## The Recovery Center (TRC)

All persons asking for assistance need to call TRC for a brief eligibility determination. Staff are available 24 hours per day, seven days per week to ensure there are no issues that would prohibit a safe withdrawal and bed availability. If admission criteria are met & bed space is available, admission to the program can be immediate.

- Individuals need to have a diagnosed substance use disorder (SUD) requiring either withdrawal management services or short term stabilization.
- Some medical conditions may not be approved by TRC physicians due to the combined risk involved with withdrawal.
- Co-Occurring (Substance Use Dependence and Mental Health) Disorders are eligible for treatment after the initial assessment.
- Individuals must be able to care for all personal needs.
- Persons with a Blood Alcohol Level of .3mg/dcl or greater may be required to seek medical attention prior to admission for safety reasons.

## Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

### Publicly Funded

Please contact our program for more information on admission for self-pay. Payment plans are individualized based on the ability to pay.



The Recovery Center is a barrier free facility

All inquiries and services are held in confidence. Recipients of SUD services have rights protected by state & federal law & promulgated rules. For recipient rights information please contact Lynn McLaughlin at (517) 887-5234 of CMHA-CEI; or the Regional Recipient Rights Consultant of Mid-State Health Network (MSHN) at (517) 657-3011.

#### **House of Commons**

706 Curtis Street Mason, Michigan 48854 (517) 244-0393 Men's Residential Services

### **ITRS Outpatient**

405 W. Greenlawn Avenue, Suite 305 Lansing, MI 48910 & 201 W. Railroad, Suite A St. Johns, Michigan 48879 CMHA-CEI Central Access (517) 346-8318 or 888-800-1559 Outpatient Services 517-676-4095

#### Lisa Whitehead, LMSW

Program Coordinator

KC Brown, MA, LPC, CAADC, CCS

Integrated Treatment & Recovery Services

Program Director

## **Community Mental Health**

The Recovery Center 812 E. Jolly Road, Suite 109 Lansing, Michigan 48910

## The Recovery Center

Withdrawal Management (Detoxification) Services





812 E. Jolly Road, Suite 109 Lansing, MI 48910 Phone: (517) 267-7623 Toll Free: 855-TRC-DTOX Fax: (517) 853-2878 Email:

integratedtreatmentandrecoveryservices@ceicmh.org

Partnering with you toward recovery.

## **The Recovery Center**

The <u>FIRST</u> step in stabilization and the road to recovery!

The Recovery Center (TRC) is a 10 bed, medically monitored withdrawal management (detoxification) program. TRC provides a safe, caring environment for individuals withdrawing from alcohol and other substances. The program lasts three five days, with 24-hour coverage by trained staff. After stabilization, and when the individual is no longer at risk for withdrawal, TRC supports continued recovery efforts by connecting each client with other treatment providers. Substance use disorder (SUD) treatment services such as outpatient or residential will be located on an individual basis. TRC works to create a co-occurring capable system that is welcoming, personcentered, recovery oriented, culturally competent and trauma informed. TRC encourages, supports & guides individuals to explore all methods of treatment identified as beneficial toward their wellness, including Medication Assisted Treatment (MAT).



# **Meeting Your Needs in Recovery**



The program uses over the counter medication, as well as prescription medication when indicated. The prescribed medication is used to decrease blood pressure, decrease risk of seizures due to withdrawal and assist with sleep. It is prescribed by our Physician Team when the client meets the national withdrawal scale criteria.

Community Mental Health Authority Clinton-Eaton-Ingham (CMHA-CEI) offers men's residential SUD treatment at the <u>House of Commons</u> in Mason for up to 90 days of treatment.

CMHA-CEI offers outpatient SUD treatment at the <u>Clinton County Counseling Center</u> in St. Johns.

Referrals are also made to women's residential programs and other men's residential programs as requested. Some transportation to residential treatment is available.

"Forming a new way of living"

The Recovery Center is open to men and women 18 years and older; and provides an atmosphere of sound medical practice combined with emotional and social support.

Treatment Team Consists of:
Program Coordinator
Nurses
Physician
Mental Health Therapist
Mental Health Workers

#### TRC offers:

- Individuals must be able to care for all personal needs.
- A smoke free environment.
- Referral after detoxification to treatment programs that meet the needs of the individual, when therapeutically appropriate, including coordination of care to MAT.
- SUD knowledgeable staff on site 24/7.
- Personalized attention in a restful atmosphere with care to meet the needs of each person.
- Scheduled admissions are available seven (7) days a week.
- Emergent admissions that meet criteria are available 24/7.