

### July Updates

As we enter into July, the timeline for transitioning sites into the community stays the same. All sites, with the exception of Transitions North and Transitions South, whose scheduled transitions are upcoming, have transitioned in to our new service array. Transitions South is currently on track to transition into the community at the end of July.

The Quality Improvement team recently sent out invitation letters to consumers and guardians who were randomly selected to participate in the Transitions Survey for Transitions North. Please note that the team would like to give all of the selected consumers the opportunity to participate, regardless of their ability to independently communicate. In order to accommodate different levels of ability, we are requesting assistance from guardians, case managers, and/or home staff during the interview to help convey person-centered responses. If you received an invitation to participate in this survey and have questions, please reach out to the Quality Improvement Specialists at the phone numbers listed in the invitation letter.

Please remember that if you have any questions or concerns you can contact your case manager or reach out to our Customer Service Unit at 517-346-8244 or [hcsbtransition@ceicmh.org](mailto:hcsbtransition@ceicmh.org).

### Spotlight Stories

Erin Parcell, MA, LPC | Transitions Coordinator

I am excited to share another amazing story of skill building with all of you. This month, we would like to recognize Carol. Before the shift in our service delivery, Carol was attending our Transitions Charlotte site and, while there, she was focused on continuing to stay active and giving back to her community. True to her personal motto to have "faith we will be used in a good way today," Carol has had a chance to explore volunteer sites.



In her exploration, she came across an opportunity at AL!VE (a part of Hayes Green Beach Memorial Hospital in Charlotte, MI), where she volunteers folding towels and washcloths. She completed a rigorous orientation process at AL!VE. She also attends mandatory annual trainings, where she has had an opportunity to deepen her connection to fellow volunteers and supervisors. In addition to AL!VE, Carol is also volunteering at the Capital Area Humane Society, where she completed their volunteer orientation and has been helping with laundry.

Carol has recently set goals to build her natural supports so that she will no longer need her paid supports. As community skill-building staff have begun to reduce their support when Carol is at AL!VE, the staff at AL!VE have stepped up to assist her when she needs it. She has built a great relationship with the staff at AL!VE and is quickly making herself a fixture there. They have committed that when Carol feels ready, they are ready to support her!

Carol is truly an example of determination and the importance of our connection to others in order to be who you want to be and to give in the way you want to give.

### Full Life Level of Care: Service Array Options

As individuals navigate the outcomes of their Full-Life Level of Care (FLLOC), please keep in mind that, although much of the HCBS change in our support system has focused on the former Transitions program (now Skill Building and Employment Services), many individuals may not feel Skill Building is quite the right "fit" for them, or for their needs. At times, we hear statements such as "skill building isn't right or me, so I have no options" – this is not true! Please do not simply stop the exploration process there!

We want to reassure people that skill building may very well be an option for a person, regardless of abilities. It is worth having a thorough discussion about possibilities. If a decision is made not to opt for skill building services, please remember that other supports in the service array may be a great fit for the person's needs and interests as an alternative! Community Living Supports (CLS), for example, is a great option for supporting growth and continued learning opportunities in many areas of life. Please continue to remain open to exploring a range of support options with your case manager, and consider which options best meet your unique needs for support and engagement.



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# HCBS COMMUNITY UPDATE NEWSLETTER

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Office of CEO  
812 East Jolly Road, Ste 216  
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Customer Service: 517-346-8244  
Email: [hcbstransition@ceicmh.org](mailto:hcbstransition@ceicmh.org)

## Check out these community resources!



**Adult Home Help Website:**  
[www.michigan.gov/homehelp](http://www.michigan.gov/homehelp)

**County Intake Numbers:**  
**Ingham: 517-887-9652**  
**Eaton: 517-543-0860**  
**Clinton: 517-775-8876**

The **Adult Home Help** program is administered by the Michigan Department of Health and Human Services (MDHHS). A consumer may be eligible for Home Help services if they have Medicaid and require physical assistance with at least one activity of daily living. An individual who may qualify for Home Help must be assessed for Home Help services before receiving CLS service from CMHA-CEI. A provider of Home Help must be 18 years old and pass a criminal history background check and can be a relative, friend or neighbor who is employed by the recipient/client.

Learn more about Adult Home Help by viewing the presentation available on the CMHA-CEI website (<https://ceicmh.org/services/csdd/hcbs-information>) under the CSDD Community Connect Expo section, titled "Expo Presentation – Adult Home Help."