) 827-9680	Cost depends on specific event	www.lansingymca.org/parkwood
	YMCA	Westside YMCA	Gym, group fitness, pool, kids gym, youth and adult sports, and educational health programs	3700 Old Lansing Rd.	Lansing	(517) 827-9670	Cost depends on specific event	www.lansingymca.org/westside
Zoos	Zoo	Northfork Farms & Outback, LLC	Events, horses, and petting zoo	3637 Morrice Rd.	Webberville	517-881-9142	Cost depends on specific event	www.northforkoutback.com
	Zoo	Potter Park Zoo	Public zoo in Michigan with over 160 species of animals and events	1301 S Pennsylvania Ave	Lansing	(517) 483-4222	Cost associated	www.potterparkzoo.org
	Zoos/ Educational	Potter Park Zoo FALCONERS	Events for individuals with special needs (such as autism or developmental disabilities) and their families to have an enriching educational experience in a safe and welcoming environment. Events are monthly.	1301 S Pennsylvania Ave	Lansing	(517) 483-4222	Cost associated	www.potterparkzoo.org/falconers

Other Services

Other services	ASPPIRE	ASPPIRE provides support services and programs to adults with disabilities. Through social coaching programs, Person Centered Planning, and connections to community resources, ASPPIRE aims to help participants lead functional and productive lives.	Fairlane Professional Building, 3815 W. Saint Joseph Street Suite B – 400B	Lansing	(989) 272-2977	Cost varies by specific services	www.asppireofmidmichigan.com
Other services	Tuesday Night Program	Social and recreational group for adults living with disabilities (formerly Adult Handicap Program)	Eaton RESA 1790 East Packard Highway	Charlotte	(517) 541-8978	No cost	www.eatonresa.org/community/adult-handicap-program
Other services	Job Accommodation Network	Free, expert, and confidential guidance on workplace accommodations and disability employment issues	Various	Various	(800) 526-7234	No cost	www.askjan.org
Other services	Michigan Bureau of Services for Blind Persons	BSBP provides counseling and training in skills for daily living without vision	201 N. Washington Ave.	Lansing	(517) 373-2062	Cost associated	www.michigan.gov/lara/0,4601,7-154-89334_28313--,00.html
Other services	Michigan Department of Education – Low Incidence Outreach (MDE-LIO)	Provides technical assistance and resources to serve and improve the quality of education for students who are blind or visually impaired (BVI), and students who are Deaf or Hard of Hearing (DHH).	702 W. Kalamazoo St.	Lansing	(517) 241-7083	No cost	www.mdelio.org
Other services	Michigan Assistive Technology Loan Fund (MATLF) and Michigan Employment Loan Fund (MELF)	The mission of the Michigan Assistive Technology Loan Fund (MATLF) supports the purchase of needed technology through low interest rates and loan guarantees. The mission of the Michigan Employment Loan Fund (MELF) is to reduce or eliminate barriers to employment through low-interest loans.	3496 E. Lake Lansing Rd., Suite 170	East Lansing	517-203-1200	No cost to utilize, but may pay interest on loans	www.michiganloanfunds.org
Other services	Michigan Activity Pass	With a library card, individuals can "check out" FREE or discounted admission passes (or other exclusive offers) to hundreds of Michigan state parks, campgrounds, museums, trails, arts & cultural destinations, and more.	http://michiganactivitypass.info			Depends on specific activity- many are no cost	www.plymouthrockets.com/michiganactivitypasses
Other services	Michigan Rehabilitation Services	Michigan Rehabilitation Services (MRS) provides specialized employment and education-related services and training to assist teens and adults with disabilities in becoming employed or retaining employment	Executive Office Lewis Cass Building - 1N 320 S. Walnut	Lansing	(800) 605-6722	N/A	www.michigan.gov/mdhhs/0,5885,7-339-73971_25392_40237_40244_40913_41068-140155--,00.html
Other services	Tri-County Office On Aging	Information and services on topics of importance to older adults and persons with disabilities such as housing, financial eligibility for programs, in-home services and long term care options.	5303 South Cedar, Build	Lansing	(517) 887-1440	No cost	www.tcoa.org
Other services Advocacy	Justice in Mental Health Organization (JIMHO)	Drop-in center, advocacy and assistance to those suffering from a mental illness through peer-support	520 Cherry Street	Lansing	(517) 371-4661	No cost	www.jimho.org
Other services Advocacy	Michigan Division on Deaf & Hard of Hearing	This state office concentrates on helping to improve the lives of Michigan's Deaf, DeafBlind and Hard of Hearing citizens.	201 N. Washington Ave.	Lansing	(517) 335-6004	No cost	N/A