

Winter, 2024 Edition

VOICES



Happy New Year from all of us at CMHA-CEI

On behalf of our Board of Directors and the Directors Group, I want to extend heartfelt wishes for a joyful and peaceful holiday season to you and your loved ones.

As we reflect on this season of gratitude, we want to thank you for the inspiring hard work, compassion, and dedication you continue to exhibit while supporting individuals, families, and your fellow coworkers.

We wish you a holiday season filled with hope, peace, warmth, and joyful celebrations. Thank you for everything you do!

Warm regards,
Sara Lurie, CEO



CMHA-CEI COMMUNITY REPORT TO THE COMMUNITY EVENT



You are invited to the 2025 CMHA-CEI Community Annual Event on Tuesday, April 1, 2025, at the Lansing Convention Center, 333 E. Michigan Ave, Lansing, MI, from 9:30 am to 12:00 pm.

Event Highlights:

- 2024 Report to the Community
- Live Entertainment
- Open to the Public
- Validated Parking
- Live ASL Interpreters
- Free Breakfast

More details about the guest speaker and registration information will be shared closer to the event. Preregistration is required to attend. This event will be recorded and broadcasted on a later date on WILX, as it has been in previous years.

To stay up to date with upcoming events, activities, postings of holiday closures and other pertinent information, such as trainings, advocacy events, programs and services visit us on our public website, Facebook page, or Instagram.



www.ceicmh.org



<https://www.facebook.com/>



www.instagram.com/

2025 MARTIN LUTHER KING JR. DAY OF CELEBRATION

The 40th Annual Greater Lansing Area, Dr. Martin Luther King Day of Celebration luncheon will be held on Monday, January 20, 2025 at the Lansing Center, Lansing, MI. The signature event is the annual Day of Celebration; which has become the place to be on Dr. King's holiday because of the caliber of speakers. It is a celebration of Dr. King's legacy and the power of community.



Keynote Speaker:
Bernard Lafayette Jr.

"I have a dream that one day this nation will rise up and live out the true meaning of its creed—we hold these truths to be self-evident: that all men are created equal." -Dr. Martin Luther King Jr.

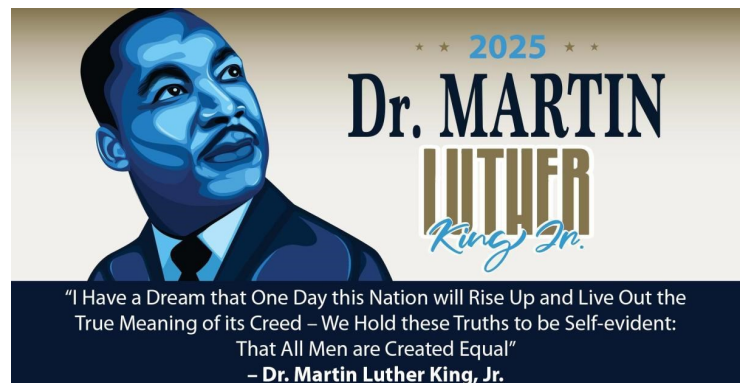
This year's landmark event will feature Dr. Bernard LaFayette Jr. as the keynote speaker. A trailblazer of the Civil Rights Movement, Dr. LaFayette co-founded the Student Nonviolent Coordinating Committee (SNCC) and played pivotal roles in transformative campaigns such as the Freedom Rides and the Selma Voting Rights Movement. His lifelong commitment to nonviolent activism has made an indelible impact on the fight for civil rights in America. Many CMHA-CEI employees, individuals served, community partners, and stakeholders will be in attendance at this year's event.

For more information on the Dr. Martin Luther King Jr. Commission of Mid-Michigan go to:

<https://mlkmidmichigan.com/>



Bernard Lafayette Jr,
right with Rev. Martin Luther King Jr.
in 1968



CRISIS CARE CENTER WALLBREAKING EVENT RECAP

Community Mental Health Authority of Clinton, Eaton, and Ingham (CMHA-CEI) counties held a wall-breaking ceremony on Monday, November 25, 2024 celebrating the coming transformation of the former McLaren Greenlawn campus into a new crisis stabilization center. Remodeling is expected to take about a year and then the new crisis care center will open on Lansing's south side.



“Our community deserves more behavioral health support, and the Crisis Care Center is a critical resource that reflects our collective vision for a healthier, more compassionate future,”
-Sara Lurie, CEO of CMHA-CEI.“

The ceremony was attended by many dignitaries who voiced their strong support for the initiative, including Mayor Andy Schor, Senators Debbie Stabenow and Sarah Anthony, MDHHS Director Elizabeth Hertel, COO of McLaren Health Care, Jay de los Reyes, NAMI Lansing President Katreva Bisbee, Ingham County Sheriff, Scott Wrigglesworth, CMHA-CEI Board member and Ingham County Board of Commissioners, Ryan Sebolt and Rep. Angela Witwer. Their messages underscored the urgent need for resources like the Crisis Care Center to address behavioral health challenges in the community.



CRISIS CARE CENTER WALLBREAKING EVENT RECAP

The ceremonial wall-breaking was both a symbolic and tangible moment of progress, signifying the beginning of a new chapter for the building and for the community. Attendees also participated in a community engagement activity, sharing insights and ideas to help shape the branding and vision for the Crisis Care Center, reinforcing the inclusive and collaborative spirit behind this initiative.

The center will expand services for those facing behavioral health issues. Offering immediate care, expert care 24/7, counseling, assessments, and treatments. With continued care and resources outside the facility. This will also help reduce emergency room visits that aren't equipped to handle mental health issues and reduce arrests of those who act violently during a crisis.



“The Crisis Care Center will serve as a beacon of hope and stability, offering critical services that can make a life changing difference for individuals and families.”
-Sara Lurie, CEO, CMHA-CEI



WILX and Fox 47 were in attendance at the wall breaking. You can view their coverage of the event at: Fox 47 News at <https://www.youtube.com/watch?v=szSaferXRks> and WILX <https://www.wilx.com/2024/11/25/work-begins-new-lansing-crisis-intervention-center/>

More event photos can be found on our CMHA-CEI [Facebook Page](#), under "Albums" and select "Crisis Care Center Wallbreaking Event".

CMHA-CEI CONSUMER ADVISORY COUNCIL

DANIEL ARNOLD

I present my recovery story every chance I get at Mid-Michigan Police Academy, Crossroads Church, Community Mental Health Association of Michigan (CMHA) Conferences, and through authoring 19 books.



CAC Member Since 2024

I believe anything is possible as I advocate for the intersection of faith, mental health, and public safety advocacy.
Do not ever give up!

AGENCIES THAT I SERVE:

Tri-County Crisis Intervention Team (CIT) Consumer Advocate Board Member

CIT International Public Policy Advisory Council

Justice in Mental Health Organization (JIMHO) Board Member

Charter House Clubhouse Advisory Council

CMHA-CEI Consumer Advisory Council (CAC) Member & CAC Representative to the Board of Directors



THINGS ABOUT ME:

Crossroads Church Children's Ministry & Welcome Team

Visit 8 governmental properties daily to encourage the profession of local, state & federal security/police

Keep my pulse on vulnerable populations who are my peers by visiting related facilities & presenting at governmental meetings

JOIN THE CONSUMER ADVISORY COUNCIL

The Consumer Advisory Council is recruiting new members. If you would like to have an opportunity to help improve our services and share your voice with lived experiences or advocate for individuals with mental illness, substance use disorder (SUD) and/or intellectual and developmental disability (CSDD). The council gives you the opportunity to meet with members of the Board of Directors and the CEO, Sara Lurie, as well as the chance to meet staff from various departments. The council has provided input on a variety of topics.



The council has participated in focus groups for the development of the upcoming Crisis Service Unit (CSU), provided input in making the Jolly Road lobby a welcoming environment and assisted in the renaming of the department that provides substance use services. The council also participates in advocating for behavioral health services, and stays up to date with legislation. Members

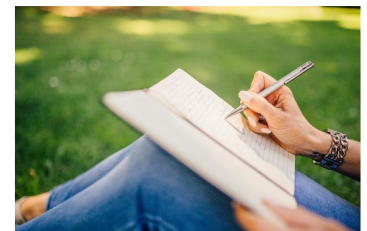
are made up of consumers and/or family members who are currently receiving or have received services from CMHA-CEI and live in Clinton, Eaton or Ingham Counties. The council requires a two-year commitment and members receive compensation for attending the meeting.

If you or anyone you know have an interest in becoming a member, consider attending a meeting. The CAC meets monthly on the 1st Thursday of the month from 3:30 pm to 5:00 pm via phone or Zoom.

Contact Customer Service at 517-346-8244 or via email at customerservice@ceicmh.org if you have questions, would like more information or to obtain the Zoom link.

VOICES NEWSLETTER

The VOICES Newsletter was created by the CAC to help individuals that receive services from CMHA-CEI to stay connected by providing agency updates and events, as well as poems, stories, and artwork from individuals in recovery from a mental illness, substance use disorder or that have developmental disability.



The newsletter is published three (3) times a year and can be found on the CMHA-CEI website, Facebook page, and posted around the agency.

If you would like to share a story, poem or photo of your art in a future newsletter, please contact Customer Service at 517-346-8244 or via email at customerservice@ceicmh.org.

CMHA-CEI CONSUMER ADVISORY COUNCIL

FAITH HALICK

I have been receiving services at CMHA-CEI in the Adult Mental Health Services (AMHS) for over two years. I graduated from the Dialectical Behavior Therapy (DBT) program a few months ago and I highly recommend it to everyone. I also participate in the Art Therapy & Crafty Recovery Group here at CMHA-CEI, as well as other Fiber Arts Groups outside of the agency.



CAC Member since May 2024

I'm passionate about advocating for low income disabled folks like myself, and providing support for those in recovery.

MY FAVORITE PART OF BEING ON THE COUNCIL

Influencing decisions made by CMH & contributing to the betterment of the services received by me and my peers.
Plus the extra money is very helpful!



THINGS ABOUT ME:

- I love to make art & music
- I have a crochet apparel business
- I play four different instruments
- I have 13 tattoos

The 988 SUICIDE & CRISIS LIFELINE

The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) is made up of an expansive network of over 200 local and state funded crisis centers located across the United States. When people call, text, or chat, they will be connected to trained counselors that are part of the existing Lifeline network, who can help, listen, offer support, and provide resources if needed.



If you, or someone you know, are having thoughts of suicide, or experiencing a mental health or substance use crisis, call 988 for compassionate help.

The 988 Suicide & Crisis Lifeline is available 24/7 and is free and confidential.

The Veterans Crisis Line is for any Veteran, service member, and their families. They can help even if you're not enrolled in VA benefits or health care.

Behavioral Health Screening, which includes mental health, substance use, and more, is a key instrument in assessing your overall well-being.

Brief screenings are the quickest way to determine if you or someone you care about should connect with a behavioral health professional. Think of these as a checkup from your neck up. This tool is completely anonymous and confidential. Immediately following the brief questionnaire you will see your results, recommendations, and key resources.



Visit <https://screening.mentalhealthscreening.org/cei>

If you need extra emotional support, CMHA-CEI is here for you. Our 24/7 Crisis Services can be accessed by:



517-346-8460 - Adults

517-346-8008 -
Children &
Young Adults

Mobile Crisis
Response



at their home &
in the community

Crisis Services



812 E. Jolly Road
Lansing MI

Ongoing,
non-emergency
therapeutic services



Access Department
517-346-8318