

BOARD OF DIRECTORS HYBRID MEETING MINUTES Community Mental Health Authority- CEI 812 E. Jolly Road, Atrium Lansing, MI 48910 Thursday, January 16, 2025 6:00 pm

Staff Present (Via Zoom)

Jana Baylis, Shana Badgley, Gwenda Summers, Drew Kersjes, Jennifer Stanley, Joanne Holland, Sue Panetta

Excused

None.

Staff Present (In-Person)

Aleshia Echols, Virginia Kallweit, Sara Lurie, Elise Magen, Emily Ryan

Public Present (In-person)

Daniel Arnold, CAC Representative Michelle Malone

Public Present (via Zoom)

Elizabeth Pratt, NAMI

Union Representation

None.

Call to Order:

The meeting was called to order by Board Chair, Maxine Thome at 6:00 pm.

Roll Call:

Jeanne Pearl-Wright, Raul Gonzales, Dianne Holman, Jason White, Maxine Thome, Dale Copedge, Paula Yensen, Dwight Washington, Ryan Sebolt

Board Member(s) Attending via Zoom

None.

Excused:

Tim Hanna

Paul Palmer

Al Platt

Previous Meeting Minutes

ACTION:

MOVED by Ryan Sebolt and SUPPORTED by Paula Yensen that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the December 19, 2024 meeting minutes as written.

MOTION CARRIED unanimously.

Adoption of Meeting Agenda:

ACTION:

MOVED by Ryan Sebolt and SUPPORTED by Dwight Washington that the Board of Directors of Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI) approve the January 16, 2025 Meeting Agenda as presented.

MOTION CARRIED unanimously.

Public Comment:

None.

CAC Representative Update

Daniel Arnold, CAC Representative reported that as usual, consumer input was passionate with staff and liaison support. Highlights included:

• The CAC acknowledged the contributions of Jerri Nicole Wright and Kathryn Weller, who both served on the CAC for six years and whose terms as member are

- ending, as they are required to take a one-year break per the bylaws.
- CCBHC Outcome Measures Stacy Fox-Elster, Healthcare Integration Supervisor, presented to the CAC about CCBHC quality measures. The CAC provided input on the importance of post-hospitalization follow-up visits and gave feedback about when and how those services should take place.
- Annual Review of Bylaws The CAC began their annual review of the CAC
 Bylaws. They discussed how to improve the orientation process for new
 members, reviewed minimum and maximum CAC membership which include a
 minimum of 9 and maximum of 19 members. It was suggested that terms be
 temporarily extended due to the fact that we currently do not have a minimum f 9
 members.

Discussion also took place about using the term "behavioral health, mental health, or a different alternative within bylaws, in an effort to find the most inclusive and least stigmatizing term. During discussion, I was asked to reiterate my viewpoint on the term "Behavioral Health", which included the following: I find the term demoralizing and not a good explanation of diverse mental health disorders such as depression. Having a bad day cannot connotate a behavior issue as if a person is doing something wrong. Some seemed to like the concept of "Integrated Health Services." We acknowledged that terminology is evolving and that we want to be relevant to state trends and discussed that "Healthcare" in general may be a more favorable term than "Behavioral" or "Mental." Stacy explained that there has been an increase in clients served across the board. The concept of home visits as an option for consumers to be better reached was suggested.

• Review Program & Planning (P&P) Committee Draft Agenda

There were no recommendations to the Board of Directors from CAC.

Announcements included:

• The CMHA-CEI Annual Report to the Community Event is scheduled for Tuesday, April 1, 2025 at the Lansing Center.

The next CAC meeting is scheduled for Thursday, February 6, 2025 @ 3:30 pm., and will be held via Zoom.

Mid-State Health Network (MSHN) Update:

None.

CEO Report

Elise Magen, Director QCSRR introduced Emily Ryan, Corporate Compliance and HIPAA Privacy Officer and Virginia Kallweit, Compliance Specialist. Highlights from the presentation entitled Understanding the Board's Role in Corporate Compliance which included:

- What is Corporate Compliance
- Compliance Program Structure and the 7 Elements of a Successful Compliance Program which include: 1. Written Policies and Procedures; 2. Compliance Leadership and Oversight; 3. Training and Education; 4. Effective Lines of Communication with the Compliance Officer and Disclosure Program; 5. Enforcing Standards: Consequences and Incentives; 6. Risk Assessment, Auditing, and Monitoring; 7. Responding to Detected Offenses and Developing Corrective Action Initiatives
- Reporting
- Why is having a Compliance Program Important?
- Consequences of Non-Compliance
- Your Role in Compliance Oversight
- What to Expect from Compliance in FY 2025

ACTION: Emily Ryan will forward a copy of the Compliance Program to Aleshia Echols for distribution to the CMHA-CEI Board of Directors.

Following the Corporate Compliance presentation and in line with board training, Board Chair, Maxine Thome inquired about the possibility of some Finance board educational training. Discussion ensued. Board Member, Paula Yensen suggested possibly offering regular short periods of trainings during regular existing board meeting times versus an extensive training or offering on a separate day outside the regular board meeting schedule due to potential difficulties with scheduling.

ACTION: CEO, Sara Lurie will work with Sue Panetta and Amy Rottman on crafting a format to accommodate maybe 20 – 30 minute modules to present to the board members for consideration and approval.

CEO Report

CEO, Sara Lurie shared that she returned to the United States as of Monday from her two-week vacation visiting Southeast Asia. Therefore, there will not be a written CEO Update this month. However, she wanted to share the following updates:

Special Thank you

CEO, Lurie extended a very special thank you to Elise Magen, Jana Baylis and Shana Badgley for taking on acting CEO duties and handling things expertly in her absence which allowed her to totally immerse herself during her time away, which was greatly appreciated.

Crisis Stabilization Unit Update

As of December 30 the bond with Ingham County closed and all legal documents were completed as well as the transfer of documents and funding which allows for Granger to continue with demolition and move forward with construction.

Winter 2025 Adelante Forward Article

CMHA-CEI published an article in the Winter 2025 edition of the Adelante Forward magazine, a multicultural magazine dedicated to the health, education and welfare of Mid-Michigan area residents to reduce disparities and break down cultural barriers and promote access of services. I am proud of the great work by Rachel McCoy, PR Outreach Specialist, Sandra Ruiz, Luis Rodriguez who wrote the article, then translated it into Spanish as well as helped to get the word out to the community.

ACTION: This magazine will be widely distributed within the community and copies available at the upcoming MLK Holiday Commission luncheon on Monday, January 20, 2025.

ACTION: Board Chair, Maxine Thome requested to have someone come in and present on the Spanish program. CEO, Lurie advised that we will look at having someone come in on the month Adult Mental Health Services is scheduled to present.

Hybrid Employee of the Year (EOY) Announcement Event

The Annual EOY Announcement Event is scheduled as follows:

DATE: Monday, January 27, 2025

TIME: 1:15 – 3:00pm LOCATION: 812 E. Jolly Road

Lansing, MI 48910

The program will include:
Welcome
Employee of the Month Recognition
Celebrating a Diversity of CEI Talent Excellence
Service Star Recognition
Years of Service (Milestone) Recognition
Employee of the Year Announcement
Employee Acceptance
Closing Remarks

ACTION: Aleshia Echols will forward the CMHA-CEI Board a copy of the invitation via email. If you are available to attend, we welcome your participation.

CMHAM Winter Conference

The CMHAM Winter Conference is scheduled for Feb 2 – 5 in Kalamazoo, Michigan at the Radisson Hotel. Board member Raul Gonzales will be presenting on Board works and CAC Representative, Daniel Arnold will also be presenting regarding work he is doing around CIT Training with Lansing social workers.

ACTION: If attending, please plan to attend one or both of the above sessions.

Medicaid Waivers

CEO Lurie shared that the Medicaid Waiver extensions were approved by CMS. However, the bad news is that they were approved with all of the MDHHS language around Conflict Free.

ACTION: We expect some within the next couple of months' new guidance around what that means and what action we will need to take to reorganize things.

CMHAM "Go To Bat" Award

CEO, Lurie announced that Community Mental Health Association of Michigan (CMHAM) Administration will be in attendance at the February 20, 2025 CMHA-CEI Board of Directors Meeting to present Senator Sarah Anthony with the CMHAM "Go To Bat" Award due to the fact that Senator Anthony is not available to attend the upcoming CMHAM Winter Conference. The "Go-to-Bat" Award is presented annually by the Community Mental Health Association of Michigan to an individual(s) outside of the public mental health system (DHHS or CMH) who exemplifies extraordinary concern, advocacy or leadership aimed at improving the quality and quantity of community-

based mental health services for persons with mental illness and developmental disabilities in Michigan.

CMHA-CEI submitted the nomination and is thrilled to host CMHAM as well as Senator Sarah Anthony for the presentation of this Award. Please watch your email for details.

COMMITTEE REPORTS

Program & Planning Committee

Compliance Policy 1.1.04 Updates

ACTION:

MOVED by Raul Gonzales and SUPPORTED by Ryan Sebolt that the Community Mental Health Authority of Clinton, Eaton, and Ingham Counties Board of Directors authorize CMHA-CEI to authorize CMHA-CEI to approve the revised Compliance Policy 1.1.04.

MOTION CARRIED unanimously.

2024 Preliminary Governance Letter

Sue Panetta shared that the audit is currently being conducted and wanted CMHA-CEI Board members to be aware.

ACTION: A copy of the 2024 Preliminary Governance Letter is included in this evenings packet for information only.

Community Access Committee

Dianne Holman reported that the next meeting is scheduled for January 27th @ 5:30 pm, in the G11-C, located at 812 E. Jolly Road, Lansing, MI 48910.

Unfinished Business

None.

Public Comment

None.

Announcement

None.

Adjournment

The meeting adjourned at 6:47 p.m. The next regular meeting is scheduled for Thursday, February 20, 2025 at 6:00 p.m., and will take place at CMHA-CEI, 812 E. Jolly Road, Atrium.

Minutes Submitted by:

Aleshia Echols, Executive Administrative Assistant



