

## For Services, call or fax:

Phone: (517) 244-0393

Fax: (517) 244-9155

### Office Hours:

8:00 a.m.-5:00 p.m., Monday-Friday

### All inquiries and services are held in confidence.

Recipients of substance use disorders services have rights protected by state & federal law & promulgated rules. For recipient rights information contact Lynn McLaughlin at (517) 887-5234 of CMHA-CEI; or the Regional Recipient Rights Consultant of Mid-State Health Network at (517) 657-3011.

### Staffing

The program provides a multi-disciplinary team of staff who monitor the facility on a 24 hour basis. Treatment staff include a Program Coordinator, Mental Health Therapists, Client Services Specialists, Registered Nurse and Peer Recovery Coach of Community Mental Health Authority, Clinton, Eaton, Ingham (CMHA-CEI). All staff are trained in Cognitive Behavioral Treatment (CBT), Trauma Informed Care and have experience working with individuals who have a substance use disorder (SUD) and are involved with the criminal justice system.



All programs are smoke free environments.

*Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)*



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Program Coordinator

KC Brown, MA, LPC, CAADC, CCS  
ITRS Program Director

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# House of Commons

*Residential Substance Use Disorder Treatment Program*



**Community**  
MENTAL HEALTH  
CLINTON • EATON • INGHAM

*"The greatest discovery of my generation is that a human being can alter his life by altering his attitude." William James.*



## Community Mental Health

House of Commons

706 Curtis Street

Mason, Michigan 48854

*Partnering with you  
toward recovery.*

# House of Commons

The House of Commons (HOC) has been a well respected leader in the substance use disorder (SUD) treatment field for more than 48 years. The program helps adult men change their lives by providing the requisite tools for establishing and maintaining a drug free and crime free lifestyle.

## Program Philosophy

HOC treats SUD as a disease that affects an individual biologically, psychologically and socially. The thinking associated with this disease interferes with healthy functioning. Using Cognitive Behavioral Treatment (CBT) as the primary intervention, change and self-efficacy is possible and individuals can become productive members of their community. HOC works to create a co-occurring capable system that is welcoming, person-centered, recovery oriented, culturally competent and trauma-informed. HOC encourages, supports & guides individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Treatment (MAT).

## Fees

A sliding fee scale is available which allows individuals to obtain services based on ability to pay. Publically funded health coverage is accepted. If you have any questions regarding coverage or payment, please call the program directly. Individuals with ability to pay privately are accepted.

## Program Eligibility Criteria

The program uses the American Society of Addiction Medicine (ASAM) Patient Placement Criteria to determine if an individual is appropriate for a residential level of care. Additionally, the program's funding sources have guidelines for admission to treatment. Dependent upon funding source, admission criteria may include that the individual:

- ◆ Meets diagnostic criteria for a defined substance use disorder.
- ◆ Is referred by appropriate authorization source.
- ◆ Is sufficiently motivated.

Length of stay is variable based upon individual need.

## Non-Program Eligibility Criteria

HOC does not accept individuals convicted of criminal sexual conduct.

HOC reviews all warrants, holds or detainers from other jurisdictions prior to admission. Individuals involved with the courts must sign a release of information to the court upon admission.

HOC does not accept individuals with untreated medical or psychiatric conditions.

## Treatment Modality

The program emphasizes Cognitive Behavioral skill building utilizing the following:

### Cognitive Behavioral Skill Building Process Group

- A 12 session course on identifying and changing thinking patterns that lend themselves to self destructive behaviors.

Anger Management - A 12 week course using a CBT format to assist clients in managing anger.

Relapse Prevention Group - A 12 week course that assists the client in identifying relapse triggers and developing a comprehensive plan to prevent relapse.

Combating Antisocial Personality Group - An 12 week course to educate clients about this disorder, how it affects recovery and ways to change thinking and behavior associated with this disorder.

Socialization Group - Relationship skills building.

Life Skills Group - Lecture series on important topics for recovering individuals.

Moral Reconciliation Therapy (MRT) – A cognitive-behavioral treatment system that leads to enhanced moral reasoning, better decision making & more appropriate behavior. MRT is designed to highlight the individual's pattern of criminal addictive thinking which is paired with substance use/mental health disorders.