

JANUARY 13, 2021

# VOICES



## COVID-19 Vaccination FAQs



As you may have heard, opportunities for COVID-19 vaccination are beginning to become available for certain priority groups! As a designated priority group in the current phase of the [State of Michigan's vaccination plan](#), many consumers living in AFC homes have been or will soon be contacted regarding receiving their first dose of the COVID-19 vaccine.

CMHA-CEI is reliant on local health departments and federal programs that are allocated COVID-19 vaccines and this means we are coordinating with multiple local agencies and programs with differing supplies and processes.

While it may seem confusing at times, we are doing our best to navigate and communicate with our consumers and staff. Stay tuned for more information!

### **When will I be able to get vaccinated?**

The COVID-19 vaccination landscape is ever changing depending on each county's supply and their need to prioritize who receives it based on their supply. If supplies are low, local health departments may cancel or delay scheduling vaccines. We do not yet know when the local health departments will make vaccinations available more broadly to consumers who are not living in AFC homes, but we will continue to update as we get more clarity. We will continue working with our in-house pharmacy, Ascension, to secure vaccines, however this may yet be weeks to months away.

You may want to learn more about your county's vaccine plan by visiting their respective website: [Click here for Ingham County](#), [Click here for Eaton County](#), [Click here for Clinton County](#).

### **How many doses do I need for the vaccine to work?**

Vaccinations are two doses and you must get both doses from the same manufacturer, 3-4 weeks apart, depending on the type.

### **Do I need to keep wearing a mask after I get vaccinated?**

Yes. You should continue to wear masks, social distance from those not in your household and wash your hands, even after receiving vaccine.

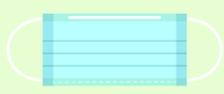
For more general FAQs including questions about safety and efficacy, check out the State of Michigan's FAQ document available on their website: [click here to view](#).

For news and information from CMHA-CEI, visit our website at [www.ceicmh.org](http://www.ceicmh.org) and Facebook page at [www.facebook.com/CEICMH](https://www.facebook.com/CEICMH).

# Mask Up, Mask Right

Check out this guide from the Michigan Department of Health and Human Services!

## Mask Up, Mask Right

<p><b>✓ Right</b> What to wear</p>  <p>Three-layered washable cloth mask</p>  <p>Three-layered disposable mask</p>  <p>KN95</p>	<p><b>✓ Right</b> How to wear</p>  <p>Secured over the nose and mouth</p>  <p>Tightly fitting without gaping</p>	<p><b>✗ Not right</b></p>  <p>Neck gaiter or loosely tied bandana</p>  <p>Mask with vents</p>  <p>N95 masks intended for healthcare workers</p>  <p>Face shield worn without a mask (except for individuals who cannot medically tolerate a face covering)</p>  <p>Noticeable gaps, holes or vents</p>
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### Need help getting a mask?

Residents can pick up a free mask from partner sites across the state, including most local DHHS offices and Community Action Agencies. Find a distribution site at [Michigan.gov/MaskUpMichigan](https://Michigan.gov/MaskUpMichigan) or call the COVID-19 hotline at 888-535-6136.



## Mental Wellness Webinars

Staying mentally healthy during a pandemic can be challenging. Learn coping strategies from the Stay Well outreach specialists at the Michigan Department of Health and Human Services through their series of mental wellness webinars. Visit their website to learn more and view the available webinars: [Click here](#)

### Need Help?

Do you have any questions or need help accessing any part of this newsletter? Contact Customer Service at 517-346-8244 or [customer-service@ceicmh.org](mailto:customer-service@ceicmh.org).

### Questions About COVID-19?

-  Call the COVID-19 Hotline at 888-535-6136, 7 days a week from 8 a.m. to 5 p.m.
-  Email [COVID19@michigan.gov](mailto:COVID19@michigan.gov) 24/7. Emails will be answered 7 days a week, 8 a.m. to 5 p.m.
-  Subscribe to e-newsletter updates at [Michigan.gov/Coronavirus](https://Michigan.gov/Coronavirus).



The most up-to-date and accurate information about COVID-19 can be found through local health departments and the CDC. Visit the websites of the following agencies by clicking the buttons below:

Ingham County Health Department

Mid-Michigan District Health Department

Barry-Eaton Health Department

Michigan Department of Health and Human Services

Centers for Disease Control and Prevention

For news and information from CMHA-CEI, visit our website at [www.ceicmh.org](http://www.ceicmh.org) and Facebook page at [www.facebook.com/CEICMH](https://www.facebook.com/CEICMH).